



+ Peta Todd!

£1.70 Sp €2.95/Gr €3.45

9-15 July 2010 • www.nuts.co.uk

# Nuts

BRITAIN'S BIGGEST SELLING MEN'S WEEKLY!



PLUS!  
GEMMA  
ATKINSON!



9 777742 885725 27

# LUCY!!

All hail the world's best boobs!

When **statues**  
look **rude!**  
STOP THAT!



England's  
future stars!





XPERIA  
X10 mini pro

# Mini but mighty

Blown away by the band? Found the secret show? See something special and slide-out the QWERTY keypad to share with the world. Email. Facebook. Instant messaging. Thousands of apps and more. Express yourself with the new Xperia™ X10 mini pro.

Check out this pocket-sized Android™ smartphone for yourself at [sonyericsson.com/X10minipro](http://sonyericsson.com/X10minipro)



Actual size

Sony Ericsson  
make.believe

# THIS WEEK

9-15 JULY 2010

## Nuts NEWS

- 6 Trade in your England tat – for boobs!
- 8 Gemma Atkinson!
- 10 David Coulthard!
- 12 Rude News
- 14 Mental car flip!
- 18 Too-rude-for-TV babe!
- 20 New Mercedes SLS!
- 23 BB's Rachael topless!
- 24 *Test Drive Unlimited 2*
- 26 Human pin cushion

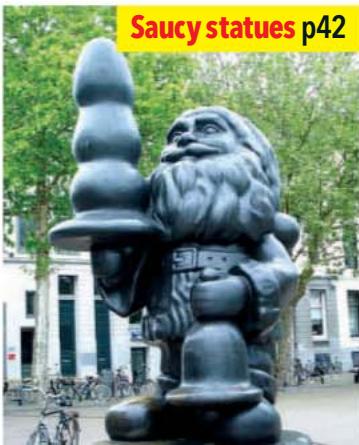


Formula One p10

## Nuts FEATURES

- 36 It's Peta Todd!
- 40 Mitchell and Webb
- 42 Rude statues!
- 44 Lucy Pinder in her rudest shoot ever!

Saucy statues p42



## Nuts SPORT

- 54 Paul Merson on the future of English football
- 56 Players or porn stars?
- 58 World Cup Kammy!
- 60 Ring Of Truth
- 62 Quote Me On That!



## Nuts REAL GIRLS

- 64 Bedroom Babes
- 67 Our Postbag
- 69 Ten Rude Questions
- 70 Real Girls, Real Places
- 73 Ladies Confess



# GIRLS!

Lucy Pinder p44

## PLUS!

- 25 Don't Look!
- 27 Gadgets
- 28 Letters
- 30 Jokes
- 32 Pop Out In Public
- 34 The Truth About Sex
- 35 Camera Phone Comedy
- 63 Striker
- 74 Fashion
- 76 Reviews
- 78 TV Guide
- 98 Pub Ammo



# IN Nuts!



## GAMES!

Test Drive Unlimited 2 p24



## SPORT!

Theo Walcott p54



## LAUGHS!

Mitchell and Webb p40

## IN THE Nuts OFFICE!

Patriotic guitars  
– still playing!



Jamaican lager  
and vuvuzelas!

# Nuts NEWS

MISSING BARN DOORS, EVERY WEEK!



## Nuts' England trash amnesty!

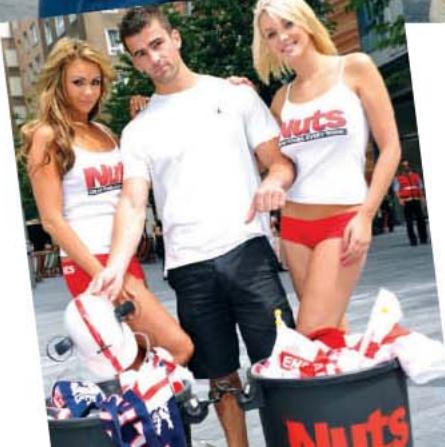
Trade in your World Cup trash for a cheeky flash!

**S**o that's it, then. Another technically superior team sends England crashing out of the World Cup and we're all left feeling cheated. Worse yet, like us, you probably have loads of unwanted England

merchandise hanging around like a floater that won't flush.

So, to save the men of Britain the inconvenience of having to dispose of those England flags, caps and bunting, we devised a brilliant trade-off. They give

us their now pointless England trash and our lovely models, Leah and Stacey, give them a flash. And what did we do with all that tat afterwards? Dropped it off at the FA – after all, they're used to dealing with a load of rubbish!



# Nuts ENGLAND TRASH FOR A FLASH!

BY GEORGE!



AT THE FA!

"Emile, your fan  
mail's arrived..."

"Let's have that  
vuvuzela in your  
pocket, too"  
"Er..."



**Nuts EXCLUSIVE!**

# Gemma's back!

The lovely Ms Atkinson is sex on wheels! And, er, some rings!

**B**ritain might well be terrible at producing winning football teams at international level but rest assured, there's one thing we'll always excel at – producing girls with gargantuan boobs!

So never mind the football, just enjoy the sumptuous double delights of Gemma Atkinson. Look at her as she nonchalantly Rollerblades in Los Angeles without a care in the world. Then marvel at the way she makes her boobs look even bigger by hanging onto those rings. Before you know it, you'll have forgotten about the World Cup and be thinking about cups of an altogether more enjoyable sort.

See more sizzling Gemma pics at [nuts.co.uk/girls](http://nuts.co.uk/girls)

**BRAVE BIKINI!**

Tidal wave? No, that's just Britain's men dribbling

WORDS: ADAM RALPH PHOTOS: SPLASHNEWS.COM

Egg and spoon races  
got a sexy upgrade



PEACH ON  
THE BEACH!



Crouch's mum's  
earrings came  
in handy

**Nuts EXCLUSIVE!**

# 'This will be the greatest British GP ever!'

## David Coulthard on Silverstone and saucy F1 ladies!

INTERVIEW: ADAM RALPH PHOTOS: ACTION IMAGES, GETTY

**H**i David! With Lewis Hamilton and Jenson Button doing well, can McLaren win this season's F1 Championship?

If you'd asked me that after the first GP, I would've said they're outside shots at best. Now, with half a season of development behind them, they've both won and they're first and second in the championship. So why not?

**Who's the better driver –**

**Button or Hamilton?** After Jenson won the championship for Brawn last year, then moved to McLaren, people didn't give him a hope against Lewis. But his driving has done more for his credibility than winning the championship. They're both world-class drivers and to be honest, it's too tight to call.

**Why has this season been so exciting?** It's been one of the tightest seasons I can remember. That's down to a combination of drivers with winning experience under their belts, such as Alonso, Button and Webber, combined with great cars. The odd man out is Vettel – he doesn't have a long history in F1 but what he's done in that time is pretty remarkable.

**Was Michael Schumacher right to come back?** If you're a Schumacher fan, you think it's fantastic that he's come back. If not, you'll think he should've left us with the memories. We only get one life and if that's what makes sense to Michael, then he's giving younger drivers such as Vettel and Hamilton the chance to be on track with the most successful F1 driver in history.

**Will Hamilton and Button have home advantage?** No, the main thing is the car performance. Silverstone is a track where the driver can pull out something special – a bit like Monaco – but it'll come down to the difference between the Red Bull, Ferrari and McLaren. It could be the best British Grand Prix ever because it's so difficult to call.

**Is Eddie Jordan as abrasive off-camera as he is on it? And have you ever seen anyone disagree with him?** It's more a question of trying to find people who agree with him! He's unpredictable – just when you think he'll say something everyone agrees with, he comes up with something left-field. There's no scripting with him – he shoots from the hip!

**Which team has the hottest pit girls?** It used to be Red Bull when they had the Formula Unas, but they don't have them now. Force India's girls are nice but the others don't have pit girls. I say bring them back!

**Finally, you're retired but do you still like to gun your motor?** I prefer to be driven, as I get bored at anything less than 120mph. Not that I advise kids to drive fast, but when you're used to speeds of 200mph, it's hard to get excited about a drive from your house to the shops!

**COULTHARD!**

They couldn't get the hang of the conga



## BUTTON & HAMILTON!

He hated having his ears syringed

# Mark Webber's great escape!

Coulthard on why Red Bull's ace survived Valencia crash



### CAR DESIGN

"The design of modern F1 cars is so much more advanced than when I was racing. Despite the fact the Red Bull lost its nose, which takes a lot of the impact, the car remained in one piece when it crashed into the tyre wall."



### UNBREAKABLE COCKPIT

"Carbon-fibre cockpits are a protective shell for the driver, and even when the chassis is destroyed, these often survive. This, combined with better track safety, is why there have been no deaths since Senna."



### DRIVER FITNESS

"Webber's fitness saved him. F1 drivers train their bodies to deal with high G-forces, so the tendons and supporting muscles around their organs and spine are much stronger and more supportive."



**BIKINI  
SPECIAL!**

## **BB's Corin**

**In the Big Brother garden**

The blazing summer has given us the bonus of a *Big Brother* actually worth watching, as Corin and chums spend most of their screen time in bikinis. Out would be better, but c'est la vie!



## **Rima Fakih**

**By the pool, Hollywood**

This, gents, is Rima, the first ever Arab-American Miss USA. Proving once again that the simple application of a bikini can calm almost any cultural and political controversy!

# **RUDE NEWS**

**Qualifying in pole position for lady news!**



## **Christine Bleakley**

**On holiday, Sardinia**

Christine heads to bar while out on her hols. Just out of shot is her squeeze, Frank Lampard. He had a couple of yards on her but ran out of puff and she skinned him with ease. Typical.



## **India and Porchia**

**In the sea, just off Ibiza**

Porchia probably didn't intend to flash the cameras on her hols. But a naughty India ensured we got the snap we wanted, while continuing the grand tradition of the cheeky holiday moon!



**1 OUCH!**

Aaron Daugherty's truck is clipped in mid-air by another and sent crashing to the ground with a crunch!

**ON IT'S FRONT!**

# Flippin' heck!

## Off-road racing driver's dizzying crash

**B**eing a Pro Lite Unlimited truck racer is a bumpy business at the best of times, what with huge hill jumps and driving surfaces that

make even the Wembley pitch look good. But after this 50mph crash, driver Aaron Daugherty was left feeling like a sock in a washing machine's spin cycle.

Daugherty was competing in the Pro Lite Unlimited off-road race at Miller Motorsports Park just outside Salt Lake City in the US, when he clipped another

truck mid-jump, which sent him flying through the air. Incredibly, the lucky petrolhead emerged unscathed, vowing never to take his truck for a "spin" again!

**3 EEEK!**

Bouncing an incredible six metres into the air, Daugherty's truck completes its spin with a final muddy flourish!



**2** ARRRGH!

Oh-oh! As the sky swaps places with the ground, the American racing driver is close to doing toilets in his trousers!



**4** OOF!

With his head-spinning ordeal almost over, the nutty driver readies himself for the final impact and a hefty crash!

**FINAL SMASH!**



See more amazing crashes  
at [nuts.co.uk/spambank](http://nuts.co.uk/spambank)



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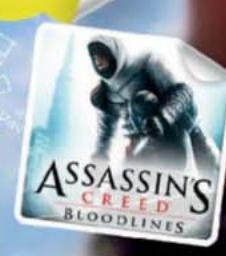
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gamestation.co.uk



PlayStation Portable

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\*Buy PSP™ go, then wirelessly download the PSP™ go Promotion Theme from PlayStation® Store directly to your PSP™ go by 30 September 2010 to receive a PSN promotion code allowing you to download 10 free PSP™ games. This offer is not compatible with Media Go. You must be 18 or over, resident in a participating country and you must not have used your PSP™ go to create or log into a PSN account before 1 April 2010. Games are subject to change. PlayStation® Network account required. PlayStation® Network and PlayStation® Store subject to terms of use and not available in all countries and languages ([eu.playstation.com/terms](http://eu.playstation.com/terms)). Broadband internet service required. Users are responsible for broadband access fees. Charges apply for some content. For full terms and conditions, see [eu.playstation.com/pspgopromotion](http://eu.playstation.com/pspgopromotion)

**MYPSPWORLD.COM**



**LEGGY LOVELY!**

**Nuts EXCLUSIVE!**

# TV babe banned!

**Honey gets chop from Britain's Next Top Model!**

**C**hloe Peers wanted to make her fortune as a model, so she had some snaps taken and entered reality show *Britain's Next Top Model*. But when judges found out about these arty pics, the blighters threw her off the show!

Watch Monday's episode on Living TV at 9pm for the unsporting showdown, then write to your MP in disgust!

"Right, who's for an arm-wrestle?"

**ON THE SHOW!**



"Does anyone know  
how to untie knots?"

**SHE'S A STUNNER!**

# 186MPH TOP SPEED!



"Sorry, he's a bit shy"

**526BHP!**





Del and Rodney  
upgraded their  
Reliant Robin

**Nuts EXCLUSIVE!**

# Awesome electric Mercedes SLS AMG!

With 0-60mph in four seconds, it's faster than the Duracell bunny!

- This is the Mercedes SLS AMG E-Cell, an electric version of Mercedes' new gullwing supercar.
- The E-Cell is propelled by four electric motors, two at each wheel, making it four-wheel drive.
- The motors rev to 12,000rpm – over 4,000rpm more than the regular car's V8 engine.

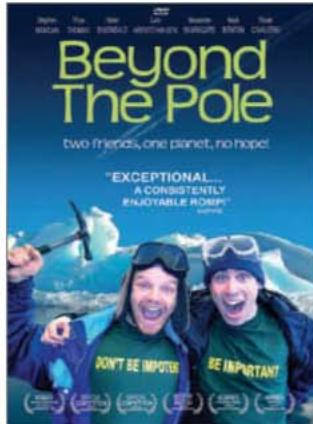
- And together, the electric motors produce 526bhp and 649lb ft of torque.
- This compares to the petrol version's 563bhp and 479lb ft.
- The E-Cell sprints from 0-60mph in four seconds – just 0.2 seconds slower than the petrol version.
- Top speed is an incredible 186mph. Hold onto your seat!

- The batteries are a lithium polymer and their weight is spread across the car to make sure they don't ruin the handling!
- Two separate cooling circuits warm or cool the battery packs as needed.
- The interior gets a 10in touch screen to keep you in control of things.

- There's an extendable front spoiler and a new rear diffuser to increase downforce.
- The colour is called AMG Lumilectric Mango.
- And those mega gullwing doors from the regular car are still as cool as ever!
- It's a prototype for now (but a driveable one), with proper sales starting in 2013.



# ones to watch

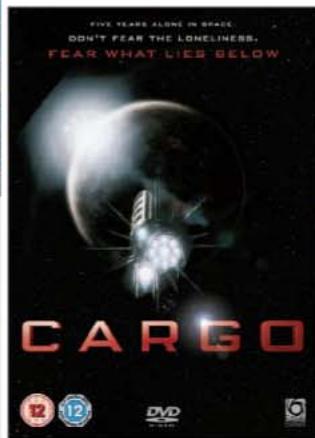


**£12.99**

out now

Brian and Mark are setting out on the first carbon neutral, vegetarian and organic expedition ever to attempt the North Pole. They have high hopes of getting into the Guinness Book of Records and of saving the planet from global warming

also available on



**£12.99**

out now

A truly terrifying sci-fi masterpiece, Cargo is a thrilling and intense dystopian nightmare. There's something hiding in the cargo bay, something that's waiting to kill...

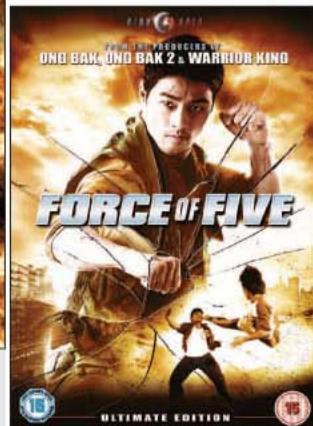
also available on



**£9.99**

out now

A Moscow concert turns bloody for an ex-biker turned musician (Dolph Lundgren) when armed extortionists take hostages, including the Russian President and his family. Don't miss the limited edition The Expendables poster offer in pack



**£12.99**

out now

From the world-famous action team that brought you Ong Bak and The Warrior King comes the latest Thai martial arts showcase that delivers bone-crunching thrills and incredible stunt sequences

also available on



**£49.99**

out now - 5 DVD

A group of soldiers, scientists and civilians find themselves stranded billions of miles from Earth on an Ancient ship. Locked on an unknown course, they must fight to survive and find a way home

also available on



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[hmv.com](http://hmv.com)

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"Hold on a sec,  
just changing  
the light bulb"

**SHE'S BUSTY!**

**IN BB!**



**Nuts EXCLUSIVE!**

# BB babe's boobs!

**It's our cover girl Rachael, topless!**

Last week, our cover was graced by the fragrant presence of saucy *Big Brother* evictee Rachael White, in her first ever shoot for a men's magazine. Well, the exclusives keep coming, as this week, we've got a world first peek at her fine boob things!

Rachael's camera phone candids were unearthed by our picture-snooping spies (high fives all round, chaps). And as you can see, they're corkers!

Incidentally, this is one of the few naughty camera phone sets not sent to Ashley Cole. But it's only Tuesday, so give it time.

*She had a novel  
way of keeping  
her nipples warm*

*"No, that does not  
constitute a valid  
passport photo!"*



**CHOICE CHARMS!**

**HOT WHEELS!****SUPER-REALISM!**

Each car took a month to build, and it shows – doors, windows and roofs open and close, and every car has a working satnav!

**Nuts EXCLUSIVE!**

# Test Drive Unlimited 2: first play!

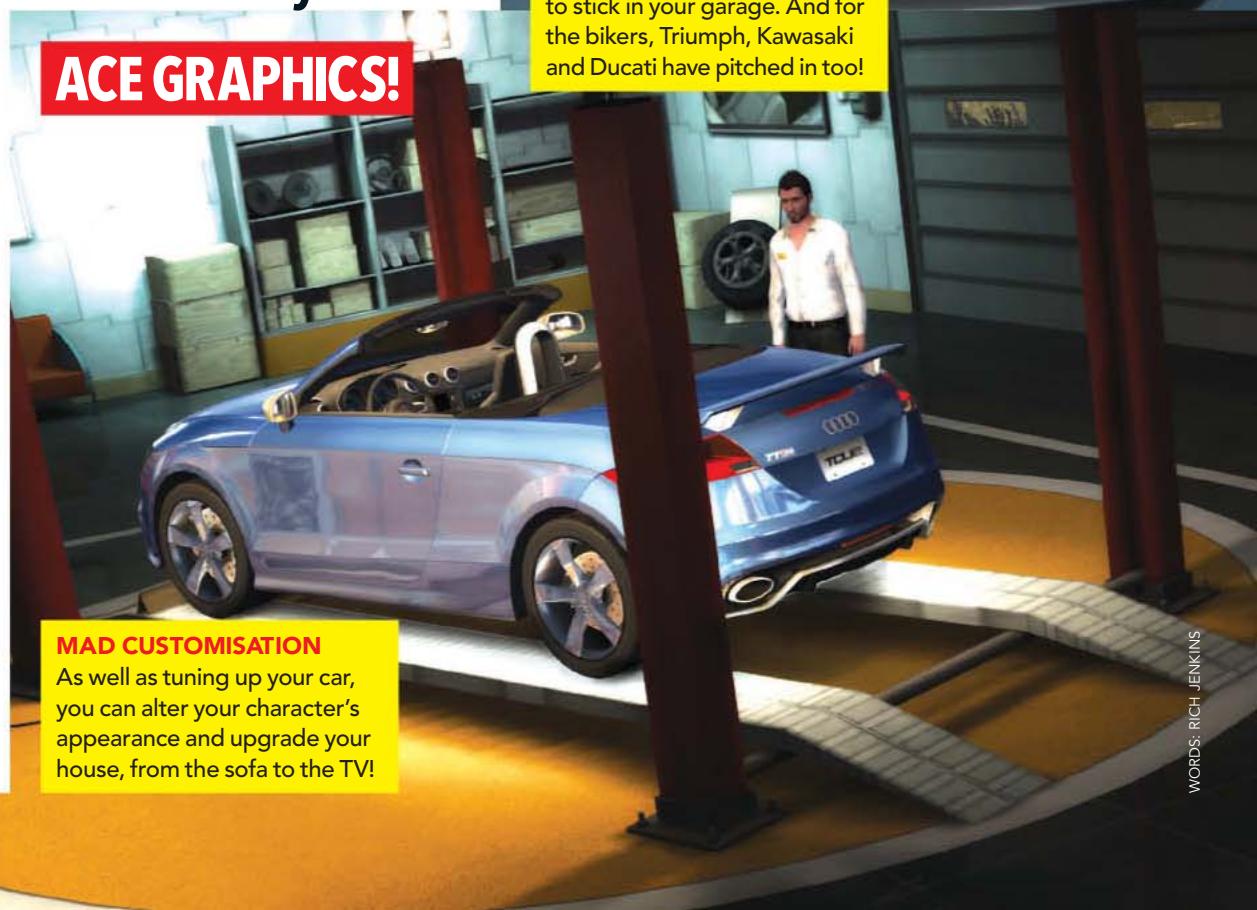
Cars! Girls! Ibiza! Need we say more?

**H**ands up who'd like to own an Aston Martin. Good. A Pagani? Excellent. A shiny Koenigsegg CCXR? In! So get thee to *Test Drive Unlimited 2*, petrolhead, because you can do all this and more! In Ibiza!

You play a customisable character who goes from rags to riches by competing in high-speed street races to earn money for sweet new rides, houses and women. The developers told us that the painstakingly mapped island is a "living, breathing world" – and it certainly looked that way when they invited us for an exclusive first play!

*Test Drive Unlimited 2* drops on 24 September, so get your affairs in order before then – because you won't be leaving the house much afterwards!

## ACE GRAPHICS!

**LOADS OF CARS**

There are more than 100 cars to stick in your garage. And for the bikers, Triumph, Kawasaki and Ducati have pitched in too!

**MAD CUSTOMISATION**

As well as tuning up your car, you can alter your character's appearance and upgrade your house, from the sofa to the TV!

# DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to [dontlook@ipcmedia.com](mailto:dontlook@ipcmedia.com)

# 'Fuel can exploded in my hand!'

**Petrol can inferno melts man's mitt!**

**I**t may look like he's just dipped his hand in a tub of ice cream, but fish farmer Cameron Mackenzie actually fell foul of a burning petrol can. Poole resident Cameron, 21, tells *Nuts* about his camping catastrophe.

"A few of us had gone to a hut on a camping trip. We had a fire going but forgot we'd left the lid off the petrol can we'd used for our quad bikes.

"When the fumes reached the fire, the can caught light. I grabbed it instinctively to rush it outside, but it exploded, covering my hand in burning fuel! I rolled on the ground to put out the flames but it left my hand looking like this.

"My hand's recovering, and it could have been worse – we all could have gone up in flames!"



**ON THE MEND!**

**Win £1,000!**



Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!\* Submit your images and contact details to [dontlook@ipcmedia.com](mailto:dontlook@ipcmedia.com)

"Does acupuncture normally take this long?"

**1,000 NEEDLES!**

**TAKES IT  
LIKE A MAN!**

# Human pin cushion!

Those with a needle phobia, we suggest you avert your eyes now!

**A**mbition can inspire men to greatness. Some scale mountains, some run across entire continents. Well, US tattoo artist Aryan Hopkins wanted to make his

mark by being the world's most pierced man in a single sitting. His aim? To get 2,000 two-inch needles pushed through his flesh at his parlour: Abstract Ink in Roseville, California.

And this is serious stuff. When needles are inserted for hours, the skin tightens and bends them, which can lead to complications including blood loss and unconsciousness.

In the event, it didn't matter, as Aryan tapped out with "only" 1,093 needles embedded in his flesh. Apparently, he came over all faint and was losing feeling in his arms. Weak.

# Nuts GEAR



£90

## Medion Life waterproof speaker

[www.medionshop.co.uk](http://www.medionshop.co.uk)

**Nuts says:** Music's streamed from a base station up to 100m away, to which you can connect your iPod, etc. Works around the pool and in the bath, obviously.



## ViewQuest pocket internet radio

[www.firebox.com](http://www.firebox.com)

**Nuts says:** The world's smallest Wi-Fi internet radio. You can search by country or genre, and also access the Beeb's Listen Again service. Each single charge lasts 15 hours.



£90

## Otamatone

[www.firebox.com](http://www.firebox.com)

**Nuts says:** How to describe this? It's an instrument played by sliding your fingers along its neck and opening the mouth like a muppet. This could be utter genius – or the next vuvuzela. You decide.

You can listen to  
birdsong 24 hours  
a day at [www.birdsongradio.com](http://www.birdsongradio.com)



Underwater sea  
scooters run at  
speeds of up  
to 2mph

£85

## Pool jet

[www.iwoot.com](http://www.iwoot.com)

**Nuts says:** Swimming pool version of those utterly cool underwater sea scooter things. This will zip you around a pool as you whip up and down doing lengths faster than an England midfielder.

£25

Check out more reviews at  
[www.nuts.co.uk/reviews](http://www.nuts.co.uk/reviews)

# YOUR LETTER

A sack of inspiration from around the *Nuts* nation!

Send your letters to [nutsletters@ipcmedia.com](mailto:nutsletters@ipcmedia.com)

## The best of enemies!

Dear Nuts,

Please find attached a photo that shows World Cup fever has finally arrived in Glasgow!

**Ewan Howieson, Dumfries**

We hope you showed the England chap a little sympathy when Fabio's boys were so cruelly dumped out. Though somehow we doubt it.



## Not badly drawn, boys!

Dear Nuts,

Me and my mate Martin have done drawings of our favourite *Nuts* girls. Rhian is my favourite, Eva is his. But which drawing is the best of the two?

**Steve Lewis, Thetford**

We're putting it to a vote! Email [nutsletters@ipcmedia.com](mailto:nutsletters@ipcmedia.com) and tell us which is your favourite!

LETTER OF THE WEEK!



## Dough story

Dear Nuts,

Look what we did with our Domino's pizza boxes!

**Rob Wiggans, Lancaster**

Domino's, we reckon these boys have earned free pizzas. Drop us a line and we'll hook you up!

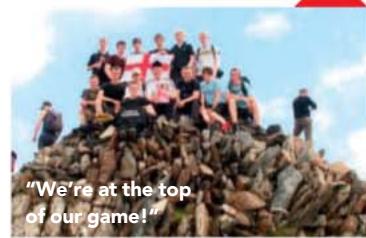
## Nuts - in peak condition

Dear Nuts,

This is me and my college mates with a copy of *Nuts* at the peak of Snowdon. We thought it would be a great way to cheer us up after England's World Cup display!

**Ashley Arndt, via email**

The bloke on the right looks like he's about to jump off!



## She's been 'ad

Dear Nuts,

I spotted this great ad in *Auto Trader*. I don't know what made him buy it, but I know who wears the trousers in his house!

**Sammy Gaye, London**

Why do we get the impression that divorce proceedings began soon after this ad was placed? Still, nice bike, mate!

It's a good ride – unlike the missus'

**Auto Trader**



Fourways, Johannesburg

This bike is perfect! Only done 7000 kms and has had its 1500 km dealer service. No falls/scratches. I use it as a cruiser/commuter. I'm selling it because it was purchased without proper consent of a loving wife. Apparently "do whatever the fuck you want" doesn't mean what I thought.

**HONEST ADVERTISING**

"Look! It's Rooney stealth-bumming Defoe before the Slovenia match!" **Joe Goodill, via email**

# RS!

icmedia.com or to the address on p68

## CAMERA PHONE CUTIES!

Sexy snap-happy babes

ONLY IN  
Nuts!

### Nuts SPAMBANK!

All-new online hilarity



"Flying visit,  
was it, lads?"

THE ENGLISH FA PRESENTS: FABIO CAPOPO PRODUCTION  
DIRECTED BY ROALD DAHL, WRITTEN BY STUART PEARCE  
STARRING STEVEN CERKOVIC, FRANK LAMPARD, CAREER HARRY, MATTHEW UPSHAW  
AND RICHARD BURGESS AS 'THE INVISIBLE MAN' & VIVIAN HUNTER AS 'THE INVISIBLE MAN'

OUT 27.06.10



"Look, it's  
an old bag!"

IRONLADY

Win £100 to spend  
at **PLAY.COM**

Send your letters and hilarious spam pictures to [nutsletters@icmedia.com](mailto:nutsletters@icmedia.com) or to the address on p68. The sender of the week's best letter\* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with savings and free delivery on everything. Visit [www.play.com](http://www.play.com) for great deals on DVDs, games, books, CDs and more!

"I'm wearing nothing  
but a towel! Naughty!"  
Charlie, Northampton

**Send us your pics!**

Text 'Nuts' and your sexy camera phone pic to **0771 388 8008\***

# Hot date.



**Golden Wonder  
The Nation's Noodle**

**Available in  
4 Full on Flavours!**

**Chicken & Mushroom,  
Beef & Tomato, Chip Shop  
Curry and Sweet & Sour.**



**Pour, stir, click -  
[thenationsnoodle.co.uk](http://thenationsnoodle.co.uk)**

# YOUR JOKES

Bursting with all the best gags, every week!

Send your jokes to [nutsjokes@ipcmedia.com](mailto:nutsjokes@ipcmedia.com)

## SHORT JOKES!

**Q: How do you learn to be a rubbish collector?**

**A: You just pick it up as you go along**

Billy, via email

**Q: What lives on a ship and makes an annoying noise?**

**A: A vuvu-sailor**

Malik, via email

**That German football player Müller isn't too good at shooting, but he's brilliant at corners**

Jacob Massey, Bristol

I got a new stick deodorant today. The instructions said, "Remove cap and push up bottom." I can hardly walk, but my farts smell lovely!

Robbie, Leicester



### Butter fingers

**Q: What does Robert Green do after winning the World Cup with England?**

**A: Drops his Xbox controller.**

Quentin, via email

### Love your fellow man

As a church service is ending and the collection is counted, the priest sees a £50 note. He stops the service and asks who made the generous financial donation.

A gay man stands up and says, "It was me."

The priest is so impressed, he says to the man, "As a thankyou, you can pick three hymns."

The gay fella, looking round at the congregation, says, "OK, I'll have him, him and him, please!"

Jesse, Doncaster

Lost: one cat, may be gay



### Win a PS3 and Stargate Blu-ray box set!

Send jokes to [nutsjokes@ipcmedia.com](mailto:nutsjokes@ipcmedia.com) or the address on page 68. From the producers of the Stargate saga comes the latest exciting instalment, *Stargate Universe: Season 1*, now available on DVD and Blu-ray. To celebrate the 5 July release, we've teamed up with Fox and have a PS3 Slim and a box set on Blu-ray for the sender of this week's best joke!\*



# S!



media.com or to the address on p68

## Who's who

A doctor is walking through the mental ward, looking at the patients.

"And who might you be, sir?" he asks one of them.

"I'm Napoleon Bonaparte!" replies the patient.

"And who told you this?" asks the doctor.

"God told me," replies the nutter.

A bloke in the next bed sits up and says, "I never said any such thing!"

Phil Sang, London



"I thought it was me who had to stand to attention!"

## Moving on

Tim and Ted are in the pub discussing the end of the world.

"What would you do if the world was going to end in three hours?" asks Tim.

"I'd go mad and shag everything that moved!" replies Ted. "What about you, then?"

"I'd stand perfectly still!" replies Tim.

Alex Strickland, London

# FAMOUS BLOKES' JOKES!

50%  
MORE  
GAGS!



### TIM VINE:

**"I'm against hunting. I'm actually a hunt saboteur. I go out the night before and shoot the fox"**



### PETER KAY:

**"Blow in a dog's face, he gets mad at you. But when you take him on a car ride, he sticks his head out of the window!"**



### HUGH DENNIS:

**"The French have four faults - the language, food, their underarm hair and that they're French"**

### IAN STONE:

"I saw a film poster that said, 'This film is a 15 and contains strong language and infrequent sex.' I thought, 'My life's a 15.'"

### RUSSELL BRAND:

**"There's rumours David Cameron had drugs as a schoolboy. What worries me is that he dressed up as a schoolboy to do it, the pervert"**



### RICKY GERVAIS:

"There are so many irresponsible television ads these days. Have you seen the one that goes, 'Hit me at 30 miles an hour and there's an 80 per cent chance I'll live.' Encouraging gambling! I mean, I really like those odds, but come on!"

### BILL BAILEY:

**"People say, 'Bill, are you an optimist?' And I say, 'I hope so'"**



### STEVEN WRIGHT:

**"I installed a skylight in my apartment. The people who live above me are furious"**

# POP OUT IN PUBLIC!

ONLY IN  
Nuts!

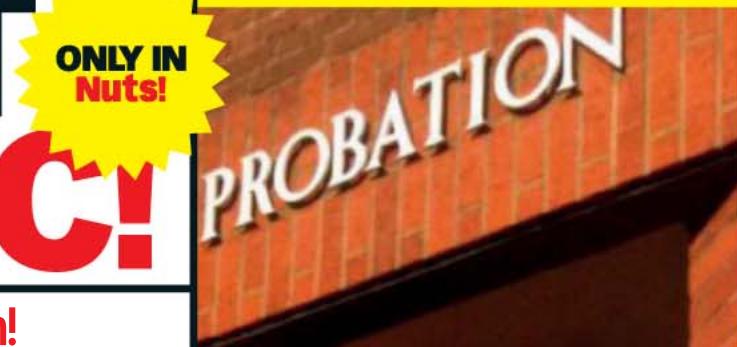
Have a cheeky flash – and earn some cash!

**BAIZE BABE!**



**ROSE** 20, from West Yorkshire

"At the pub, on the pool table, out they came! Like them, boys?"



THIS  
WEEK'S  
£100  
WINNER!

**COURT APPEARANCE!**

**ALEAH** 22, from Stratford-Upon-Avon

"Going topless felt very naughty, given the location!"



**IN THE SEA!**

**JENNA** 41, from Cape Town

"This is me relaxing in South Africa, unveiling my World Cups!"



**Win £100!**



All printed pics get a *Nuts* vest-and-shorts combo. The winner gets £100!\* Send your snaps to [nutspopout@ipcmedia.com](mailto:nutspopout@ipcmedia.com) or by text to 0771 388 8008.

**GARDEN GIRL!**

**LEANNE** 23, from Nottingham

"I threw open my patio doors and gave my neighbours an eyeful!"

# Nuts about winning?

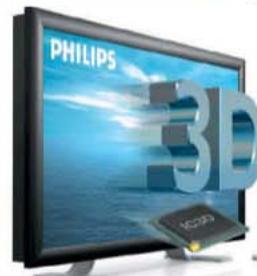
We've got £25,000 to give away in the **Nuts** Lucky Numbers competition!

**TIME TO WIN!**

**LUCKY NUMBER: 941723**

**Prize 1  
£12,000**

You could spend £12,000 on goodies like this...



**LUCKY NUMBER: 582919**

**Prize 2  
£8,000**

You could spend £8,000 on a flash new car!



**LUCKY NUMBER: 224114**

**Prize 3  
£5,000**

You could win £5,000 in cash and spend it as you like!



**TO ENTER:** CALL OR TEXT NOW TO RECEIVE YOUR RANDOM LUCKY NUMBER. IF IT MATCHES ANY NUMBER ON THIS PAGE, YOU COULD BE A WINNER!

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Calls cost £1.50 from a BT landline, other networks may charge more. Texts cost £1.50 + one standard message

TERMS AND CONDITIONS: THE CLOSING DATE FOR THIS GAME IS 13 JULY 2010. WINNERS MUST AGREE TO PUBLICITY AND WILL RECEIVE THEIR PRIZE WITHIN 28 DAYS OF THE CLOSING DATE. WE RESERVE THE RIGHT NOT TO HONOUR CLAIMS IN THE EVENT OF ANY TECHNICAL ERRORS BEYOND OUR CONTROL. PRIZES MUST BE ACCEPTED AS OFFERED. IF THERE ARE MULTIPLE WINNERS FOR ANY OF THE CASH PRIZES, THE PRIZE AMOUNT WILL BE SHARED EQUALLY. NO ENTRANT CAN WIN MORE THAN ONE PRIZE. THE GAME IS OPEN TO ALL READERS WHO ARE AGED 18 OR OVER AND RESIDENT IN THE UK AND THE CHANNEL ISLANDS, OTHER THAN EMPLOYEES (AND THEIR FAMILIES) OF IPC MEDIA LTD, THE REPRODUCTION HOUSE, PRINTER AND DISTRIBUTOR OF NUTS MAGAZINE, WHOLESALE AND RETAIL NEWSAGENTS, ECKOH UK LTD AND ANY PARTICIPATING SPONSORS AND THEIR AGENTS. THE EDITOR'S DECISION IS FINAL AND NO OTHER CORRESPONDENCE WILL BE ENTERED INTO. IF ENTERING BY POST, A RANDOM LUCKY NUMBER WILL BE ALLOCATED ON THE ENTRANT'S BEHALF. POSTAL ENTRANTS WILL BE NOTIFIED OF THEIR LUCKY NUMBER BY POST. ONLY ONE POSTAL ENTRY PER READER WILL BE ACCEPTED. ENTRIES SUBMITTED VIA CONSOLIDATION ORGANISATIONS WILL NOT BE ACCEPTED. PROOF OF POSTING WILL NOT BE ACCEPTED AS PROOF OF DELIVERY. SERVICE IS PROVIDED BY ECKOH (UK) LTD – 0870 880 4869 (NATIONAL RATE). BT CALLS COST £1.50 PER CALL, OTHER NETWORKS MAY CHARGE MORE.

# THE TRUTH ABOUT SEX WITH... EMMA GLOVER!

*Nuts* girls solve your bedroom bother!

Email questions to [thetruth\\_sex@ipcmedia.com](mailto:thetruth_sex@ipcmedia.com)



**IN OUR OFFICE!**

## Should I be worried?

I want a threesome with another man! I think watching my girl with someone else would be so sexy! Does this make me gay?  
*Justin, Canterbury*

Ha-ha! No, it doesn't, unless you want your girlfriend to leave halfway through! It's a bit weird that you want it that way, rather than with two ladies – girls are prettier, nicer and cleaner, but as they say, "horses for courses"!

## Nuts BABES' SEX TIPS!

**No.20:** "Slip your partner a little note explaining to her what your fantasy outfit would be. You might get a nice surprise one night!"  
**Chloe Saxon**



### We do it everywhere!

My girlfriend and I have had sex in loads of places but we're running out of ideas! Can you suggest any new places for us?  
*Greg, West Sussex*

A library! Seriously, how hot would that be? It's twice as naughty because in addition to the fact that you mustn't be seen, you mustn't be heard either. Oh, and it doesn't count if you're a librarian. And it has to be during regular opening hours too!

### It's too hard!

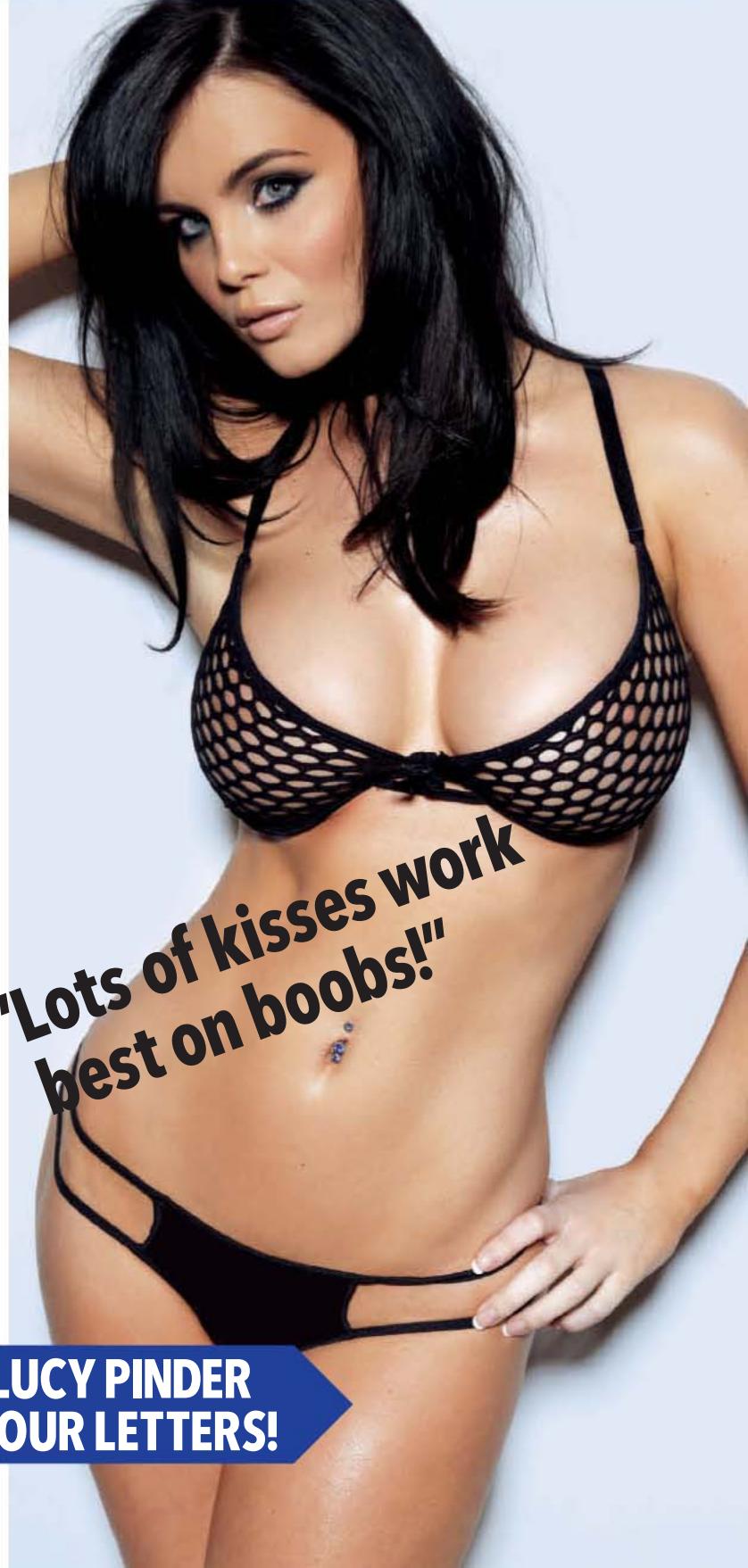
I seem to "stiffen up" very quickly and noticeably when I'm snogging a lady. Is she likely to find that flattering or faintly pathetic and juvenile?  
*Pete, Cleethorpes*

I think she'd find it very flattering – believe me, it's much better than having the opposite effect. You only have to worry if you're popping off too soon, in which case it's, "No thanks, mate!"

### How do I do boobs?

I'm useless with boobs! Help me improve my technique!  
*Nick, Middleton-on-Sea*

No squeezing, or if you do, certainly don't do it too hard. Lots of kisses are best. Try to avoid the old "radio tuning" of the nipples, or at least work up to that slowly, increasing the intensity gradually. You don't just dive in and start tweaking!



**NEXT TIME: LUCY PINDER ANSWERS YOUR LETTERS!**

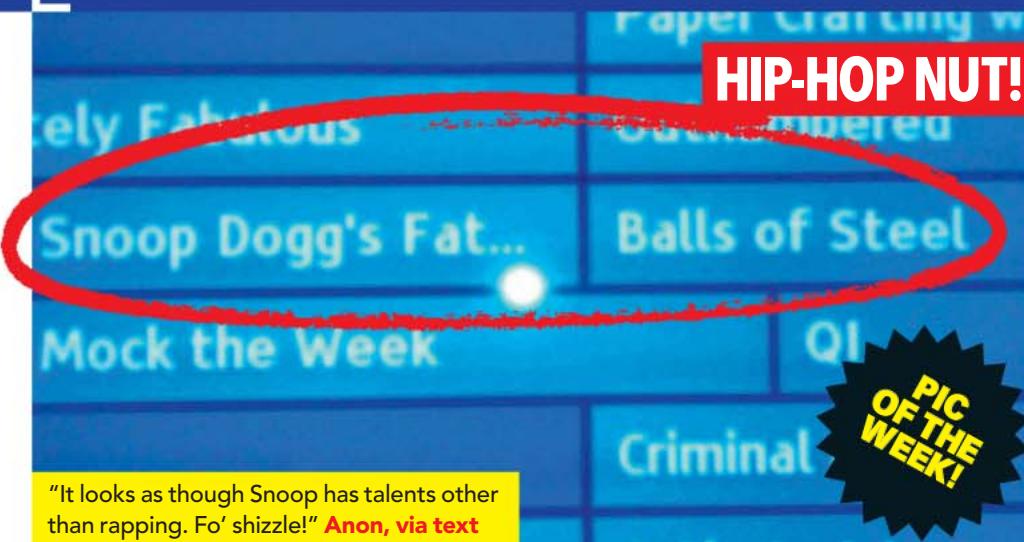
# CAMERA PHONE COMEDY!

Seen something daft? Snap it, send it in and win £100!

ONLY IN  
Nuts!

Win £100!

Text 'Nuts' and your picture to  
**0771 388 8008** (texts are free  
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£100 cash!\*\* T&Cs on page 68.



\*BY SENDING NUTS YOUR CAMERA PHONE PICTURE, YOU ACCEPT RESPONSIBILITY FOR ITS CONTENT AND ITS PUBLICATION. \*\*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 68 APPLY

PETA TODD



*"Are you sure you  
want to watch  
Match Of The Day?"*



Get  
down  
to  
it!

## Peta peppers us with piccies of her pert and perky boobs!

**H**i Peta! This shoot's in a raunchy hotel – it looks like somewhere you'd have a one-night stand!

It does! It's owned by the same man who owns the Embassy nightclub. It's very "boutique". **It looks like the ideal place for a naughty time.** You're right there! There's even a hot tub on the roof! I think being in a sexy location like this makes me look better in the shots, because I'm thinking, "These are some sexy surroundings," and my mind starts to wander!

**What's a guaranteed turn-on for you in the bedroom?** Don't be scared of me! I like a man with a bit of confidence. I don't always want to be the one going, "Come on, then, let's get to it!"

**Have you got anything planned for summer?** I haven't really got any holidays in the pipeline. I'm staying in Britain, as I love England in summer. Staycations are brilliant fun in my book.

**Good, because normally, all the fit women go abroad in summertime and leave us!** No, I'll be knocking around in a pair of flip-flops and a bikini, don't worry about that! ➤

**What do you look for in a bikini?**

I have a nightmare with bikinis because of my boobs! So I end up having to wear something that either looks nice but isn't practical – there's gonna be spillage – or go practical and not as sexy. There's no right answer to this!

**When blokes check you out from behind their sunglasses, can you tell?** It's not just blokes – I do it, too! You can always tell when someone's checking you out, especially if they're trying to hold a conversation with you at the same time. Blokes sometimes forget that where your eyes are looking is one thing, but the direction of your head can give it all away. I'm an expert at it!

**Which do you prefer: a sunburnt British bloke or a tanned-up Spaniard?**

A burnt Brit, all day. I like it because it shows enthusiasm. It says, "I know we're only going to get about three days of sunshine but I'm going to enjoy it. I've bought a crate of beer and a barbie, and I'm going to have a good time!"

**What's your favourite thing about summertime?**

I get uncomfortable wearing layers of clothes. So to just have a single layer is happy times. That's probably why I'm a glamour model! I also like Pimm's. It's got fruit in it, so it's good for you, too!

**Have you ever had sex on a foreign beach?**

I haven't. Does that make me boring?

**Not at all. Why not, though?**

I don't know. I'm not really one of those people who'd get thrilled by the thought of getting caught. Plus it's all a bit public. Not me.

**What was the last sexy thought you had?**

It was something to do with the Victoria's Secret underwear models. They're so fit. If I had a boyfriend and he got with any of them at any time, I wouldn't hold it against him.

**Could they convince you to go for a bit of girl-on-girl action?**

I wouldn't be up for a threesome because I'm selfish. There's only ever going to be one other person at a time involved. With another partner, you're asking for trouble. And I don't want someone even fitter than me in bed with my fella. I'd just want to stroke them softly and gaze at them! ■



*"The hotel's hot tub made me feel sexy!"*

*"All that money for the room and not even one pillow!"*



PETA TODD

"The remote  
control must  
be somewhere"

"Like my new  
swimming outfit?"

"Are you sure you  
didn't shrink my  
bikini in the wash?"

"If your name's  
not down, you're  
not coming in"



## The top comics on the new series of their sketch show!

**H**i Mitchell and Webb! When Nuts visited you on the set of your sketch show recently, we discovered that due to BBC cutbacks, the snooker commentators are now hosting late-night dog poker on the Dave channel. Whose idea was that?

**Mitchell:** It came out of one of our writing meetings.

### Down the pub?

**Mitchell:** No. It was in a house. In a room. With biscuits.

**Webb:** Late-night dog poker – rejected by the BBC, chosen by Dave. We thought, "Well, that sort of writes itself."

**Mitchell:** Everything's having trouble at the moment because of the credit crunch, the internet and the environment.

**Webb:** Even snooker isn't safe.

**Mitchell:** My fear is that someone commissions late-night dog poker between us filming it and the show going out, and it's no longer satire, it's just copying. They've had *Dog Borstal* on BBC3. In many ways, dogs should be getting involved in more formats.

### Is there some sort of quality control to make sure you haven't gone off the rails?

**Mitchell:** Our producer is accommodating. He lets us do pretty much what we want. Unless he reckons the BBC wouldn't transmit it, which obviously covers a larger range of things, what with everything having got ruder because of Russell Brand.

**Webb:** We're probably offending dogs now. Careful.

**Mitchell:** As soon as dogs start to write in...

**Webb:** Championing all their dog rights...

**Mitchell:** I don't know what percentage of *The Daily Mail* readership is dogs. But if it gets high enough to affect

advertisers, you can bet the BBC will be quaking in their boots as we lose the terrier constituency because they don't like some of the things we've been saying about the Church of England.

### Er, right. So which other characters are back?

**Webb:** Recurring characters? We don't really do them.

**Mitchell:** There's a sketch with Sherlock Holmes in it, but he's not really our character.

**Webb:** "We've had a brilliant new idea for a character – Sherlock Holmes!" We have a couple of footballers who talk to each other like they're actors. "Darling, you're doing some lovely work there."

## "We were bored of each other long before we were on TV"

### Which is more fun to make – *That Mitchell And Webb Look* or *Peep Show*?

**Mitchell:** *Peep Show* is a slow and laborious process but that actually takes the pressure off because you've got more time to get your performance right.

**Webb:** *Peep Show*'s scripts turn up being brilliant. You're excited and look forward to reading out the funny jokes.

**Mitchell:** With the sketch show, there's a constant change of location, costume and set, so it's a lot more work.

**A lot of people were rude about Horne and Corden's sketch show. Are they nicer about yours?**

**Mitchell:** People go hot and cold on sketch shows. I think we're due for someone to write an article titled, "What's the point of sketch shows? Aren't they going to stop?"

### Might you do another film?

**Mitchell:** No. *Magicians* happened because Jesse Armstrong and Sam Bain [writers of *Peep Show*] wrote it, and Andrew O'Connor [producer of *Peep Show*] directed it and asked us to do it. So that's our "getting into film" technique. No one seems to have repeated that particular sequence of events.

**Webb:** We audition for other people's films. We just haven't got any so far.

**Mitchell:** We're not about to start writing a film script ourselves, because that sounds very difficult. And things being difficult is one of the many reasons not to do them.

**Finally, after four series of *That Mitchell And Webb Look* and six series of *Peep Show*, are you completely bored of each other yet?**

**Mitchell:** Oh God, yes.

**Webb:** Sixteen years and we've scarcely spoken to another human being.

**Mitchell:** We were bored of each other long before we were ever on television! ■

That *Mitchell And Webb Look* starts next Tuesday on BBC2

"Is this your first time at a swingers' party?"

## DOG POKER!



# WHEN STATUES GET RUDE!

They're made of stone but packing plenty of wood!

WORDS: PETE CASHMORE

## TWO MEN WEEING!

These two chaps stand outside the Franz Kafka Museum in Prague, where they're forever widdling into a pool shaped like the Czech Republic. Odd.

## RANDY RUSSIANS!

Look at this statue outside one Moscow art museum that depicts the Statue Of Liberty holding a massive penis. Just don't let Barack Obama see it!

## BALI BONER!

This traditional statue in Bali is one of the naughtiest here. We're not quite sure it should be on public display but it's one hell of a party trick!

## WE ALL WANT SOME!

Samuel Gompers (the big fella) was an old US union leader. If his statue is anything to go by, he also liked to have loads of midgets fight over him. Weird.

**SANTA'S SEX TOY!**

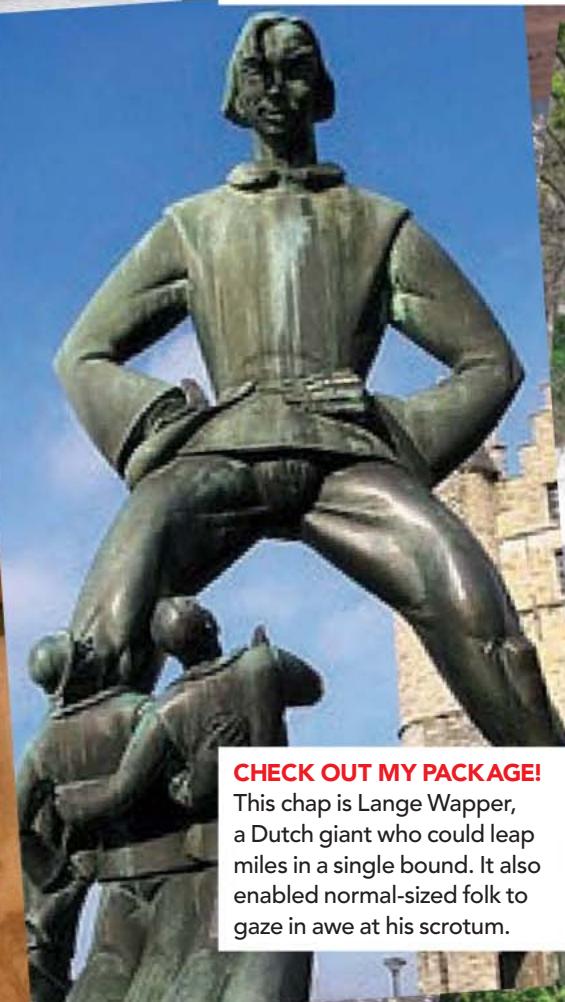
We're sure Father Christmas isn't gay, so we're puzzled as to why this version of him in Rotterdam is holding a big butt plug. It must be a "little helper"!

**WHILE YOU'RE DOWN THERE, LOVE...**

This piece is short of fit ladies, so let's sneak in this exhibit. She may be made of granite, but phwooaarr, eh, lads? Lads?

**NAUGHTY FOUNTAIN!**

In the Old Town district of Dubrovnik, Croatia, you'll find this fountain. All we have to say is, she's a strapping lass, and clearly not very shy.

**CHECK OUT MY PACKAGE!**

This chap is Lange Wapper, a Dutch giant who could leap miles in a single bound. It also enabled normal-sized folk to gaze in awe at his scrotum.

**THIS STATUE SUCKS... MAN!**

This is a sculpture of George P Vierheller, first director of the St Louis Zoo, USA – a man who truly loved animals. And, it seems, they loved him back. ■

LUCY PINDER





**Pinder's back - and she's saucier than ever!**

**W**e've done almost everything with Lucy Pinder. We've got her naked, we've popped her out in public, we've flown her halfway around the world - and all for a glimpse of her magnificent boobs. But there was one thing we hadn't done - given her permission to be as rude as she likes. As you can see, she grabbed the opportunity with both, er, boobs! ➤

**H**i Lucy! Crikey, this shoot's a bit steamy, isn't it? Did you enjoy doing it? Yeah, it was great fun! When I heard that the theme was going to be "soft bondage", I thought, "This should be good!" It was fun to do something a bit unusual and show off a different side to myself. **Well, we're certainly not complaining! Do you recommend a bit of soft bondage, then?** When I do The Truth About Sex in Nuts, loads of lads write in saying they want to spice things up in the bedroom, but don't know if it's a good idea. I tell them that they don't want to bring in so much stuff that they'll scare the girl off but that, sometimes, it's nice to experiment. You don't have to go down the sex shop and pile your basket with everything. Most girls have a little scarf lying around that you could use to tie each other up with. Or start with a bit of hair pulling. Ease her in gently.

It was the last time she'd switch the footy off before the end of the game



## Maybe start with some hair pulling. Ease her in gently

If a bloke's shy about trying something his missus has suggested, how should he deal with it? If you're really uncomfortable with something, obviously you're not going to relax and you're not going to enjoy yourself. But if she's asking you to do it, it's not like you're going to embarrass yourself. Give it a go – you could really enjoy it! Some people get a bit freaked out by trying new things but a lot of the time, you can have a giggle with it. **How rude are you when it comes to bedroom activity?** On a scale of one to ten, if ten was really unspeakable stuff, I'd probably be an eight. Actually, better make that ➤



Her boob polishing  
routine drew  
a big crowd

a seven point five. Like I said, I'm up for experimenting with new things in the bedroom, but I don't want people to think I'm freaky or anything! **Oh, we're sure they'd never think that. Are there any rude things you've never done but would like to?** None of the "classic" places to have sex really appeal to me. If you

want to join the mile-high club, the only place you can do it is in those little toilets and that doesn't sound very sexy. And sex on the beach sounds romantic in theory but, in reality, you're going to end up getting all sandy. To be honest, I think I've done pretty much everything I want to, which is good because it means I'm more than satisfied!

**What one rude thing would you never do?** I'd never have more than one other person in the bedroom with me. Isn't a threesome most men's ultimate sexual fantasy? Well, I think the reality could never live up to the fantasy, so it's probably best to daydream about it and leave it there. For me, sex should always be with just two people.

**What's your rudest outfit?** I haven't got any *really* rude outfits. I get to wear sexy stuff on shoots but I don't get to take any of it home! I like little playsuits at the moment, though. They're a good way to get away with wearing really short shorts without exposing your pants! They leave a little bit to the imagination. ➤



The candles  
made for a handy  
shoe cleaner



■■■ I'm well up for  
experimenting  
with new things ■■■

**What's the naughtiest thing you've worn on a night out?**

You know what, I actually try to cover up when I go out. I'm quite shocked by what some girls go out in. I follow the "legs or cleavage" rule, which means I'll show one or the other but not both.

**Which of the two do you prefer showing off?**

I'd have to say cleavage. I haven't got great legs because I'm so short, so that's the way it is.

**Your legs look pretty damn fine to us! What's your**

**favourite rude word?** I can't say it in the magazine but it's the rudest one of the lot. When it's used properly, that word can be really effective!

**And there was us thinking you're a nice girl!** Ha-ha!

I probably say it a bit too much, if I'm honest. I swear quite a lot. When you use swear words too much, they can lose their power a bit, so I try not to use them all the time. But I'm definitely a bit foul-mouthed, I'm afraid.

Sorry to disappoint you, *Nuts*!

## There's nothing wrong with an occasional bit of dirty talk

**Are you a fan of talking dirty in the bedroom?**

There's nothing wrong with a bit of dirty talk. But you're better off just going straight into it – otherwise, what's the point? You have to be aware of what your partner likes, though. Don't judge it wrong and just start shouting in her face! If you're with someone and you know what she'll find exciting, just go there. But as a rule, don't burst into shouting terrible things the first time you sleep with a girl, as it might put her off for life!

**Rude rhymes with nude.**

**Coincidence?** That's an excellent coincidence! They go hand in hand. Very good rhyme, *Nuts*. Well done. ➤



**Birdseye was in no hurry to get his fishnets back**

INTERVIEW: RICH JENKINS PHOTOS: ZOE MCCONNELL STYLIST: KAREN WILLIAMS HAIR & MAKE-UP: SALLY CAIRNS LINGERIE: ANN SUMMERS, INSINUATE, FIGLEAVES HARMONY (OXFORD STREET, LONDON) STOCKINGS: ANN SUMMERS, SHOES: PRIMARK



"Quick!  
Someone  
find the 3D  
glasses!"



**Did you feel extra rude on this shoot?** I think for girls, how you dress really affects how you feel. So if you're all trussed up, you feel naughtier. I definitely did on this shoot – it was really tough and sexy, and I felt that way. What you're in and where you are really changes your mood and how you act in front of the camera.

**Rude movies: do you watch them and would you ever star in them?** I watch them, yes, but I'd never star in them because it would be asking for trouble. Can you imagine? I have nothing against people who enjoy making them but, for me, it wouldn't be worth the anxiety of knowing they exist. I prefer to leave that kind of thing to the professionals.

**Who's the naughtiest person you know?** As far as being rude in the bedroom goes, it has to be Sophie Howard, definitely. She's a very naughty little girl, that one. But everyone at *Nuts* already knows that, don't they? After speaking with her, we know there isn't a lot she isn't up for in the bedroom. She's far naughtier than me. Bless her!

**So if you wanted to make your next shoot even sexier, would you suggest we bring in Sophie to join you?** We'd have to, wouldn't we? With Sophie's lips, a photo shoot immediately becomes steamier and naughtier, doesn't it? She just screams sex, that girl! So what are you waiting for? Let's get it on! ■

/// If you're trussed up,  
you feel naughtier ///

# Nuts SPORT

BLAMING TIREDNESS, EVERY WEEK!



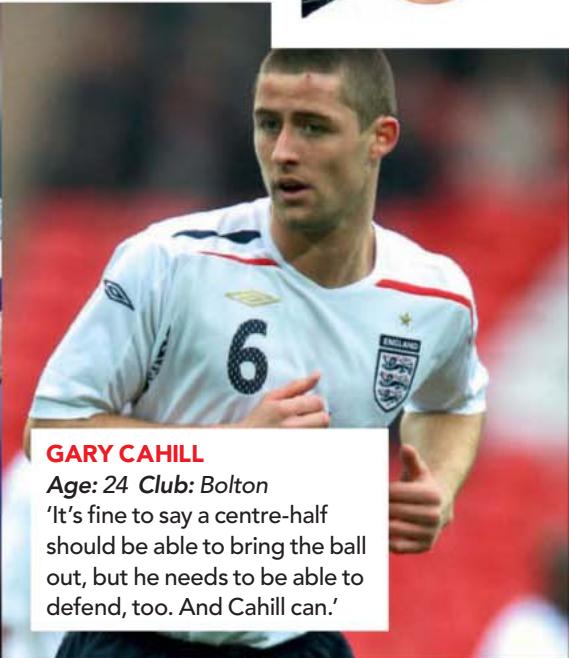
## Meet the new-look England!

Don't fret, Three Lions fans – the future's bright with Merse's brand-new team!



**JOE HART**

Age: 23 Club: Man City  
‘Hart is an excellent shot-stopper and seems to have the right no-stress attitude that every goalkeeper needs.’



**GARY CAHILL**

Age: 24 Club: Bolton  
‘It’s fine to say a centre-half should be able to bring the ball out, but he needs to be able to defend, too. And Cahill can.’



**ASHLEY COLE**

Age: 29 Club: Chelsea  
‘Cole will be 33 by the time the next World Cup comes around, but I don’t care. When you’re that good, it doesn’t matter.’



**GLEN JOHNSON**

Age: 25 Club: Liverpool  
‘Johnson is great going forward but defensively, he struggles. Maturity will help him because he has the tools.’

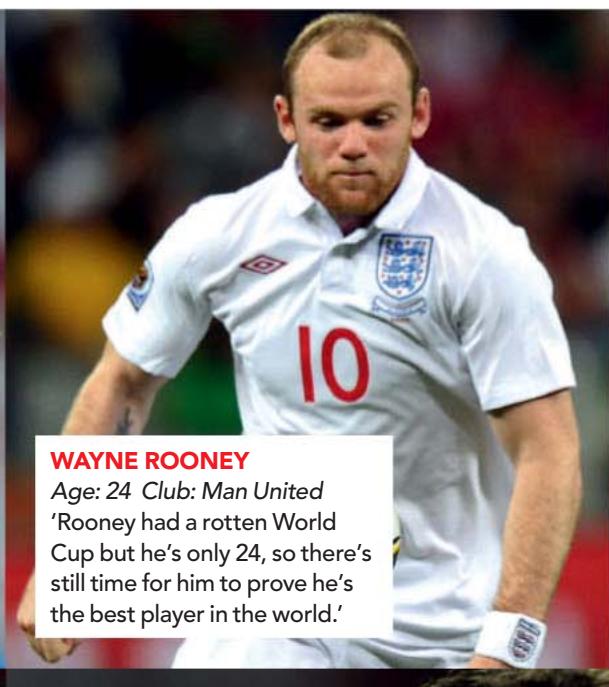


**JACK RODWELL**

Age: 19 Club: Everton  
‘This may surprise people but I’ve watched Rodwell plenty of times and I think he could become a top, top centre-half.’

**THEO WALCOTT**

Age: 21 Club: Arsenal  
'Walcott still has loads of potential and if he gets a good run at club level, he can be a decent international player.'

**WAYNE ROONEY**

Age: 24 Club: Man United  
'Rooney had a rotten World Cup but he's only 24, so there's still time for him to prove he's the best player in the world.'

**JAMES MILNER**

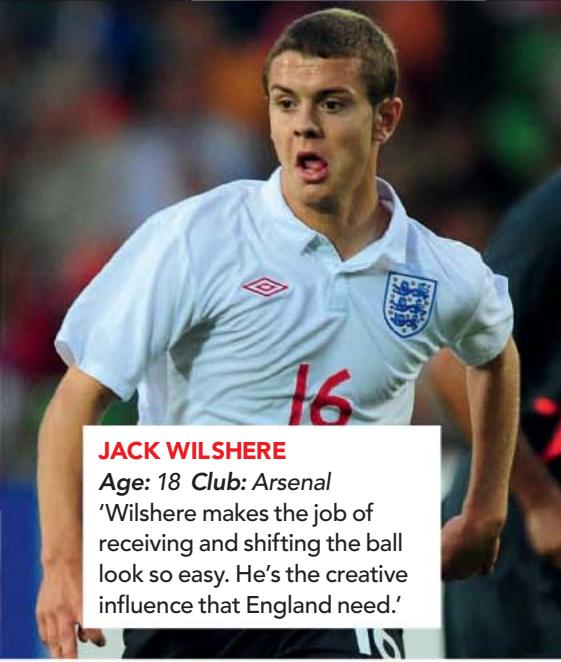
Age: 24 Club: Aston Villa  
'I'd play Milner on the right. His crossing is decent but his biggest asset is his heart – something England need.'

**DAN GOSLING**

Age: 20 Club: Everton  
'Gosling really seems to know the game, despite being so young. I see him in a holding midfield role for England.'

**ADAM JOHNSON**

Age: 22 Club: Man City  
'I still think Capello should've taken Johnson to the World Cup. He's a natural left-footer who enjoys going past people.'

**JACK WILSHERE**

Age: 18 Club: Arsenal  
'Wilshere makes the job of receiving and shifting the ball look so easy. He's the creative influence that England need.'





1 SEX FACE  TENNIS ACE



2 SEX FACE  TENNIS ACE



3 SEX FACE  TENNIS ACE

# Sex face or t



7 SEX FACE  TENNIS ACE



8 SEX FACE  TENNIS ACE



9 SEX FACE  TENNIS ACE



4 SEX FACE  TENNIS ACE



5 SEX FACE  TENNIS ACE



6 SEX FACE  TENNIS ACE

# ennis ace?

Skin-flick star  
or Centre Court  
racket swinger?  
You decide!



10 SEX FACE  TENNIS ACE



11 SEX FACE  TENNIS ACE



12 SEX FACE  TENNIS ACE

# KAMMY!

ONLY IN  
**Nuts!**



He's footy's funniest pundit – and he's only in *Nuts!*

# What an adventure, but what a shame!

I can't believe it's all over, but what an incredible time I had over in South Africa for the World Cup! It's just gutting that it ended for me and all the other England fans on that awful day when we faced Germany.

It actually felt very much like a matchday Saturday back home, with coaches, minibuses and camper vans packed with fans on the highways. The service stations were full of rival fans as English and German supporters greeted each other with mutual respect. Like us, the Germans travel in large numbers and are just as passionate about football. I loved the Free State Stadium with its 45,000 all-seater capacity, and as the kick-off drew near I was genuinely excited. I just couldn't believe what happened over the next 90 minutes, as Capello's team collapsed.

The Three Lions yet again lacked the passion and desire that we expect when wearing an England shirt. They came up against a classy young German team who had bags of pace and were clinical finishers.

Who knows where we go from here? The next match is only six weeks away, an international friendly against Hungary at Wembley on 11 August. The FA need to make some big decisions very quickly.

It was a terrible tournament for England, but I've got fantastic memories. Let's just hope that the 2010 Fifa World Cup leaves a legacy for the South African people, who are living in such poverty. I'll never forget them.



## RUMOUR HAS IT

I hear that the young Greek midfielder Sotiris Ninis could be heading to Man United in a £10m deal.



# CHRIS' CRYSTAL BALL!

Chris rates this week's transfer rumours!



## 1 ASHLEY COLE TO REAL MADRID £20 MILLION

"All the signs point to the rumours that Cole could be fed up with playing in England, so I think this could happen."

KAMMY SAYS: 3/5



## 2 SCOTT PARKER TO ASTON VILLA £12 MILLION

"I can't believe that West Ham would let someone like Parker go. He's far too important a player at Upton Park."

KAMMY SAYS: 2/5



## 3 EDIN DZEKO TO MAN CITY £40 MILLION

"The German striker is hugely over-priced and City have too many strikers. If they sell a few, maybe, but I'm not convinced"

KAMMY SAYS: 2/5



## UNBELIEVABLY BAD!

### SEPP SUCKS

Sepp Blatter goes from strength to strength, eh? How did it take him so long to apologise to England and why was he against goal-line technology for so long?

## UNBELIEVABLY GOOD!

### SILVA LINING

What a coup for Manchester City to get Spain star David Silva's signature! An absolutely top player, he'll be one to watch next season.



## KAMMY'S UNBELIEVABLE-OMETER™

## UNBELIEVABLY GOOD!

### SILVA LINING

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## UNBELIEVABLY BAD!

### SEPP SUCKS

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# ASK KAMMY!

Hi Kammy!

With all the financial turmoil at Anfield and following their worst season for some time, do you think Roy Hodgson will be a success at Liverpool?

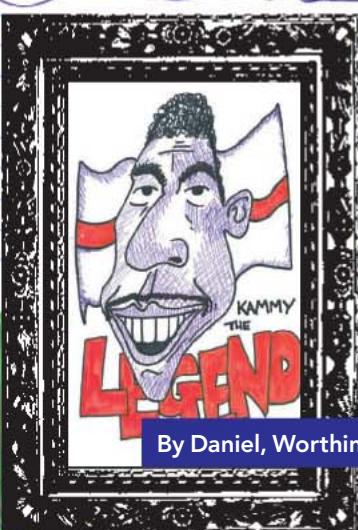
Ged O'Leary, Kirkby

Well, he's really got his work cut out! It depends on how the American owners get on with him and what kind of transfer budget he's handed. Roy's a lovely fella and I hope it works out for him. It's a real shame for Fulham, though!



## DRAW KAMMY!

This is a smasher – good work Daniel! Keep them coming, folks! Can you beat it? Send in your efforts and a signed Nuts T-shirt could be on its way to you!



## Kammy needs you!

Send Kammy your jokes, pics and anything else you think might tickle him to [kammy@ipcmmedia.com](mailto:kammy@ipcmmedia.com). The best one each week will be sent a signed Nuts T-shirt!

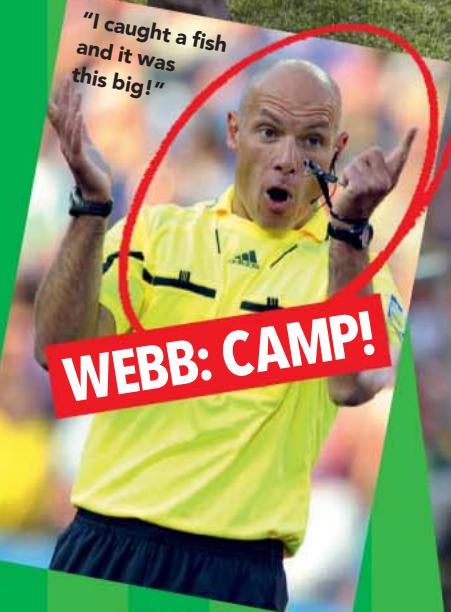
# RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

ONLY IN  
*Nuts*!



WORLD CUP  
2010!



## MAN-LOVE CORNER!



WORDS: PETE CASHMORE PHOTOS: BACKPAGE IMAGES, PA PHOTOS, ACTION IMAGES, SOLO, CLEVA, COLOR SPORT, SPORT IMAGE

## Food to get you in the mood



Participating stores. Subject to availability. Closing dates vary by store (earliest offer ends 7th July 2010, latest offer ends 21st July 2010). See website for details.



WORLD CUP  
2010!

# 'QUOTE ME ON THAT!'

Sporty types talking a load of toilet!

**"My farewell was so sh\*t. Four years ago we were heroes. Today we are just b\*lllocks"**

Italy's Gattuso tells it like it is.



"A comb? No, I don't use one"



"We've told our players to wrap up warm, blow dry their hair after showers and listen to their mother's advice"

Assistant coach Hansi Flick reveals Germany's secret World Cup tactic.

**"The most important player on the pitch is the two centre halves"**

That'll be two players then, Alan Hansen.



**"Spain have had one defeat in 33 years"**

They're not that good, Gary Lineker.

"You understand how important a race is because you have to change your pants three times that day"

Frankie Dettori exposes himself.

**"Rooney is big and strong. Although he's not a big and strong player"**

OK, Paul Merson.

**"Franz Beckenbauer has spent an hour too many under the sunbed"**

Andy Townsend on the orange Kaiser.

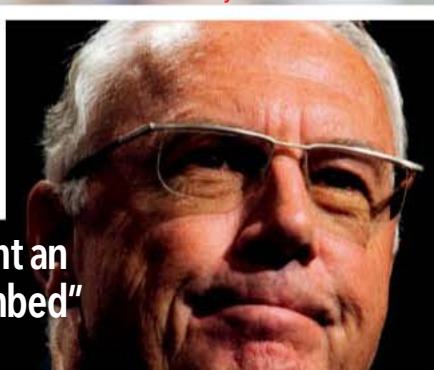


**"The Russian club wanted to swap Honda for Bentley. That didn't sound like a good deal to me"**

Harry Redknapp on two players with good engines.

**"I met the Queen today, she said she loved me in the American Pie movies"**

Tennis player Andy Roddick disses Her Maj.



**'OO-ER SOUNDS A BIT RUDE' CORNER!**

**"Once Cisse opened his legs, he showed he can be a real handful"**

Craig Burley on the Frenchman.



**"The players have affection for Maradona, especially when he brings them off"**

Mark Bright's in the know.



**"Rafael Nadal got his monster weapon out just when he needed it"**

5Live's Annabel Croft on Rafa's ace.



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STORIES!

Nuts SPORT

# Striker

By PETE NASH and SIMON RAVENHILL



CONTINUED NEXT WEEK

# Nuts REAL GIRLS

THE BEST OF BRITISH HOTTIES



## BEDROOM BABE!

**Danielle** 19, Norfolk, barmaid

"I do a lot of dancing, which is loads of fun! It helps me stay trim and increases my flexibility. And that's very useful!"



**Want to be a Nuts model?** Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.





**"I've got a bunny outfit –  
it makes Easter sexy!"**



**TURN TO VOTE FOR OUR  
NEXT BEDROOM BABE!**



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\*THE OFFER CLOSES 20 JULY 2010.

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# BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at [www.nuts.co.uk/girls](http://www.nuts.co.uk/girls)

**Ladies, send us your pictures!** Send your photos to Real Girls UK, Nuts, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email [nutsgirls@ipcmedia.com](mailto:nutsgirls@ipcmedia.com). You must be at least 18 years old.

**ONLY IN  
Nuts!**

**Sammy**

**21, Leicestershire, designer**

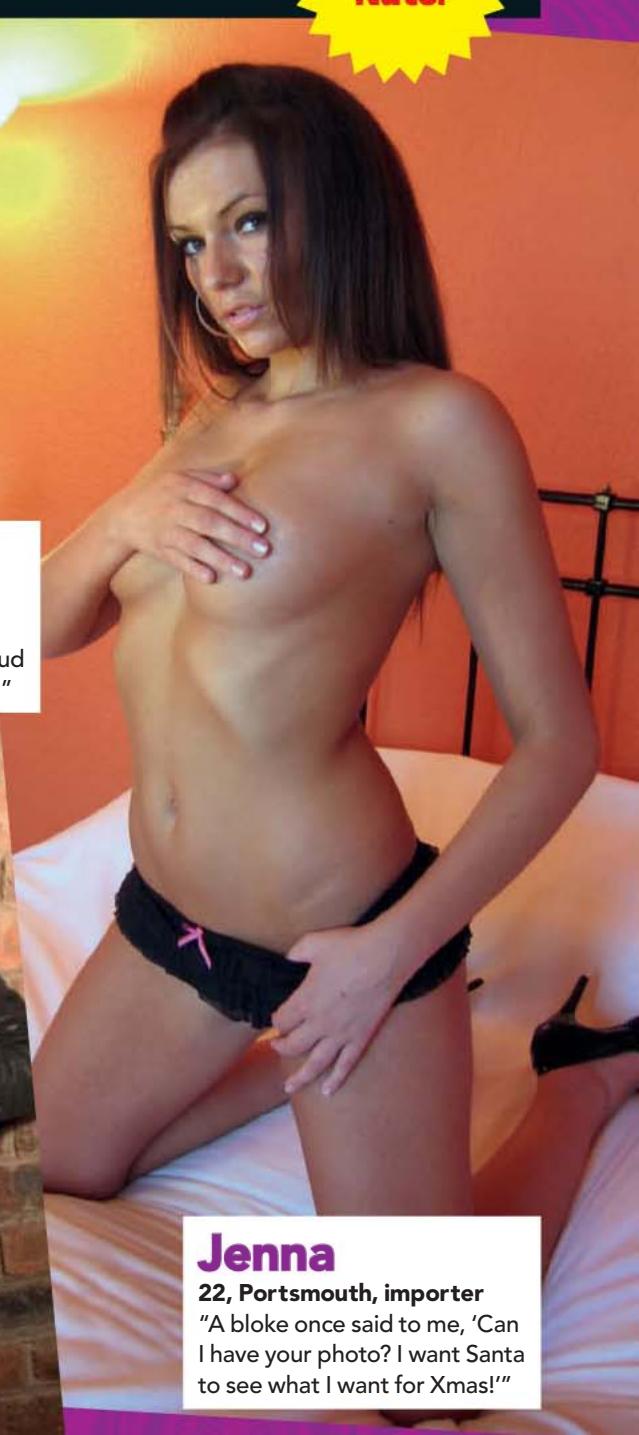
"I'm very good at massages, so for a night to remember, I'd give my man a full body rub!"



**Carmen**

**21, Falkirk, receptionist**

"I'm very attracted to boys with piercings. A diamond stud in the ear is so sexy on a guy!"



**Jenna**

**22, Portsmouth, importer**

"A bloke once said to me, 'Can I have your photo? I want Santa to see what I want for Xmas!'"

**Louise**

**25, Preston, student**

"I love a man in a sexy suit – if you turn up for a date in one, you'll be in for a wild time!"



**Vote now to see more of your favourite girl!**

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*! Choose the girl you think is the hottest, go to [www.nuts.co.uk/girls](http://www.nuts.co.uk/girls), click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

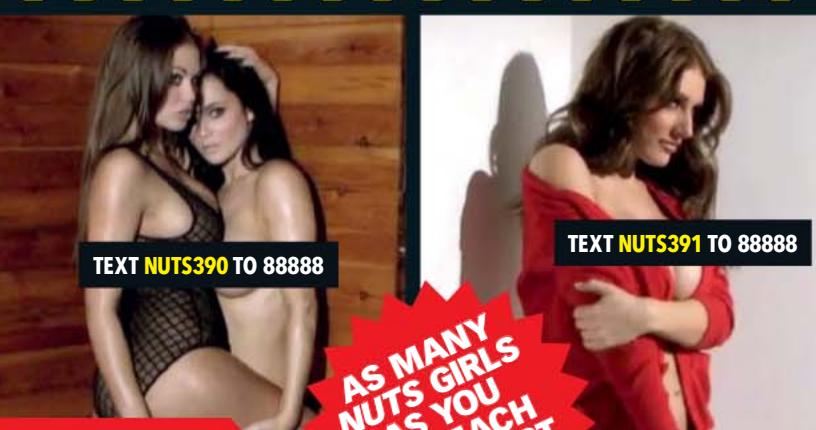
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# Nuts

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When you have finished with this magazine please recycle it.

# 10 RUDE QUESTIONS!

**THIS WEEK:**  
**Holly Jay**

20, Milton Keynes

**1** Where's the craziest place you've had sex?

"The maddest place I've ever had sex is on a beach in Spain. It was very hot and something I'd do again!"

**2** What's your trademark move in the bedroom?

"I don't have one, but I'm always up for trying different and new things. So in a way, everything is my trademark!"

**3** What really turns you on?

"Dirty talk! The naughtier it is, the better it is. I like it best whispered in my ear."

**4** Do you like to be dominated in the bedroom or do you prefer to be in control?

"I prefer to be dominated and for someone to tell me exactly what they want me to do to them – and what they want to do to me!"

**5** Apart from your mouth, where's your favourite place to be kissed? "My neck – it's definitely the way that any sex should start."

**6** What one rude thing do you think every girl should try at least once?

"I think every girl should try having sex outside or somewhere where you might get caught. I've never actually been caught yet, so that might put me off when I do!"

**7** Have you ever got it on with another girl?

"No, I haven't. I wouldn't have a threesome because I like to give my man as much attention as possible. But then again, never say never!"

**8** What's your role-playing costume of choice?

A French maid or nurse's outfit are my favourites. I love dressing up for the bedroom – it's a fun way of spicing things up!"

And a Real Girl  
to answer them...

**9** If you could ask a man to perform any sex act for you, what would you want him to do?

"It would be for him to blindfold me and really tease me. I'd beg him to do whatever he wanted to me until I couldn't take it any more!"



**10** Have you ever made a sex tape? Would you like to?

"I haven't, but I'd definitely be up for making one. I guess I just haven't been with anyone who's wanted to, but I'm still looking!"

# REAL GIRLS, REAL PLACES!

ONLY IN  
Nuts!

Ladies, would you like **Nuts** to hang out with you for the day? Email a photo and a bit of info about yourself to [nutsgirls@ipcmedia.com](mailto:nutsgirls@ipcmedia.com) or write to Real Girls UK at the address on page 68. You must be at least 18 years old.

## THIS WEEK:

Name: Leanne

Age: 21

Boobs: 32D. "They're my favourite things!"

Likes: "Funny boys!"

Have you ever kissed a girl? "Many times!"

Strangest place you've had sex? "In the woods, up against a tree!"

Sex tip: "Buy me flowers!"

# Leanne's saucy guide to Shaldon

Seeing the sunny side in the sexy Southwest!

### Leanne on... her home!

"We're in Devon. There are loads of nice beaches and the moors are near here, so it's good for sunbathing and walks, but it's rubbish for shops. Boo!"



HELLO!

### Leanne on... her boobs!

"I'm a 32D. I show my boobs off in bikinis and vest tops but I don't like to have too much on show because it leaves more to the imagination!"



### Leanne on... the beach!

"This is Shaldon beach. It's great for barbecues, although it gets really busy in summer. I don't sunbathe topless because I'd attract pervy old men! Eek!"



### Leanne on... being healthy!

"I like to be as healthy as I can and exercise a lot. But I've been a bit naughty this week as I've eaten a lot of cake! Ha-ha!"



## Leanne on... her sleeping habits!

"I get up really early, but I go to bed about 10 because I've tired myself out. I'm the biggest fidgeter in the world but I still like a cuddle if I can get one!"



## Leanne on... shopping!

"I have a habit of buying dresses every time I go out but never having anywhere to wear them. I wear black as it makes me look tanned and slim!"



**"I like to show off my boobs!"**



## Leanne on... her mobile!

"I'm always on the phone. I get told off for chatting all the time. Friends, nan, mum, stepdad, I talk a lot because I'm fun!"



## Leanne on... getting ready!

"Getting ready takes about an hour but I faff about for ages trying on different outfits. I usually just go out in the one I tried on in the first place!"

Nuts PROMOTION

# Nuts FASHION

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evenings.  
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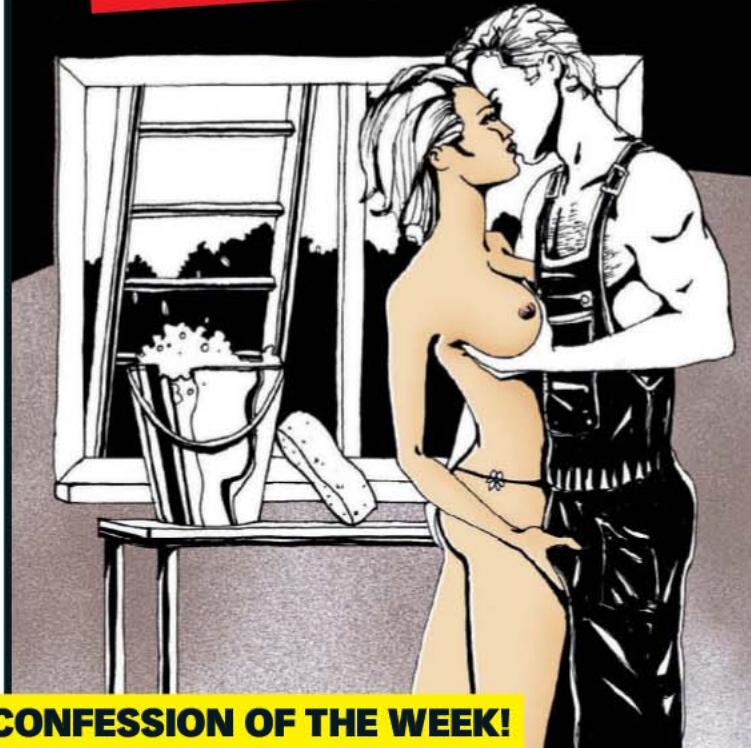
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# LADIES CONFESS! TO OUR SECRETARY!

100%  
REAL  
STORIES!



IT'S LOU!



## CONFESION OF THE WEEK!

### 'The window cleaner got "paid"'

After popping out to the shops one day, I went home to do some housework. There was a knock at the door and it was a window cleaner – and he was gorgeous! I told him that as a student, I didn't have a lot of money. He replied that he could accept other types of payment! So I invited him in and we started kissing in the hallway, his hands immediately going up my skirt. I unzipped him and took him in my mouth. Then I slipped a johnny on him, he turned me round, put his hands on my hips and took me from behind until we both came. Now I always get my windows done for free!

Anon, by email

### 'I was begging him for it'

I was happily watching TV when my fiancé started rubbing and squeezing my nipples. I told him to stop it but he was so horny, he kept going while getting hard.

He started stroking my body all over and even sucked my nipples. I couldn't help myself – after all, it was *Sex And The City* we were watching – and I wanted it so much I couldn't take it any more. I asked for sex but he ignored me and kept going, working on my

boobs. I was so desperate that I had to scream and beg for it but *still* he wouldn't. Eventually, I threw him onto the bed and demanded a proper seeing-to. He got on top of me and slid inside me. I started gasping and yelling straightaway and that made him do it harder until I exploded all over him! My face went bright red and I couldn't look at him for an hour. And I never did manage to see the rest of the film. But I can't wait to see the sequel!

Anon, London

### 'I pleasured him with my mouth'

A few years ago I worked in a nice beauty spa out in the countryside. This fit guy had been in for a few back rubs but on this particular day, he had booked a full body massage. As usual, I got him to lay on his front and began to massage his back and then the back of his legs while thinking pretty naughty thoughts. When he turned over, I noticed something quite pleasant under his towel! I smiled at him and he smiled back, removing his towel as he kept eye contact. I told him to close his eyes while I attended to him with my mouth, and it wasn't long before he sat up, pulled my mouth close to his, and then pushed his hand up my uniform and into my soaking wet knickers. We were at the end of our session, so sadly had to stop there, but he's booked in for next week for the full experience!

Sue, Surrey

### 'I felt his bulge get bigger'

I was sleeping at my boyfriend's house one night not too long ago and his mother had asked him to do the ironing as his parents were going out for the night. Watching him being all domesticated and doing his shirts, really turned me on. I kept giving him cheeky comments as he smoothed out the clothes with the iron. At first he just laughed, but when I told him that I wanted him to "press me", he whipped his top off and threw it at me. I jumped up and started kissing him passionately – this domestic scene was really making me wet. He pulled me towards him and I felt his bulge getting bigger. While he stood at the board, I gently pulled down his pants and told him to get on with his chores. So, as he got busy with the iron, I got busy with my mouth and boy, did he love it! The excitement got to him and after jerking wildly, he groaned and came all over my clothes! I had to take them all off and wear some of his. The next morning, his mother took my jeans, top and underwear out of the washing machine and looked a little puzzled. I'm sure she'd had an idea what had been going on!

Rebecca, Newcastle

### Win £50!

Ladies, send your raunchiest confessions to [louise\\_prior@ipcmmedia.com](mailto:louise_prior@ipcmmedia.com) or to the address on p68. The best one each week\* wins £50! Come on, girls!

# Nuts FASHION

The latest world-beating threads

WORDS: STEVEN BUCHAN  
PHOTOS: ALAN MCFADEN



## 1 Fifa Italia tracky top

This would look great worn with jeans.  
[www.fifa.com/fifacollections](http://www.fifa.com/fifacollections)



## 2 Lyle & Scott jacket

A classic style with a summer twist.  
[www.lyleandscott.com](http://www.lyleandscott.com)



## 3 Police watch

Gadget lovers will approve of this chunky timepiece! 0121 436 1200



## 4 Levi's 501 jeans

These have been around since the 1890s! [www.my-wardrobe.com](http://www.my-wardrobe.com)



## 5 Adidas tee

Get a load of this stylish, two-tone Argentina top. [www.kitbag.com](http://www.kitbag.com)

# TOP 5... GROOMING



## 6 Rough Justice shirt

This could've come straight off a Milan catwalk. 020 7437 1127

## 8 Lee shorts

These denim shorts are perfect for festival season. [www.lee-store.com](http://www.lee-store.com)



## 10 Adidas Italia trainers

Fans of retro terrace clobber will love these re-issues. [www.jdsports.co.uk](http://www.jdsports.co.uk)



## 7 Trekstock tee

This charity tee was designed by the Maccabees! [www.trekstock.com](http://www.trekstock.com)

## 9 Penfield trousers

Tidy summer slacks with a nice turn-up detail. [www.urbanoutfitters.co.uk](http://www.urbanoutfitters.co.uk)



£10

£50

£65

## 1 Phil Smith Styling Wax & Shaping Cream £40

If you're after great hair products that don't break the bank, look no further. Available at Sainsbury's



## 2 FCUK Black Bodywash & EDT £4/£13

This new limited-edition grooming range is ace! Available at Boots



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# Nuts REVIEWS

## GAMES!



Crackdown 2 lets you gain mission achievements in the demo – a first

### CRACKDOWN 2 XBOX 360



Much-anticipated sequel to the Xbox hit sees your plucky future coppers return to a now criminal and zombie-infested

Pacific City and dish out some law with bigger guns, faster cars and four-player online co-op. You know the score, it's a fine sequel – bigger, better and violently sillier. If you liked the first, this is a stick-on purchase. ★★★★



### SINGULARITY PS3, XBOX 360



First-person shooter where everything just works. The Macguffin – a device that fast-forwards or rewinds time – is great fun. Good stuff! ★★★★



### LEGO HARRY POTTER: YEARS 1-4 ALL FORMATS



Great fusion of Harry Potter and plastic bricks takes the usual roaming adventure and sprinkles on some Lego magic dust. Cool! ★★★★

## DVDS/BLU-RAY!



All the songs in this series, bar one, are performed by cast members

### GENERATION KILL: THE COMPLETE SERIES CERT 15 BLU-RAY



From the people behind *The Wire*, this gritty drama set in Baghdad has the same realism as the Baltimore-based TV series, with an

even larger dose of caustic humour and shocking scenes from the first 40 days of the Iraq War. Seen from the viewpoint of the US Marines, this is as close as you'll get to the action without having to don body armour! ★★★★

### PREDATOR FULLY LOADED EDITION CERT 18 BLU-RAY



The full version of this classic Arnie movie in Blu-ray. Look hard enough and you can see the Predator in the jungle now! ★★★★

### BEYOND THE POLE CERT 15 DVD



Two blokes try to complete the first carbon-neutral veggie expedition to the North Pole in this mockumentary. Cool! ★★★

### STARGATE UNIVERSE SEASON 1 CERT 15 DVD & BLU-RAY



If Stargate's your thing you'll love this first season on Blu-ray. Us? We can take it or, more often, leave it. Average. ★★★

## MUSIC!



### BIG BOI SIR LUCIUS LEFT FOOT: THE SON OF CHICO DUSTY



Mad name, brilliant album, from the one out of Outkast who isn't André 3000. The single, *Shutterbugg*, is one of the hip-hop tunes of the decade. ★★★★

### VARIOUS ARTISTS CREAM IBIZA 2010



Top turn DJ Eddie Halliwell throws together 40 big tunes from the superclub that is Cream, many of which seem to be his own remixes. The scamp! ★★★

The latest action-packed releases!

Ratings: ★★★★ Genius ★★★ Very good ★★ Investigate ★ Alright ★ Rubbish

## MOVIES!

The film features a real scam where Lucky steals a whole apartment block

Johannesburg is known as the crime capital of the world

**GANGSTER'S PARADISE: JERUSALEMA** CERT 15

Don't worry, this South African gangland tale has nothing to do with Coolio. Instead, we follow the car-jacking spree of young Soweto hoodlum Lucky as he climbs the criminal ranks. Ten years later, he's a Robin Hood-style kingpin in Johannesburg! ★★★★

**PREDATORS** CERT TBC

Forget the *Alien vs Predator* spin-offs. We're into this Robert "Sin City" Rodriguez-produced follow-up to the sci-fi classic. ★★★

**Go Nuts in Ibiza!**  
AT **EDEN**

**EVERY MONDAY NIGHT**

**NUTS PROMOTION**

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**JULY: BIKINI COMPS AND SPECIAL GUESTS!**

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# Nuts TV

Seven days of brilliant telly for blokes!



**TV PICK OF THE WEEK!**

**SUNDAY!**

**Kings of the cup!**

World Cup Final, BBC1 and ITV1, 6.30pm  
After a month of vuvuzelas, goalkeeping clangers and South American brilliance, the big game is on!

6am

BBC ONE

6.00am Breakfast 9.15 The Estate We're In 10.00 Homes Under the Hammer 11.00 Real Rescues 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.25 CBBC 5.15 Weakest Link: General knowledge quiz. (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

7pm

BBC TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.10 The Flintstones (R) 11.35 The Flintstones (R) 12.00noon Daily Politics 12.30pm Working Lunch 1.00 The World at War (R) 1.50 Hands on Nature (R) 2.00 Open Gardens (R) 2.30 Ready Steady Cook (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! From Rochester in Kent. (R) 4.30 Ben Fogle's Escape in Time 5.15 Escape to the Country (R) 6.00 Eggheads (R) 6.30 Antiques Road Trip (R)

1am

REGIONAL VARIATIONS

**BBC2 SCOTLAND:** 8.00pm Tin in the Park 10.00 Tin in the Park  
**BBC2 WALES:** 7.00pm Natural World **STV:** 8.00pm Postcode Challenge 9.00 **SPORT** Football Years 10.35 Children's Hospital 11.05 In Plain Sight 12.00m't Roulette Nation 1.00am **FILM** Charley Varrick: Crime thriller. 3.00-5.30am The Nightshift

**ULSTER:** 10.30pm **SPORT** UTV Live, Weather 10.40 Ultimate Ulster 11.10 Numb3rs 12.00m't Brain Box

## TODAY'S SPORT

**sky SPORTS 1**

6.00am Good Morning Sports Fans 7.00 World Cup Report 7.30 Good Morning Sports Fans 8.00 World Cup Report 8.30 Good Morning Sports Fans 9.00 Cricket (HD) 11.00 Premier League World 11.30 IAAF Athletix Weekly 12.00noon Transworld Sport 1.00pm NRL Fulltime 1.30 Rugby League 3.30 Cricket (HD) 5.30 **LIVE** Cricket: Twenty20 Cup ball-clunking between Lancashire Lightning and Yorkshire Carnegie. (HD) 9.00 Premier League World 9.30 Football's Greatest 10.00 World Cup Report 10.30 World Sport 11.00 Cricket (HD) 1.00am Rugby League (HD) 2.30 Boxing (HD) 4.30-6.00am Rugby League (HD)

**sky SPORTS 2**

6.00am Aerobics 6.30 Ocean Ride 7.00 WWE: Raw (HD) 9.00 NRL Fulltime 9.30 Rugby League 11.30 Racing News 12.00noon Isle of Man Parish Walk 12.30pm Premier League World 1.00 Race World 2.00 IAAF Athletix Weekly 2.30 Premier League World 3.00 WWE: Raw (HD) 5.00 NFL: Total Access 6.00 Ocean Ride 6.30 IEX Magazine 7.00 World Sport 7.30 **LIVE** Rugby League: Hull KR vs Leeds Rhinos, kick-off 8pm. (HD) 10.00 **LIVE** Boxing: The bout between Lenny Daws and Steve Williams. (HD) 12.00m't and: Total Access 1.00am Tight Lines 2.00 Ocean Ride 2.30 World Sport 3.00 Cricket (HD) 5.00-6.00am NFL: Total Access

itv 1

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal 3.00 Celebrity Pressure Cooker 4.00 Midsomer Murders: Drama. (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News

**7.00 Emmerdale**  
Goat-herding nonsense.

**7.30 Coronation Street**  
Cobbled-street codswallop.

**8.00 Dickinson's Real Deal**  
Orange-bonced David Dickinson helps people sort their treasures from their tat.

**8.30 Coronation Street**

**9.00 Doc Martin**  
Jug-eared doctor Martin Clunes encounters his ex-girlfriend. Uh-oh! (R)

**10.00 ITV News, Weather**

**10.35 Smokin' Aces**  
**PREMIERE** Cool comedy crime drama following two FBI agents protecting a Vegas magician about to testify against the Mob.

**12.35am The Zone**  
Go to bed!

**2.35 FILM** All That Heaven Allows: Romantic melodrama. 3.55 Touching Evil 4.50-5.30am ITV Nightscreen

**ON DIGITAL, SATELITE**

**FILM4 (315)**

6.55pm Guess Who: Romantic comedy starring Ashton Kutcher and Bernie Mac. 9.00 In Her Shoes: Bittersweet comedy drama starring Cameron Diaz. 11.30 Kingpin: Crude comedy starring Woody Harrelson. 1.45-4.00am The Return: Russian drama starring Vladimir Garin.

**COMEDY CENTRAL (126)**

7.00pm The King of Queens 8.00 Frasier 8.30 Scrubs 9.00 South Park 10.00 Lee Evans: XL Tour 11.20 Michael McIntyre: Live & Laughing 12.40am Sean Lock: Live at Hammersmith Apollo 1.50 South

**ESPN**

7.00pm Cricket World 7.30 Australian Rules Football 10.00 Ultimate Fighter 11.00 MMA 11.45 UFC 12.15am Talk of the Terrace 12.30 Press Pass 2010 1.30 Cricket World 2.00 Ultimate Fighter 3.00-5.00am Boxing

9 JULY **FRIDAY**

**FULL 7 DAY TV GUIDE!**

4

**6.00am** The Hoobs (R) **6.50** Big Brother's Little Brother **7.20** Big Brother (R) **8.15** Frasier (R) **8.45** 5 O'Clock Show (R) **9.45** Deal or No Deal (R) **10.30** Everybody Loves Raymond (R) **10.55** Friends (R) **11.55** **SPORT** Kicking Ahead: The Power of Sport (R) **12.00** **noon** Channel 4 News Summary **12.05pm** Grudge Match (R) **12.15** Relocation, Relocation (R) **1.15** **LIVE** Channel 4 Racing from Newmarket and York **3.25** Countdown **4.10** Deal or No Deal **5.00** Vernon Kay's 5 O'Clock Show **6.00** The Simpsons (R) **6.30** Hollyoaks

**7.00 News**

**7.25 4thought.tv**

**7.30 The Playboy Murderer**

**NEW** Documentary about murderer Thanos Papalexis.

**8.00 A Place in the Sun:**

**Home or Away**

More fussy people search for houses.

**9.00 Big Brother**

**10.00 The IT Crowd**

Bonkers office-based laughs as Jen gets involved with a rock band.

**10.35 Big Brother**

**11.25 Stand Up for the Week** **MUST-SEE** Excellent topical comedy show.

**12.15am Music on 4:**

**Intros: I Blame Coco**

A gig by the singer-songwriter.

**12.20 Intros: Devlin**

**12.30 Mercury Prize Sessions**

**12.50 The Album Chart Show:** **Kate Nash (R)**

**1.15 Big Brother: Live 3.35** This Week's 4Music Top 20 **5.25-6.10am** Countdown (R)

**FIVE**

**6.00am** Milkshake! **9.45** Michaela's Animal Road Trip (R) **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Megastructures (R) **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.05** The Family Recipe (R) **3.10** **FILM** Backyard Wedding: Romantic comedy starring Alicia Witt and Teddy Sears. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

**7.30 Zoo Days**

Two new female meerkats cause a commotion. Noisy neighbours, eh? (R)

**8.00 Nature Shock**

A spate of deaths among hippos. (R)

**9.00 The Mentalist**

The agents investigate the murder of a mathematical genius. Lucy Davis out of *The Office* guest-stars, incidentally.

**10.00 CSI: NY**

A busker is raped and murdered. (R)

**10.55 Grey's Anatomy**

Derek's ex-wife Addison returns to the hospital to perform an unusual operation.

**11.55 Cops in Crisis**

More bobbies in bother. (R)

**12.10am SuperCasino**

Live interactive gaming.

**sky1**

**6.00am** X-Weighted: Families (R) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** Cold Case (R) **10.00** UK Border Force (R)(HD) **11.00** X-Weighted: Families (R) **12.00** **noon** Law & Order (R) (HD) **1.00pm** Cold Case (R) **2.00** Kimberley Walsh: Blue Jean Girl (R)(HD) **3.00** Stargate SG-1 (R) **4.00** Stargate SG-1 (R) **5.00** **SPORT** WWE Superstars (HD) **6.00** Oops TV: Home videos. (R)

**TODAY'S MUST-SEES**



The credit crunch really hit Wigan's crowds

**Brotherhood** **FX, 10pm**

**DRAMA**

It's the last ever episode of the *Sopranos*-esque crime drama, and Tommy looks set to become Speaker of the House, while Michael's obsession with Colin puts everyone in jeopardy. Brit actor Jason Isaacs stars. **★★★★**



**Friday Night With Jonathan Ross** **BBC1, 10.35pm**

**COMEDY**

This week, Jimmy Carr, magicians Penn & Teller and superstar singer Tom Jones join Rossy on the showbiz sofa. **★★★★**



The M People reunion was uninspired

**Stand Up For The Week**

**Channel 4, 11.25pm**

**COMEDY**

More topical laughs courtesy of Rich Hall, Andi Osho, Jack Whitehall and Kevin Bridges. Plus, another celeb receives a grilling in "The Chair"! **★★★★**

## ELITE AND CABLE TV TONIGHT

**Park 2.50** Two and a Half Men **3.20** Scrubs **4.15** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

**BBC3 (115)**

**7.00pm** Top Gear: Alastair Campbell tries out the new Reasonably Priced Car. **8.00** T: Editors and La Roux **9.00** Florence and the Machine and Faithless **10.00** EastEnders **10.30** T: Muse and Calvin Harris **12.00m't** Family Guy: Peter befriends OJ Simpson. **12.45am** Lee Nelson's Well Good Show: Jason Bent demonstrates his unusual training tips.

**1.15** Mongrels **1.45** **SPORT** World Cup's Most Shocking Moments **3.45** Lee Nelson's Well Good Show **4.15** Mongrels **4.45-5.15am** The Real Hustle on Holiday

**E4 (136)**

**7.00pm** Hollyoaks: Kyle tracks Theresa down. **7.30** Friends **9.00** Supernanny **10.00** Supersize vs Superskinny **11.05**

**Rude Tube 11.20** Big Brother's Big Mouth **12.25-6.00am** Big Brother: Live

**DAVE (111)**

**7.00pm** Seaside Rescue: A six-year-old boy who slipped and fell on the rocks in Perranporth. **8.00** Louis Theroux's Weird Weekends: American TV's Home Shopping Network. **9.00** Have I Got News for You: Back-to-back editions of the news quiz. **1.40-3.00am** Totally Viral

**MTV ONE (350)**

**7.00pm** Gossip Girl **8.00** Pink: The Official Top 20 **10.00** Pink: Behind the Music **11.00** World Stage **12.00m't** South Park **1.30am** MTV Cribs Awards **3.00-6.00am** MTV Playlist

**VIRGIN 1 (121)**

**7.00pm** Star Trek: Voyager **8.00** Warehouse 13 **9.00** Star Trek: Enterprise **10.00** Supernatural **11.00** Eurotrash: The

**Sexy Bits 11.30** Sexarama **12.00m't** Challenge Jackpot **3.00am** Booze Britain: Binge Nation **4.00-5.00am** Pyramid Game with Donny Osmond

**SYFY (129)**

**7.00pm** Smallville **8.00** **FILM** Dragon Hunter: Fantasy action adventure starring Brad Johnson. **9.50** **FILM** Komodo vs. Cobra: Horror starring Michael Paré and Michelle Borth. **11.40** **FILM** Merlin and the Book of Beasts: Fantasy drama starring James Callis and Jim Thorburn. **1.30am** 3rd Rock from the Sun **2.00** Buffy the Vampire Slayer **3.00** Painkiller Jane **4.00** Angel **5.00-6.00am** Smallville

**FX (164)**

**7.00pm** NCIS: Triple-bill. **10.00** **MUST-SEE** **Brotherhood: Last in the series of the excellent drama.** **11.00** Life **12.00m't** Farscape **1.00am** Babylon 5 **2.00** ReGenesis **3.00-4.00am** Charlie Jade

## BBC ONE

**6am**  
**6.00am** Breakfast **10.00** Saturday Kitchen **11.30** The Delicious Miss Dahl (R)  
**12.00noon** BBC News, Regional News  
**12.10pm** **LIVE** Formula 1: The British Grand Prix - Qualifying: *From Silverstone*.  
**2.30pm** **LIVE** Golf: The Scottish Open: *The third day in the European Tour event at Loch Lomond Golf Club*. **5.15** BBC News, Regional News **5.30** Total Wipeout (R)  
**6.30** **MUST-SEE** 101 Ways to Leave a Gameshow: *Barmy quiz with Steve Jones*.

## BBC TWO

**6.00am** CBeebies **7.30** CBBC **12.10pm** Animal Park (R) **12.40** The Sky at Night (R)  
**1.00pm** **LIVE** Golf: The Scottish Open: *The third day at Loch Lomond Golf Club. There's more on BBC1. 2.30pm Escape to the Country (R) 3.30pm* **NEW** Sacred Music **4.30pm** **LIVE** Athletics: *The British Grand Prix at the Gateshead International Stadium*.

## ITV 1

**5.30am** ITV News **6.00** GMTV **9.25** The Crocodile Hunter Diaries (R) **10.25** Children's Hospital (R) **10.55** Monk **11.55** News, Weather **12.09pm** London Weather **12.10pm** This Morning: Saturday **1.10pm** **FILM** Columbo: Prescription Murder: *Detective thriller starring Peter Falk*. **3.10pm** **FILM** Superman: *Classic sci-fi adventure*. **5.55pm** Creature Comforts (R) **6.05pm** Regional News, Weather **6.15pm** ITV News **6.30pm** You've Been Framed! (R)

## 4

**6.10am** The Hoobs (R) **6.35pm** **SPORT** World Sport **7.00pm** **SPORT** The Grid **7.30pm** **SPORT** MSA British Rallycross **8.00pm** **SPORT** The Morning Line **8.55pm** **4**: JLS Special: Under the Skin **10.00pm** Friends (R) **10.30pm** Big Brother (R) **12.20pm** The Hollyoaks Music Show **12.50pm** **T4** on the Beach 2010: Buried Treasures **1.40pm** **LIVE** Channel 4 Racing from York, Ascot and Chester **3.55pm** Come Dine with Me (R) **6.35pm** News

## FIVE

**6.00am** Milkshake! **10.00pm** Zoo Days (R) **10.15pm** **SPORT** Jane Tomlinson Run 2010 **11.20pm** Fifth Gear (R) **11.50pm** Extreme Fishing with Robson Green (R) **12.50pm** Daring Raids of World War Two (R) **1.20pm** **FILM** Riding Shotgun: *Western starring Randolph Scott and Charles Bronson*. **2.50pm** **FILM** Silverado: *Western starring Kevin Kline, Kevin Costner and Jeff Goldblum*. **5.20pm** **FILM** Be Kind Rewind: *Offbeat comedy starring Jack Black and Mos Def*.

**6am**

**7pm**

**1am**

**7.30pm** The National Lottery: *In It to Win It 2012*  
**8.25pm** Casualty  
More blood-spattered relationship pap.  
**9.15pm** Live at the Apollo  
With John Bishop. (R)  
**10.00pm** BBC News, Weather  
**10.20pm** A Question of Sport: *Uncensored*  
Some "risque" outtakes from the sports quiz. Sue Barker blushing, basically.  
**10.50pm** That Mitchell and Webb Look  
Sketches from the Peep Show pair. (R)  
**11.20pm** Match of the Day: *2010 FIFA World Cup*  
**SPORT** Highlights of this evening's third place play-off.  
**12.00m** The Relic  
**FILM** Duff horror thriller about a monster that kicks-off in the Chicago Natural History Museum.

**7.30pm** Placido Domingo in Simon Boccanegra  
Window-rattling as booming Tenor Placido Domingo performs at the Royal Opera House in Covent Garden.  
**10.00pm** Have I Got a Bit More News for You  
Aussie board-wobbler Rolf Harris is guest host on the topical news quiz. (R)  
**10.40pm** Munich  
**FILM** Steven Spielberg's ace political thriller starring Eric Bana, Daniel Craig and Geoffrey Rush, based on the massacre of Israeli athletes at the 1972 Munich Olympics.

**7.00pm** World Cup  
**LIVE** It's the third-place play-off. Pointless, but hey, it's still football, right? Kick-off 7.30pm.  
**9.30pm** James Corden's World Cup Live  
Corden and Clancy joke about the match you've just watched.  
**10.05pm** ITV News, Weather  
**10.25pm** Mickey Blue Eyes  
**FILM** Rubbish Mafia comedy starring Hugh Grant as an Englishman in New York who becomes mixed up with the Mob after he proposes to his Italian-American girlfriend.  
**12.15am** Nightwatch with Steve Scott  
Doc following the emergency services. (R)

**7.00pm** 4thought.tv  
**7.05pm** Return of the Magnificent Seven  
**FILM** Western sequel to *The Magnificent Seven* as Yul Brynner leads seven gunfighters against a Mexican outlaw gang. Great stuff!  
**9.00pm** Big Brother  
The latest barmy goings-on from the house. Rather them than us.  
**10.00pm** Misfits  
**MUST-SEE** Drama about a group of kids on community service who gain superpowers.

**11.05pm** Star Trek IV: The Voyage Home  
**FILM** Sci-fi adventure starring William Shatner and Leonard Nimoy as Kirk and crew travel back in time to the 20th Century. As you do.

**7.15pm** Cricket on Five  
**SPORT** Bat-swinging highlights from the second match of the three-game one-day series between England and Bangladesh.  
**8.05pm** Five News  
**8.10pm** NCIS  
A supposedly dead Marine suddenly returns to consciousness. Yikes! (R)  
**9.10pm** CSI: Crime Scene Investigation  
Captain Brass fights for his life after the shooting. It's tense. Very tense.  
**10.05pm** Law & Order  
Detective Falco takes home a woman he meets in a bar. Great! Then he wakes up the next morning to find she's been stabbed to death. Hmm, not so great.  
**11.05pm** CSI: Miami  
Natalia is horrified to learn her sister has been kidnapped. (R)  
**12.05am** SuperCasino  
Interactive gambling guff.

**1.45pm** Friday Night with Jonathan Ross (R)  
**2.50-6.00pm** BBC News  
**1.15am** Da Kath and Kim Code: *Australian comedy*. **2.40-6.00am** Close  
**1.05pm** The Zone **3.10pm** October Road (R) **3.55-5.30am** ITV Nightscreen  
**1.20am** Big Brother: Live **3.40pm** What About Brian **4.25pm** Demolition Day (R) **5.20-6.05am** Countdown (R)  
**4.05pm** **SPORT** European Seniors Tour Golf **4.55pm** The Family Recipe (R) **5.00pm** Hana's Helpline (R) **5.10-6.00am** Milkshake!

### REGIONAL VARIATIONS

**BBC2 SCOTLAND:** **7.30pm** T in the Park **9.00pm** Placido Domingo in Simon Boccanegra **11.30pm** Tin the Park **12.30-3.00am** **FILM** Munich: Steven Spielberg's controversial political thriller starring Eric Bana. **STV:** **10.25pm** **FILM** Passenger 57: Action

**thriller**. **12.00m** Roulette Nation **1.00am** Touching Evil **2.00-5.30am** The Nightshift **ULSTER:** **10.24pm** Pollen Count **10.25pm** Greatest Cities of the World with Griff Rhys Jones **11.25pm** Brain Box **2.00am** Numb3rs **2.50pm** Creature Comforts **3.00-3.10am** UTV Rewind

### TODAY'S SPORT

#### sky SPORTS 1

**6.00am** Cricket (HD)  
**8.00am** World Cup Report  
**8.30am** Premier League World  
**9.00am** Cricket AM  
**10.30am** **MUST-SEE** Cricket: *England are in one-day action against Bangladesh in this second match of the three-game series. What's more, they've actually been playing really well recently! Get in!* (HD)  
**7.00pm** World Cup Report  
**7.30pm** **LIVE** Rugby League: *Egg-chucking with Wakefield Trinity Wildcats vs Hull FC at Belle Vue, kick-off 7.30pm.* (HD)  
**10.00pm** World Cup Report  
**10.30pm** Football's Greatest: *The career of former Argentina star Diego Maradona.*  
**11.00pm** Time of Our Lives  
**12.00m** Football's Greatest  
**12.30am** Cricket (HD)  
**2.30am** Football's Greatest  
**3.00-6.00am** Speedway (HD)

#### sky SPORTS 2

**6.00am** Tight Lines  
**7.00pm** Rugby League: Hull KR vs Leeds Rhinos at Craven Park. (HD)  
**8.30pm** **LIVE** Rugby Union: New Zealand vs South Africa at Eden Park, kick-off 8.35am.  
**11.00pm** Boxing: Lenny Daws vs Steve Williams in Bethnal Green, London. (HD)  
**1.00pm** **LIVE** Tennis: France take on Spain on day two of the World Group quarter-final in Clermont-Ferrand, France.  
**3.30pm** IEX Magazine  
**4.00pm** World Sport  
**4.30pm** **LIVE** Speedway: Tyre-shredding action from the British Grand Prix.  
**8.00pm** Cricket: *England vs Bangladesh at the County Ground in Bristol.* (HD)  
**10.00pm** Speedway (HD)  
**1.00am** Rugby League (HD)  
**2.30am** NFL: Total Access  
**3.30am** IEX Magazine  
**4.00-6.00am** Cricket (HD)

### ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

#### FILM (315)

**4.40pm** Oliver Twist: *Dickens drama starring Ben Kingsley.* **7.15pm** The Ringer: *Comedy starring Johnny Knoxville.*  
**9.00pm** Road to Perdition: *Depression-era gangster drama starring Tom Hanks.*  
**11.15pm** Saw II: *Horror sequel starring Donnie Wahlberg.* **1.00-3.15am** Candy: *Drama starring Heath Ledger.*

#### COMEDY CENTRAL (126)

**7.00pm** The King of Queens **8.00pm** Two and a Half Men **10.00pm** Peter Kay at the Comedy Store **10.30pm** **FILM** Austin Powers: The Spy Who Shagged Me: *Comedy*

#### ESPN

**5.30pm** Australian Rules Football **8.00pm** Asian X Games 2010  
**11.00pm** South Africa Nightly **11.30pm** The Ultimate Fighter **12.30am** Press Pass 2010 **1.00am** Major League Baseball **4.00-5.00am** Asian X Games 2010

**starring** Mike Myers. **12.20am** Dara O Briain: Live at the Theatre Royal **1.40pm** South Park **2.40pm** Two and a Half Men **3.40pm** The Office: An American Workplace **4.10pm** Shortcuts Shuffle **4.20pm** Everybody Loves Raymond **5.10-6.00am** Frasier

#### BBC3 (115)

**7.00pm** T: Stereophonics and Paolo Nutini **9.00pm** T: Black Eyed Peas **11.00pm** Family Guy: *A special double-length episode with a Star Wars theme.* **11.45pm** American Dad! **12.30am** Big Meets Bigger **1.30pm** Bizarre ER **2.00pm** **SPORT** Match of the Day Live: 2010 FIFA World Cup **3.40pm** The Real Hustle on Holiday **4.10-5.10am** Big Meets Bigger

#### E4 (136)

**7.00pm** The Big Bang Theory **7.30pm** How I Met Your Mother **7.55pm** Friends **9.00pm** **FILM** Mean Machine **11.00pm** **FILM** Hot Shots! **12.40-6.00am** Big Brother: Live

#### DAVE (111)

**6.30pm** Crash **7.30pm** Seaside Rescue **8.10pm** Dragons' Den **9.30pm** Mock the Week: Rhod Gilbert, Jo Caulfield and Andy Parsons guest. **10.10pm** QI **10.50pm** Never Mind the Buzzcocks **11.30pm** Mock the Week **12.10pm** QI **12.50pm** Never Mind the Buzzcocks **2.40-3.00am** **SPORT** Radical Highs: Mountainboarding.

#### MTV ONE (350)

**3.00pm** Teen Cribs: *Priciest Pads* **8.00pm** 16 and Pregnant **10.30pm** KeSha: MTV. co.uk Session: *The American singer performs.* **11.00pm** World Stage **12.00m** **'t** The Official UK Top 20 **2.00am** Behind the Music **3.00-6.00am** MTV Playlist

#### VIRGIN 1 (121)

**7.00pm** Most Shocking **8.00pm** Sun, Sea and A&E **9.00pm** **FILM** Married to the Mob: *Gangster comedy with Michelle Pfeiffer and Matthew Modine.* **11.00pm** Sexcetera



**6.00am** Brainiac: Science Abuse (R)(HD) **7.00** Malcolm in the Middle (R)(HD) **8.00** Oops TV (R) **9.00** Kimberley Walsh: Blue Jean Girl (R) **10.00** Got to Dance (R)(HD) **11.00** Got to Dance (R)(HD) **12.00noon** Pineapple Dance Studios (R)(HD) **1.00pm** Malcolm in the Middle (R)(HD) **2.00pm** Fat Families: Second Helpings (R)(HD) **3.00pm** Project Runway (R) **4.00pm** Liza and Huey's Pet Nation: With comedian Bill Bailey. (R)(HD) **5.00pm** Futurama (R)(HD) **5.30pm** Futurama (R)(HD) **6.00pm** Glenn Martin, DDS (R)(HD) **6.30pm** Modern Family (R)(HD)

**7.00 The Simpsons**

A visit to a petting zoo prompts Lisa to become a vegetarian. (R)

**7.30 The Simpsons**

Homer becomes a tow-truck driver. (R)

**8.00 Oops TV**

More home-video hilarity. (R)

**9.00 Erin Brockovich**

**FILM** Worthy drama starring Julia Roberts as a single mum who takes a job in a law firm before kicking up a stink about all manner of environmental issues. Pesky do-gooder. (HD)

**11.35 Classic Albums**

Classic Motown tunes with Stevie Wonder's *Songs in the Key of Life*. (R)

**12.55am UK Border Force**

Behind the scenes with the crew at customs, as they go on the hunt for some more illegal immigrants. (R)(HD)

**1.50pm** **FILM** Blood Monkey (HD) **3.30pm** Ross Kemp on Gangs (R) **4.20pm** Guinness World Records Smashed! (R) **5.10-6.00am** Are You Smarter Than a 10 Year Old? (R)(HD)

**12.00m't** Challenge Jackpot **3.00am** Ninja Warrior **4.00-5.00am** Top Chef

**SYFY (129)**

**6.10pm** **FILM** Sir Arthur Conan Doyle's Sherlock Holmes: Mystery thriller. **8.00pm** **FILM** Merlin and the War of the Dragons: Adventure. **9.50pm** **FILM** Dungeons & Dragons 2: The Elemental Might: Fantasy adventure sequel. **11.50pm** **FILM** Dragon: Fantasy adventure. **1.30am** 3rd Rock from the Sun: Comedy. **2.00pm** **FILM** The Ferryman: Horror. **4.00-6.00am** **FILM** Ba'al: The Storm God: Thriller.

**FX (164)**

**6.00pm** The Listener **8.00pm** American Dad! **9.00pm** Family Guy **10.00pm** Robot Chicken **10.15pm** Family Guy **11.15pm** Titan Maximum **11.30pm** Family Guy **12.30am** The Venture Brothers **1.00am** American Dad! **2.00am** Final 24 **3.00-4.00am** Swat USA

**TODAY'S MUST-SEES**

"I feel a bit of a dummy wearing this"

**101 Ways To Leave A Gameshow**

BBC1, 6.30pm

**QUIZ** Steve Jones puts eight contestants' knowledge to the test as they try to win £10,000, which, so far, all sounds ordinary. But those unfortunates who answer incorrectly are ejected from the studio – which happens to be 100ft up in a tower – into freezing water below, using bungees, cannons, rockets and 98 other mad methods. Sounds ace! **★★★★**

**England vs Bangladesh**

Sky Sports 1/HD, 10.30am

**SPORT**

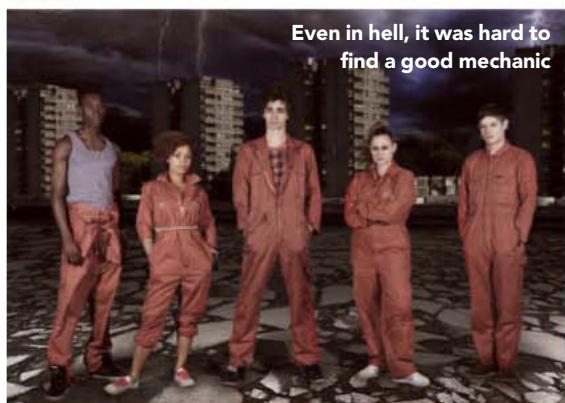
After swatting the Aussies aside (yay!) in the one-day matches, England must be confident of more success here. This is the second of the three-match series, in Bristol. Come on! **★★★★**

**Flame & Citron**

Sky Movies Premiere/HD, 11.40pm

**FILM**

Danish drama about two resistance fighters in Nazi-occupied Copenhagen during the Second World War, one of whom's the baddie from *Casino Royale*. Gripping! **★★★★**

**Misfits**

Channel 4, 10pm

**DRAMA**

Five teenagers on community service are struck by lightning, giving them superpowers, and us one of the best dramas of last year. First shown on E4, this is the ASBO-wielding, British answer to *Heroes*. It's brilliant, too! **★★★★★**

**Nuts PROMOTION**

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Fancy being an NME photographer, meeting a music star or hanging out at MTV for the day? Just go to...

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BBC  
ONE

6.00am Breakfast 9.00 The Andrew Marr Show 10.00 Sunday Morning Live 11.00 Regional Programme 12.10pm **MUST-SEE** Formula 1: The British Grand Prix: The tenth round of the season at Silverstone, start-time 1pm. 3.40 EastEnders 5.35 Songs of Praise 6.10 BBC News, Regional News, Weather 6.30 **MUST-SEE** Match of the Day Live: 2010 FIFA World Cup: OK, England didn't make it, but there's no excuse not to get the beers in and settle down for the final! It kicks off at 7.30pm.

BBC  
TWO

6.00am CBeebies 7.00 CBBC 10.00 Something for the Weekend 11.30 Escape to the Country (R) 12.00noon **FILM** Hocus Pocus: Supernatural comedy starring Bette Midler. 1.30pm **LIVE** Golf: The Scottish Open: The last day at Loch Lomond Golf Club. 6.00 **NEW** Wild Wales

itv  
1

5.30am ITV News 6.00 GMTV 9.25 Coronation Street 12.05pm News 12.10 This Morning: Sunday 1.10 House Gift (R) 2.10 **FILM** Columbo: Mind Over Mayhem 3.40 Agatha Christie's Poirot (R) 5.40 Ladies of Letters 6.10 Regional News, Weather 6.20 ITV News 6.30 **MUST-SEE** World Cup Final: Hmm, this or BBC1? Which commentary team do you prefer?

4

6.05am The Hoobs (R) 6.55 Catching the Impossible 7.50 **SPORT** Super 8 Athletics 8.45 T4: Hollyoaks 11.15 Big Brother's Little Brother 12.15pm Being N-Dubz (R) 12.45 T4 on the Beach 2010: Buried Treasures 1.35 The Simpsons 2.35 **FILM** Garfield: A Tail of Two Kitties: Comedy sequel. 4.05 Deal or No Deal 4.50 **FILM** Sink the Bismarck!: Second World War naval drama. 6.40 News

FIVE

6.00am Milkshake! 10.00 Shake! 11.10 Zoo Days (R) 11.25 Extreme Fishing with Robson Green (R) 12.25pm **FILM** Jane Doe: Now You See It, Now You Don't: Thriller, starring Lea Thompson. 2.20 **FILM** Operation Crossbow: Second World War action drama starring George Peppard and Sophia Loren. 4.30 **FILM** The Karate Kid: Martial-arts adventure with Ralph Macchio. 6.50 Five News 6.55 **FILM** Sleepless in Seattle: Romantic comedy rubbish.

6am

7pm

10.00 BBC News, Regional News, Weather

It's a dangerous world out there...

10.25 Catch Me If You Can

**FILM** Steven Spielberg's ace crime adventure. Leonardo DiCaprio plays a runaway teenager who goes on an amazing crime spree, passing himself off as a pilot, a doctor and a lawyer, and cashing millions of dollars in false cheques. The show-off. Based on a true story, this is effortlessly entertaining stuff.

12.45am Sign Zone: Children's Emergency

III kids receive help. (R)

7.00 James May's Toy Stories

Captain Slow enters a Plasticine garden in the Chelsea Flower Show. (R)  
**8.00 Top Gear**  
**MUST-SEE** The bad-haired trio search for the world's best four-seat supercar.

9.00 How to Build Britain's Secret Engineers

The top-secret work of defence contractor QinetiQ. Something tells us going on prime-time telly might just blow its cover.

10.00 Pete & Dud: The Lost Sketches

A load of present-day comedians recreate routines from the duo's '60s TV series, *Not Only - But Also*.

11.00 Educating Rita

**FILM** Comedy starring Michael Caine and Julie Walters.

12.50am During One Night

**FILM** An American air force recruit serving in the Second World War deserts his post in a last-ditch bid to lose his virginity. Needs must and all that.

9.50 James Corden's World Cup Live

The World Cup's over (boo!), but at least there's some banter on the final from James, Abbey Clancy and celeb guests. There's more over on ITV4.

10.20 ITV News, Weather

We're still gutted the World Cup's finished.

10.35 World Cup Highlights

**SPORT** Highlights from the final. We're feeling all nostalgic.

11.35 Boogeyman

**FILM** Horror thriller starring Barry Watson and Emily Deschanel.

7.05 4thought.tv

**7.10 Beaches**  
**FILM** Bittersweet weepy starring Bette Midler. Watch the build-up to the World Cup final! That's an order!

**9.30 Big Brother**

More bickering and backstabbing.

**10.30 Alan Carr: Chatty Man**

The comedian welcomes Gok Wan to the sofa. One for the girlfriend then.

**11.20 The IT Crowd**

Nutty laughs as Douglas becomes a spaceologist. Superb! (R)

**11.55 Stand Up for the Week**

Chortle-heavy topical fun from Rich Hall, Jack Whitehall and Kevin Bridges. (R)

**12.45am Big Brother: Live**

More paranoia from the house.

9.00 Miss Congeniality

**FILM** Comedy starring Sandra Bullock as a scruffy FBI agent who... oh, we haven't got time for this rubbish - it's getting towards full-time in the World Cup final!

11.10 Extraordinary People: Seven New Faces in Seven Days

Surgeons treat loads of patients with facial deformities in Vietnam. (R)

12.10am UFC 83: Main Event

**SPORT** The Welterweight Championship bout between Matt Serra and Georges St-Pierre from Montreal, Canada. It's from over two years ago, but it's still ace.

1.15 Holby City (R) 2.15 Grow Your Own Drugs (R) 2.45 Countryfile's Summer Special (R) 3.45-6.00am BBC News

2.15-3.45am BBC News

1.05am The Zone 2.30 **SPORT** British Superbike Championship Highlights: Round six. 3.25 **SPORT** Motorsport UK 4.10-5.30am ITV Nightshift

4.25 Countdown: With Gino D'Acampo. (R) 5.10-6.00am Hill Street Blues (R)

1.10 SuperCasino 4.05 House Doctor (R) 4.30 House Doctor (R) 4.55 The Family Recipe (R) 5.00-6.00am Milkshake! (R)

REGIONAL VARIATIONS

**BBC1 NORTHERN IRELAND:** 10.25pm The Politics Show 10.50 **FILM** Catch Me If You Can: Steven Spielberg's crime adventure starring Leonardo DiCaprio. 1.10am Secret Gardens **BBC2 SCOTLAND:** 7.00pm Top Gear 8.00 **T** in the Park 10.00 How to

Build Britain's Secret Engineers 11.00 **T** in the Park 12.00m't **FILM** Educating Rita: Comedy starring Michael Caine and Julie Walters. 1.45-3.45am **BBC News** **STV:** 11.35pm October Road 12.30am Roulette Nation 1.00 Nightwatch with Steve Scott:

Crime 2.00-5.30am The Nightshift **ULSTER:** 11.35pm Brain Box 2.00am Children's Hospital

## TODAY'S SPORT

sky SPORTS 1

6.00am Cricket (HD) 8.00 World Cup Report 8.30 Football's Greatest 9.00 Cricket Writers on TV 10.30 Cricket (HD) 12.30pm Football's Greatest 1.00 Cricket Writers on TV 2.30 **LIVE** Cricket: One of this afternoon's Twenty20 Cup round-robin matches. (HD) 6.00 Football's Greatest 6.30 Premier League World 7.00 World Cup Report 7.30 World Sport 8.00 Cricket (HD) 10.00 World Cup Report 10.30 Football's Greatest 11.00 Time of Our Lives 12.00m't Football's Greatest 12.30am Cricket (HD) 2.30 Football's Greatest 3.00 Time of Our Lives 4.00-6.00am Cricket (HD)

sky SPORTS 2

6.00am Rugby Union: New Zealand's vs South Africa at Eden Park in Auckland. 7.30 Rugby League: Wakefield Trinity Wildcats vs Hull FC. (HD) 9.00 Speedway: The British Grand Prix from the Millennium Stadium. (HD) 12.00noon **LIVE** Tennis: The third day of the World Group quarter-final between France and Spain at the Grande Halle d'Auvergne in Clermont-Ferrand, France, 4.00pm IEX Magazine 4.30 This Week In WWE (HD) 5.00 WWE: Experience (HD) 6.00 Rugby Union: Action from the Edinburgh Sevens held at Murrayfield. 9.00 Wild Spirits: Includes whitewater rafting, BMX biking and snowboarding. 9.30 This Week In WWE (HD) 10.00 WWE: Late Night - Afterburn (HD) 11.00 WWE: Vintage Collection 12.00m't-2.00am Tennis

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM (315)

7.00pm Eragon: Fantasy adventure starring Edward Speleers. 9.00 Titanic: Drama starring Kate Winslet and Leonardo DiCaprio. Glug, glug, glug... 12.40am The Hide: Thriller. 2.15-4.00am Vault of Horror: Horror compendium.

COMEDY CENTRAL (126)

12.00noon Two and a Half Men 8.00pm **FILM** Spaceballs: Mel Brooks' sci-fi spoof, starring Bill Pullman. 10.00 Lee Evans XL Tour 2005 11.20 Shortcuts Shuffle 11.30 Two and a Half Men 12.30am Comedy Store 1.00 South Park 2.00 Grouchy

7.00pm Asian X Games 2010 11.00 South Africa Nightly: The latest news on the World Cup in South Africa. 11.30 NHRA Drag Racing 12.30am Press Pass 2010 1.00 Asian X Games 2010 4.00-6.00am Boxing

Young Men 2.30 Two and a Half Men 3.30 The King of Queens 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

BBC3 (115)

7.00pm **SPORT** Formula 1: The British Grand Prix - Highlights 8.00 **T**: Prodigy 9.00 **T**: Dizzee Rascal 10.00 Family Guy

10.45 Lee Nelson's Well Good Show 11.15 Mongrels 11.45 The Real Hustle on Holiday 12.15am **SPORT** Match of the Day: 2010 FIFA World Cup 1.55 **SPORT**

Formula 1: The British Grand Prix - Highlights 2.55 Lee Nelson's Well Good Show 3.25 Mongrels 3.55 **SPORT** World Cup's Most Shocking Moments 4.55-5.25am The Real Hustle on Holiday

E4 (136)

7.00pm One Tree Hill 8.00 Friends 9.00 Desperate Housewives 10.00 **FILM** Mean Machine: Prison comedy drama. 12.00-6.00am Big Brother: Live

DAVE (111)

7.00pm Fifth Gear: Vicki Butler-Henderson tests a Gran Turismo. 7.30 Seaside Rescue 8.10 Dragons' Den: On Tour 9.30 Mock the Week: With Frankie Boyle. 10.10 QI 10.50 Never Mind the Buzzcocks 11.30 Mock the Week

12.10am QI 12.50 Never Mind the Buzzcocks 2.05-3.00am Lead Balloon

MTV ONE (350)

6.30pm Randy Jackson's America's Best Dance Crew 7.30 Cribs 8.00 16 and Pregnant 9.00 The Hills 9.30 The City 10.00 Jessica Simpson: Price of Beauty 10.30 The Osbournes 11.00 South Park: Cartoon laughs. 1.00am Slips 1.30 Jessica Simpson: Price of Beauty 2.00 16 and Pregnant 3.00-6.00am MTV Playlist

VIRGIN 1 (121)

7.00pm Home Video Heroes 8.00 Verminators 9.00 Most Shocking 10.00

11 JULY

SUNDAY

FULL 7  
DAY TV  
GUIDE!

sky 1

**6.00am** Hour of Power (HD) **7.00**  
Malcolm in the Middle (R)(HD) **8.00**  
Steve Jones in the Jones Boys' Amazon Adventure (R)(HD) **9.00** Road Wars (R)  
**10.00** SPORT WWE Superstars (R)(HD)  
**11.00** SPORT WWE: Experience: The latest action from Raw and Smackdown. (R)  
**12.00noon** Malcolm in the Middle (R)(HD) **1.00** Modern Family (R)(HD) **2.00**  
A League of Their Own: Four editions. (R)(HD) **4.00** UK Border Force (R)(HD) **5.00**  
Futurama (R) **6.00** The Simpsons (R)(HD)

**7.00** Pineapple Dance Studios  
Fruit-based foot-shuffling? Eh? (R)(HD)

**8.00** Fat Families:  
Second Helpings

Overweight types are told to embrace things like lettuce. (R)(HD)

**9.00** House

The miserable medic is taken hostage by a gun-wielding stranger. (R)(HD)

**10.00** House

A personal trainer filming an exercise DVD collapses. Hardly a ringing endorsement for it, is it? (R)(HD)

**11.00** Fringe

A train station is devastated by an explosion. (R)(HD)

**12.00m't Fringe**

Walter creates a powerful concoction to restore Olivia's memory of her encounter with William Bell. (R)(HD)

**1.00** FILM Sharpshooter (HD) **2.35** Road Wars **3.30** Ross Kemp on Gangs **4.20**  
World Records Smashed! **5.10-6.00am**  
Are You Smarter Than a 10 Year Old?

Sun, Sea and A&E **11.00** Sexcetera  
**12.00m't** Challenge Jackpot **3.00am**  
Ninja Warrior **4.00-5.00am** Top Chef

**SYFY (129)**

**6.20pm** FILM Dragon **8.00** FILM Dragonquest: Fantasy starring Marc Singer. **9.40** FILM Robin Hood: Beyond Sherwood: Fantasy adventure starring Robin Dunne. **11.30** FILM Dragon Hunter: Adventure with Brad Johnson. **1.30am** 3rd Rock from the Sun **2.00**  
Buffy the Vampire Slayer **3.00** Medium **4.00-6.00am** FILM Thrill Seekers: Sci-fi drama starring Casper Van Dien.

**FX (164)**

**7.00pm** NCIS **9.00** Nip/Tuck: Kelly Carlson stars. **10.00** Brotherhood: Donatello's condition worsens. **11.00** Life **12.00m't** True Blood: The first episode of the vampire drama. **1.00am** Family Guy **2.00-4.00am** Dexter

## TODAY'S MUST-SEES

### FOOTY FEAST!



Leyton Orient's new ground was impressive



"Ever get the feeling you're being followed?"

### F1: British Grand Prix

BBC1, 12.10pm

**SPORT**

Championship front-runners Lewis Hamilton and Jenson Button look to pull away from the pack at Silverstone. Sebastian Vettel is in third, though, and he won here last year. **★★★★★**

"Yep, it's definitely a broken arm"



### I'm Alive

Discovery, 9pm

**DOCU**

Two more individuals face death head on, and somehow live to tell the tale. First up, a lifeguard gets a chomping from a great white shark off the coast of South Africa, then a golfer gets bitten by a pesky rattlesnake. Crikey! **★★★★**

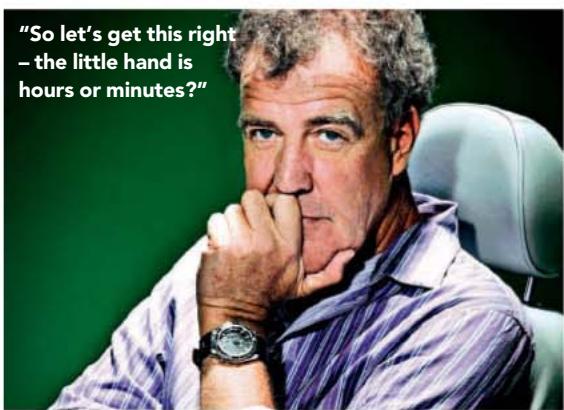
### The World Cup Final

BBC1 & ITV1, 6.30pm

**SPORT**

It's all eyes on Johannesburg for the climax of the fantastic footballing showpiece, but one thing we now know for sure is that Stevie G and chums won't be taking part. Last time around, in Berlin, an unfancied Italy beat France – and neither of them are going to be here either! Hopefully, nobody will do a Zinedine Zidane and get sent off for headbutting a rival player, and the beautiful game will be the winner. **★★★★**

"So let's get this right – the little hand is hours or minutes?"



### Top Gear

BBC2, 8pm

**CARS**

The petrolheads test the Aston Martin Rapide, Porsche Panamera Turbo and Maserati Quattroporte to find the greatest four-seat supercar. Then Rubens Barrichello and Rupert Grint are the Stars In A Reasonably Priced Car. **★★★★★**

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BBC  
ONE

**6am**  
6.00am Breakfast 9.15 Heir Hunters (R)  
10.00 Homes Under the Hammer (R)  
11.00 Real Rescues 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Regional News 3.05 CBeebies 3.25 CBBC 5.00 Newsround: *Current affairs*. 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC  
TWO

6.00am CBeebies 8.00 CBBC 11.10 The Flintstones (R) 11.35 The Flintstones (R)  
12.00noon Daily Politics 12.30pm Working Lunch 1.00 The World at War (R)  
1.50 Hands on Nature 2.00 **SPORT** Rowing 3.00 Diagnosis Murder (R) 3.45 Flog It! (R) 4.30 Ben Fogle's Escape in Time 5.15 Escape to the Country (R) 6.00 Eggheads: Quiz Show (R) 6.30 Antiques Road Trip (R)

itv  
1

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal 3.00 60 Minute Makeover (R) 4.00 Midsomer Murders: *Rubbish drama*. (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News

4

6.00am Yo Gabba Gabba (R) 6.25 The Hoobs (R) 6.50 Big Brother's Little Brother (R) 7.45 Big Brother (R) 8.45 Vernon Kay's 5 O'Clock Show (R) 9.45 Deal or No Deal (R) 10.30 Everybody Loves Raymond (R) 11.00 Friends (R) 12.00noon Channel 4 News Summary 12.05pm The TV Book Club 12.30 Will & Grace (R) 1.00 Come Dine with Me (R) 3.25 Countdown 4.10 Deal or No Deal 5.00 Fern Britton's 5 O'Clock Show 6.00 The Simpsons: *Home meets Mel Gibson*. (R) 6.30 Hollyoaks

FIVE

6.00am Milkshake! 9.45 Michaela's Animal Road Trip (R) 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 House (R) 1.45 Neighbours 2.15 Home and Away 2.50 Don't Stop Believers 2.55 County Secrets (R) 3.10 **FILM** Hard Ground: *Western* starring Burt Reynolds and Bruce Dern. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Don't Stop Believers (R) 6.30 Live from Studio Five

6am

7pm

1am

## 7.00 The One Show

### 7.30 Fake Britain

A look at the fake medicines being peddled in the UK by dodgy quacks. (R)

### 8.00 EastEnders

Cockney screeching. Our poor ears!

### 8.30 Panorama

Docu looking at the earthquake in Haiti.

### 9.00 The Silence

**NEW** Thriller starring Genevieve Barr as an 18-year-old deaf girl who witnesses the murder of a policewoman. Alright, but it's no *Luther*.

### 10.00 BBC News, Weather

### 10.35 Who Do You

### Think You Are?

Actress Susan Sarandon has a rummage around in her family history.

### 11.20 Irresistible

**FILM** Susan Sarandon gets back to the day job as a wife convinced that her husband is having an affair with the gorgeous Emily Blunt.

## 7.00 Wild Wales

Welsh wildlife. So, sheep. Lots of sheep.

### 8.00 University Challenge

Mind-melting student quiz.

### 8.30 Antiques Master

Old tat-based challenge.

### 9.00 Mary, Queen of Shops

Mary Portas helps a DIY store in Surrey. Can't they just do it themselves?

### 10.00 Rev

Adam takes a stand against the opening of a lap-dancing club. Mug.

### 10.30 Newsnight

### 11.20 How to Build Britain's Secret Engineers

The top-secret work of defence contractor QinetiQ. Not so secret any more. (R)

### 12.20am The Private Life of Cows

Apparently, they're partial to the odd game of tennis. (R)

## 7.00 Emmerdale

Sheep-based shenanigans.

### 7.30 Coronation Street

Carla refuses to go down without a fight. Sounds a bit dodgy, doesn't it?

### 8.00 Countrywise

More tramping around in the middle of nowhere. As exciting as it sounds.

### 8.30 Coronation Street

Another dose of cobbled-street capers.

### 9.00 Identity

The team try to track down murder suspect Jane Calshaw.

### 10.00 ITV News

### 10.35 The Thing

**FILM** John Carpenter's remake of the famous 1951 sci-fi thriller about a shape-shifting alien on the loose in an Antarctic base.

### 12.35am The Zone

Shopping meets gaming. OK then.

## 7.00 News

### 7.55 4thought.tv

The importance of religion to young people in Northern Ireland.

### 8.00 Dispatches:

### Africa's Last Taboo

A look at gay rights in Africa.

### 9.00 Concorde's Last Flight

**MUST-SEE** The story behind the daddy of all commercial jets. Whoosh!

### 10.30 Big Brother

The latest mayhem from the house.

### 11.40 Being N-Dubz

Tulisa regrets asking the boys to help paint her new home. Not the most rock and roll-sounding episode is it?

### 12.15am Music on 4: Brandon Flowers: Video Exclusive

The debut single from the Killers' man.

### 12.20 Alan Carr: Chatty Man

With Grace Jones and Gok Wan. (R)

## 7.15 Cricket on Five

### **SPORT**

Highlights of the third and final match of the one-day series between England and Bangladesh.

### 8.00 Police Interceptors

Inspector Emma Brookes races across 40 miles to prevent a suicidal man throwing himself off a rooftop. Cracking work!

### 9.00 xXx

**FILM** Hit-and-miss action thriller starring Vin Diesel as an extreme sports fanatic who is recruited by America's secret services and sent to Prague on a dangerous – and fairly daft – mission. Super-fit Asia Argento livens things up a bit as Vin's slinky sidekick.

### 11.20 Road House 2: Last Call

**FILM** Sequel to the '80s classic that, unsurprisingly, is nowhere near as good. When a saloon owner is beaten by a gang for refusing to sell his bar, the man's nephew sets out to take matters into his own hands. Poor.

### 1.00am SuperCasino 4.05 House Doctor

(R) 4.30 House Doctor 4.55 Rough Guide to Adventures 5.10 The New Tomorrow

5.35-6.00am Wild Challenge (R)

### 1.00am Sign Zone: The Genius of Design

(R) 2.00 Museum of Life (R) 3.00 Put Your Money Where Your Mouth Is (R)

4.00-6.00am BBC News

### 1.20 **SPORT** The Super League Show: Hull KR vs Leeds Rhinos and Wigan Warriors vs Salford. 2.20-4.00am BBC News

### 2.35 **SPORT** Tour de France 2010 Highlights 3.25-5.30am ITV Nightscreen

### 1.10 Big Brother: Live 4.50-6.20am **FILM**

Contraband: *Wartime spy thriller* starring Conrad Veidt and Valerie Hobson.

### 1.00am SuperCasino 4.05 House Doctor

(R) 4.30 House Doctor 4.55 Rough Guide to Adventures 5.10 The New Tomorrow

5.35-6.00am Wild Challenge (R)

### 1.10 Rev 12.00m't How to Build

Britain's Secret Engineers 1.00am BBC News BBC2

WALES: 7.00pm Coast **STV**: 9.00pm Taggart 10.35

The Lakes 11.05 Casa nam Moireasdanach 11.40

Cocairean 12.10am Roulette Nation 1.00 The

### 1.00am SuperCasino 4.05 House Doctor

(R) 4.30 House Doctor 4.55 Rough Guide to Adventures 5.10 The New Tomorrow

5.35-6.00am Wild Challenge (R)

UTV Rewind ITV WALES: 8.00pm The Ferret

Jeremy Kyle Show 2.00-5.30am The Nightshift

### 1.10 Ulster 8.00pm Countrywise 10.35

The Twelfth

11.05 **SPORT** World Cup Rock 'n' Goal Years

11.35 Brain Box 2.00am Countrywise 2.30

UTV Rewind ITV WALES: 8.00pm The Ferret

Áit is Ansa 11.30 Rev 12.00m't How to Build

Britain's Secret Engineers 1.00am BBC News BBC2

WALES: 7.00pm Coast **STV**: 9.00pm Taggart 10.35

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The Lakes 11.05 Casa nam Moireasdanach 11.40

Cocairean 12

12 JULY **MONDAY**

**FULL 7 DAY TV GUIDE!**

**sky1**

**6.00am** X-Weighted: Families (R) **7.00**  
Brainiac: Science Abuse (R)(HD) **8.00**  
Oops TV (R) **9.00** Cold Case (R) **10.00** UK  
Border Force (R)(HD) **11.00** X-Weighted:  
Families (R) **12.00noon** Law & Order (R)  
(HD) **1.00pm** The Real A&E (R)(HD) **2.00**  
A Town Called Eureka (R)(HD) **3.00**  
Stargate SG-1 (R) **4.00** Stargate SG-1 (R)  
**5.00** Malcolm in the Middle (R)(HD) **6.00**  
Oops TV: Selection of home videos and  
out-takes. (R) **6.30** The Simpsons: A judge  
rules that Homer is a negligent father. (R)

**7.00 The Simpsons**

Ned buys the Simpsons' home. (R)(HD)

**7.30 The Simpsons**

Lisa disguises herself as a nun to infiltrate a convent. Its ker-azy! (R)(HD)

**8.00 The Biggest Loser US**

Another batch of fatties try to shed the pounds to bag some cash.

**10.00 Law & Order**

Lupo and Bernard investigate the murder of a 17-year-old boy. (R)(HD)

**11.00 Bones**

A competitive gamer is murdered, presumably by a vengeful nerd. (R)(HD)

**12.00m't Bones**

A botched robbery results in the death of a man dressed up as Father Christmas. Not really in the festive spirit, is it? (R)(HD)

**1.00 Road Wars 1.50 Oops TV (R) 2.40**  
Road Wars (R) **3.30** Shear Genius (R) **4.20**  
Tim Gunn's Guide to Style **5.10-6.00am**  
Are You Smarter Than a 10 Year Old? (R)

**12.00m't Challenge Jackpot 3.00am**  
Booze Britain **4.00-5.00am** Pyramid Game with Donny Osmond

**SYFY (129)**

**7.00pm** Smallville **8.00** PREMIERE  
Stonehenge Apocalypse: Sci-fi thriller  
starring Misha Collins. **9.50** FILM War of the Worlds 2: The Next Wave: Sci-fi thriller starring Thomas Howell. **11.30** FILM Komodo vs. Cobra: Sci-fi horror with Michael Paré. **1.20am** FILM Journey to the Center of the Earth: Sci-fi thriller starring Greg Evigan. **3.00** Medium **4.00** Angel **5.00-6.00am** Smallville

**FX (164)**

**7.00pm** NCIS **9.00** Family Guy: Peter searches for his real dad. **9.30** American Dad! **10.00** Final 24: Gianni Versace's murder. **11.00** Brotherhood **12.00m't** Farscape **1.00am** Babylon 5 **2.00**  
ReGenesis **3.00-4.00am** Charlie Jade

**TODAY'S MUST-SEES**

**DANGER ZONE!**



"You wait ages for a swimmer and then along comes Dawn French!"



**Concorde's Last Flight**

**Channel 4, 9pm**

**DOCU** Concorde used to whizz between London and New York in three and a half hours, but after a crash in 2000, it was taken out of service. Here's the story of the famous jet's rise and fall. **★★★★**

"Must you put your feet on the sofa, mum?"



**Life And Times Of Tim**

**Virgin1, 10pm**

**COMEDY** More awkward laughs at the expense of cartoon world's unluckiest bloke. Tim goes on a trip to Atlantic City, where he meets a familiar-looking stripper. Good, eh? Er, no. **★★★★**

**Nigel Marven's Shark Island**

**Nat Geo Wild, 9pm**

**DOCU** If there's one thing that really gets our blood flowing here at Nuts, it's sharks, and there are so many in the waters that surround Cocos Island off the coast of Costa Rica, it would be an understatement to call them "shark-infested". So Nigel Marven heads out in a mini-submarine to get up close with the predators without getting eaten, at one point being surrounded by 60 of the blighters. Scary! **★★★★**



**Britain's Next Top Model**

**Living, 9pm**

**REALITY** A parade of hotties compete to land a top modelling contract. In tonight's show, the hopefuls are made aware of their bad habits. Such as wearing clothes, perhaps? **★★★★**

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**PKR** let's play

# Nuts TV

BBC  
ONE

**6am**  
6.00am Breakfast 9.15 Heir Hunters (R)  
10.00 Homes Under the Hammer (R)  
11.00 Real Rescues 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.25 CBBC 5.15 Weakest Link: General knowledge quiz. (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC  
TWO

6.00am CBeebies 8.00 CBBC 11.10 The Flintstones (R) 11.35 The Flintstones (R) 12.00noon Daily Politics 12.30pm Working Lunch 1.00 The World at War (R) 1.50 Hands on Nature 2.00 Open Gardens (R) 2.30 Ready Steady Cook (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! (R) 4.30 Ben Fogle's Escape in Time 5.15 Escape to the Country (R) 6.00 Eggheads (R) 6.30 Antiques Road Trip (R)

ITV  
1

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal 3.00 60 Minute Makeover (R) 4.00 Midsomer Murders: Crime drama. (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News

4

6.20am The Hoobs (R) 6.45 Big Brother's Little Brother 7.10 Big Brother (R) 8.20 Frasier (R) 8.45 Fern Britton's 5 O'Clock Show (R) 9.45 Deal or No Deal (R) 10.30 Everybody Loves Raymond (R) 11.00 Friends (R) 12.00noon Channel 4 News Summary 12.05pm Wife Swap USA (R) 1.00 Come Dine with Me (R) 3.25 Countdown 4.10 Deal or No Deal 5.00 Fern Britton's 5 O'Clock Show 6.00 The Simpsons (R) 6.30 Hollyoaks

FIVE

6.00am Milkshake! 9.45 Michaela's Animal Road Trip (R) 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 House (R) 1.45 Neighbours 2.15 Home and Away 2.50 Don't Stop Believers 2.55 County Secrets (R) 3.05 **FILM** A Decent Proposal: Conspiracy drama starring Jessica Tuck. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Don't Stop Believers (R) 6.30 Live from Studio Five

6am

7pm

1am

7.00 The One Show  
7.30 EastEnders  
Phil makes an attempt to toughen up Ben. Get Social Services on the phone, quick!  
8.00 Holby City  
More broken hearts and severed limbs.  
  
9.00 The Silence  
Amelia identifies one of Jane Shilliday's killers as a detective on the Drugs Squad. Looks like this one could get messy.  
  
10.00 BBC News, Weather  
10.35 Between Life and Death  
Families struggle with one of modern medicine's greatest ethical dilemmas.

11.25 Lady in the Water  
**FILM** Roppy fantasy from the director of *The Sixth Sense*. He should've called it a day after that, really.

7.00 Antiques Master  
Trinket-based tedium. (R)  
7.30 University Challenge  
More brain-sapping quizzery. (R)  
8.00 Top Gear  
The world's best four-seat supercar. (R)  
  
9.00 That Mitchell and Webb Look  
**MUST-SEE** Huzzah! The *Peep Show* double-act are back with another batch of daft characters to keep you laughing straight into...  
9.30 Shooting Stars  
**MUST-SEE** Part two of an ace comedy double-header, as Vic and Bob return for more barmy questions and daft challenges!  
  
10.00 Miranda  
The laughter stops here, unfortunately. (R)  
10.30 Newsnight  
11.20 How to Beat Tough Times: Money Watch (R)  
12.20am University Challenge  
12.50-4.10am BBC News

7.00 Emmerdale  
An hour-long episode. Oh dear.  
8.00 Piers Morgan On  
The journalist travels to Monte Carlo. While smirking, no doubt. (R)  
9.00 The Bill  
A pregnant woman is injured in what appears to be a carjacking.  
  
10.00 ITV News  
10.35 TV's Naughtiest Blunders  
Famous people swearing. Done. (R)  
  
11.40 October Road  
Janet is nervous about sleeping with Eddie. Eddie, unsurprisingly, is not...  
  
12.35am Goodwood Festival of Speed  
**SPORT** High-speed highlights of the annual event from West Sussex, featuring displays of Formula 1 motors and classic cars.

7.00 News  
7.55 4thought.tv  
8.00 The Ugly Face of Beauty  
**NEW** A look at the cosmetic surgery industry, kicking off with a boob-job gone wrong. Bleurgh!  
  
9.00 The Fairy Jobmother  
**NEW** Hayley Taylor helps jobless people find their way back into employment. Great pun, by the way!  
  
10.00 Big Brother  
Today's tears and tantrums.  
  
11.15 The Rise and Fall of Tiger Woods  
It's been a rough old year for Tiger Woods. Feel free to point and laugh here! (R)  
  
12.30am The Poker Lounge  
**SPORT** High-stakes action from a tournament heat.

7.30 Michaela's Zoo Babies  
Workers struggle to keep six kookaburra chicks alive. Aaaaaaaaaah. (R)  
8.00 Build a New Life: Was It Worth It?  
Nah, not really. Shouldn't have bothered.  
9.00 CSI: Miami  
**MUST-SEE** As Eric's life hangs in the balance, he has a flashback to 1997, rather conveniently reminding him of a clue in an old case.  
  
10.00 CSI: NY  
The team recover from the aftermath of the drive-by shooting. Cups of tea all round then. That's better. (R)  
11.00 CSI: Crime Scene Investigation  
The team suspects two serial killers are on the loose. They're like buses! (R)  
11.55 NCIS  
The team flies to Israel, but receives a hostile reception from Ziva's father. (R)  
12.55am SuperCasino  
Live interactive gaming.

**REGIONAL VARIATIONS**  
BBC1 SCOTLAND: 8.00pm River City BBC1  
NORTHERN IRELAND: 12.15am BBC News BBC2  
SCOTLAND: 11.00pm Newsnight Scotland, Weather  
BBC2 NORTHERN IRELAND: 10.00pm **SPORT** Colin and Graham's Excellent Adventures BBC2 WALES:

7.00pm Iolo's Wild Times 7.30 Welsh Tenors **STV**: 8.00pm Wild Islands 9.00 Who Wants to Be a Millionaire? 10.35 **FILM** Levity: Psychological drama starring Billy Bob Thornton, Morgan Freeman, Holly Hunter and Kirsten Dunst. 12.25am Roulette Nation

1.00 Nightwatch with Steve Scott: Crime 2.00-5.30am The Nightshift **ULSTER**: 11.40pm Brain Box 2.00am Countrywise 2.30-3.25am Nightwatch with Steve Scott: Crime

4.05 House Doctor (R) 4.30 House Doctor (R) 4.55 Rough Guide to Activity Holidays (R) 5.10 The New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge

## TODAY'S SPORT

**sky SPORTS 1**

6.00am Good Morning Sports Fans  
9.00 Boots 'n' All: A review of the week's action from Super League.  
10.00 **LIVE** Cricket: Willow-waving action, as Pakistan take on Australia on the opening day of the First Test at Lord's. (HD)  
6.30pm Football's Greatest  
7.30 Netbusters  
8.00 Cricket: Today's opening clash between Australia and Pakistan. (HD)  
10.00 Football's Greatest: A look at the lives and careers of some of world football's superstars.  
11.00 Netbusters: The 100 best Football League goals from the 2009/10 season.  
11.30 Cricket (HD)  
1.30am Netbusters  
2.00 Soccer AM: The Best Bits: Some of the highlights from the past season.  
3.00 Test Cricket (HD)  
5.00-6.00am Soccer AM: The Best Bits

**sky SPORTS 2**

6.00am Aerobics  
6.30 Ocean Ride  
7.00 WWE: Afterburn (HD)  
8.00 Motorsport (HD)  
9.00 Golf  
10.00 Golf (HD)  
11.00 Wonderful World of Golf  
12.30pm PGA Tour Classic  
1.30 Premiership Years  
3.30 Fishing Gurus  
4.00 Motorsport (HD)  
5.00 Premiership Years  
7.00 **LIVE** Winning Post  
9.00 Red Bull Air Race (HD)  
10.00 Poker  
11.00 Golfing World  
12.00m't Football Asia  
12.30am Golf  
1.30 Golf  
2.30 Show Jumping  
3.30-4.00am Football Asia

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

**FILM4 (315)**

5.05pm The Thief of Bagdad: Fantasy adventure starring Sabu. 7.10 Honey, I Shrunk the Kids: Disney comedy starring Rick Moranis. 9.00 Kingdom of Heaven: Historical epic drama starring Orlando Bloom. 12.40am Jackass: The Movie: Comedy starring Johnny Knoxville. 2.25-4.00am Wendy and Lucy: Drama.

**COMEDY CENTRAL (126)**

7.00pm The King of Queens 8.00 Frasier 9.00 Two and a Half Men 10.00 Lee Evans: Big - Live at the O2 11.10 Peter Kay: The Early Days 11.40 Sex and the

**ESPN**

7.00pm NHRA Drag Racing 10.00 AFL Review Show  
11.00 The Ultimate Fighter 12.00m't Bassmaster Elite Series 2.00am Press Pass 2010 2.30 AFL Review Show 3.30 Basketball 4.00-6.00am Baseball

City 12.50am Two and a Half Men 1.50 South Park 2.50 The Office: An American Workplace 3.25 The Sarah Silverman Program 3.55 Two and a Half Men 4.20 The King of Queens 5.10-6.00am Frasier

**BBC3 (115)**

7.00pm I: Kasabian 8.00 Don't Tell the Bride 9.00 The Mighty Boosh 10.00 EastEnders 10.30 Mongrels 11.00 Family Guy 11.45 The Mighty Boosh 12.45am Mongrels 1.15 Don't Tell the Bride 2.15 Wags, Kids and World Cup Dreams 3.15 Bizarre ER 3.45 T: Kasabian 4.45 The Real Hustle Undercover 5.15-5.25am Great Movie Mistakes

**E4 (136)**

7.00pm Hollyoaks 7.30 Friends 9.00 Smallville: Zan and Jayna travel to Metropolis to help Clark fight crime. 10.00 The Ricky Gervais Show 10.30 The Cleveland Show 11.00 King of the Hill

11.55 My Name Is Earl: Comedy. 12.25-6.00am Big Brother: Live

**DAVE (111)**

7.00pm Seaside Rescue 8.00 Full Circle with Michael Palin 9.00 QI 10.20 Would I Lie to You? 11.40 QI 1.00am Would I Lie to You? 1.40 Lead Balloon: Comedy. 2.15 Never Mind the Buzzcocks 2.45-3.00am **SPORT** Radical Highs

**MTV ONE (350)**

7.00pm Gossip Girl 8.00 16 and Pregnant 9.00 The Hills 9.30 The City 10.00 Randy Jackson's America's Best Dance Crew 11.00 Nitro Circus 12.00m't South Park 1.00am Jackass 2.00 Jersey Shore 3.00-6.00am MTV Playlist

**VIRGIN 1 (121)**

7.00pm Star Trek: Voyager 8.00 Nothing to Declare 9.00 Sun, Sea and A&E 10.00 Brit Cops: Frontline Crime UK 11.00

NEW  
ISSUE  
ON SALE  
TODAY!

13 JULY

# TUESDAY

FULL 7  
DAY TV  
GUIDE!

sky1

**6.00am** A Town Called Eureka (R)(HD)  
**7.00** Brainiac: Science Abuse (R)(HD)  
**8.00** Oops TV (R) **9.00** The Real A&E (R)(HD) **10.00** UK Border Force (R)(HD)  
**11.00** X-Weighted: Families (R)  
**12.00noon** Law & Order (R)(HD) **1.00pm** The Real A&E (R)(HD) **2.00** A Town Called Eureka (R)(HD) **3.00** Stargate SG-1 (R)  
**4.00** Stargate SG-1 (R) **5.00** Malcolm in the Middle (R)(HD) **5.30** Malcolm in the Middle (R)(HD) **6.00** Oops TV (R) **6.30** The Simpsons: Treehouse of Horror XII. (R)

### 7.00 The Simpsons

Homer and Marge get married for a second time. Sadists! (R)(HD)

### 7.30 The Simpsons

Marge and Lisa talk about strong women. Not the best episode. (R)(HD)

### 8.00 Ouch! Sextuplets

If ever a title was designed to put us off watching, it's this one! Yuck. (R)

### 9.00 House

The miserable medic is taken hostage by a gun-wielding stranger demanding immediate medical attention. (R)(HD)

### 10.00 House

A personal trainer filming an exercise DVD collapses. (R)(HD)

### 11.00 Petnapped

Tedious guff about stolen pets. (R)

### 12.00m't Inside: America's Toughest Jail

Life inside Maricopa County jail, Arizona, one of America's most notorious prisons. You really don't want to end up here! (R)

### 1.00am Road Wars 1.50 Oops TV 2.40

Road Wars 3.30 Shear Genius 4.20 Tim Gunn's Guide to Style 5.10-6.00am Are You Smarter Than a 10 Year Old?

### Eurotrash: The Sexy Bits 11.30

Sexarama 12.00m't Challenge Jackpot: Live interactive gaming. 3.00am Booze Britain: Binge Nation: A university drinking club in Walsall. 4.00-5.00am Pyramid Game with Donny Osmond

### SYFY (129)

7.00pm Smallville 8.00 **FILM** 2012: Supernova: Sci-fi adventure starring Brian Krause. **9.40** **FILM** The Day the Earth Stopped: Thriller starring C Thomas Howell. **11.20** **FILM** Thrill Seekers: Thriller. 1.10am **FILM** Ba'al: The Storm God: Fantasy thriller. 3.00 Medium 4.00 Angel 5.00-6.00am Smallville

### FX (164)

7.00pm NCIS: Double bill. **9.00** Family Guy **9.30** American Dad! **10.00** Nip/Tuck **11.00** True Blood **12.00m't** Farscape **1.00am** Babylon 5 **2.00** ReGenesis **3.00-4.00am** Charlie Jade

## TODAY'S MUST-SEES



### That Mitchell And Webb Look

BBC2, 9pm

**COMEDY**

The Peep Show duo

return for a fourth series of comedy sketches, with new characters including Sherlock Holmes and Dr Watson in their declining years and the world's worst public speaker. Meanwhile, snooker commentators Ted and Peter are reduced to hosting Dog Poker on Dave – a fate Mitchell and Webb needn't worry about. Brilliant telly! ★★★★

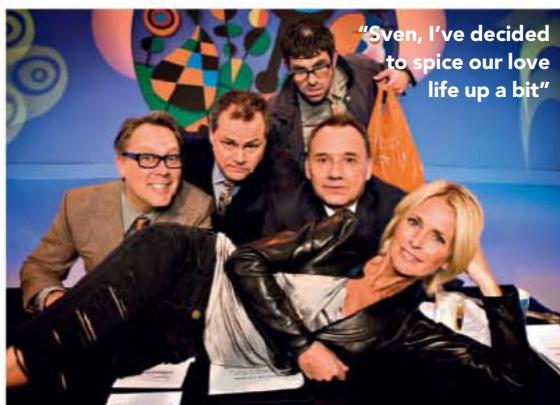


### CSI: Miami

Five, 9pm

**DRAMA**

With Eric on a life support machine after being shot at the end of the previous series, the first episode of this eighth series of the top crime drama sees him have a flashback to 1997, when the team was formed. Odd! ★★★★



### Shooting Stars

BBC2, 9.30pm

**COMEDY**

Vic Reeves and Bob Mortimer are back with a new series of the hit comedy panel show. Jack Dee and Ulrika-ka-ka-ka return as team captains, while rapper Example and Hairy Biker Si King are among the guests. ★★★★



### River Monsters

Discovery, 9pm

**DOCU**

Killer catfish? Surely not! But on the Amazon river, there are tales told of men being swallowed whole by gigantic specimens. So, extreme angler Jeremy Wade heads to South America to see if the stories might be true. ★★★★



### True Stories: Maradona

More4, 10pm

**DOCU**

With his shiny suit, dodgy facial hair and nutty touchline antics during the World Cup, it's easy to forget Diego Maradona was once a very controversial sporting figure. Here's why. ★★★★

# Nuts TV

BBC  
ONE

6am  
6.00am Breakfast 9.15 Heir Hunters (R)  
10.00 Homes Under the Hammer (R)  
11.00 Real Rescues 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt: *From Ardingly, West Sussex*. 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.25 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC  
TWO

6.00am CBeebies 8.00 CBBC 11.05 The Flintstones (R) 11.30 Daily Politics 1.30pm Working Lunch 2.00 Open Gardens (R) 2.30 Ready Steady Cook (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! (R) 4.30 Ben Fogle's Escape in Time 5.15 Escape to the Country (R) 6.00 Eggheads: Quiz Show (R) 6.30 Antiques Road Trip: *From Kendal in Cumbria, to Liverpool*. (R)

itv  
1

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show (R) 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal 3.00 60 Minute Makeover (R) 4.00 Midsomer Murders (R) 5.00 The Chase: Quiz Show 6.00 Regional News, Weather 6.30 ITV News

4

6.20am The Hoobs (R) 6.45 Big Brother's Little Brother 7.10 Big Brother (R) 8.20 Frasier (R) 8.45 Fern Britton's 5 O'Clock Show (R) 9.45 Deal or No Deal (R) 10.30 Everybody Loves Raymond (R) 11.00 Friends (R) 12.00noon Channel 4 News Summary 12.05pm Wife Swap USA (R) 1.00 Come Dine with Me (R) 3.25 Countdown 4.10 Deal or No Deal 5.00 Fern Britton's 5 O'Clock Show 6.00 The Simpsons (R) 6.30 Hollyoaks

FIVE

6.00am Milkshake! 9.45 Michaela's Animal Road Trip (R) 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 House (R) 1.45 Neighbours 2.15 Home and Away 2.50 Don't Stop Believers 2.55 County Secrets (R) 3.05 FILM *The Last Chance: Western* starring Jennie Garth, 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Don't Stop Believers (R) 6.30 Live from Studio Five

6am

7pm

1am

7.00 The One Show  
7.30 Penguin Island  
**NEW** The fish-gulping inhabitants of Phillip Island, Australia.  
8.00 Waterloo Road  
Schoolyard shenanigans.  
9.00 The Silence  
Amelia lip-reads a compromising conversation between Rocky and Mac.  
10.00 BBC News, Weather  
10.35 The National Lottery Draws  
10.45 The Bionic Vet  
The vet helps a dog recover from being hit by a car. And then crushes the car with his bionic arms. Woof!

11.15 Dan in Real Life  
**FILM** Solid rom-com starring Steve Carell as a widowed journo who falls in love with his brother's new girlfriend. Uh-oh! Trouble's brewing.

12.50am Sign Zone: My Life

7.00 Golf: The Open Champions Challenge  
**SPORT** A review of today's four-hole competition on the Old Course at St Andrews. Fore!  
8.00 How to Beat Tough Times: Money Watch  
More blather about the recession. Yawn.  
9.00 Dragons' Den  
**MUST-SEE** "Right, here's my idea – it looks like an ordinary pen, but it's also an umbrella! Can I have some money now?"  
10.00 Rev  
Adam takes a stand against the opening of a lap-dancing club. Er, why? (R)  
10.30 Newsnight  
11.20 That Mitchell and Webb Look  
More daft sketches from the boys. (R)  
11.50 James May's Toy Stories  
James enters a Plasticine garden into the Chelsea Flower Show. (R)  
12.50am Tribal Wives

7.00 Emmerdale  
Natasha plans a last supper with the family, where she plans to confess to killing Mark. Only after dessert though.  
7.30 Coronation Street  
8.00 Midsomer Murders  
A player is bludgeoned to death at the golf course. Maybe he'd cheated on his wife with a string of waitresses. (R)  
10.00 ITV News  
10.35 Frantic  
**FILM** Roman Polanski thriller starring Harrison Ford as an American doctor in Paris, who gets embroiled in all sorts of sinister trouble after his wife is kidnapped.  
12.45am The Zone  
Interactive game show nonsense.

7.00 News  
7.55 4thought.tv  
8.00 How to Look Good Naked  
**NEW** Gok Wan is back for more fashion-based flouncing.  
9.00 Living with Brucie  
At home with mega-chinned legend Bruce Forsyth, and his ex-Beauty Queen wife. Nice to see them, to see them...  
10.00 Big Brother  
The steady descent into madness continues! Punch-up, anyone?  
11.10 The Big Bang Theory  
Sheldon tries to conceal his friendship with Penny from Leonard. The sly dog.  
11.35 My Name Is Earl  
Darnell and Joy enter the witness protection programme.  
12.35 Music on 4: The Album Chart Show Spotlight  
12.50 Mercury Prize Sessions  
A performance by the Temper Trap. (R)

7.30 Escape from Auschwitz  
The stories of those who managed to escape the Auschwitz death camp. (R)  
8.00 The Lost Evidence  
**NEW** Old war footage reveals the tactics that won the Battle of Britain. Worth watching if you need a bit of cheering up, post-World Cup!  
9.00 NCIS  
Tony's cover is blown as the hunt for La Grenouille intensifies. (R)  
10.00 CSI: NY  
The body parts of a wrestling coach are scattered around the city. Smackdown! (R)  
10.55 K-Ville  
**MUST-SEE** A woman's murder is complicated voodoo magic. Hate it when that happens.  
11.55 Poker  
**SPORT** Highlights of the recent Big Game IV event.

1.20 Mary, Queen of Shops (R) 2.20 The Delicious Miss Dahl: Cooking show. (R)  
2.50 Put Your Money Where Your Mouth Is (R) 3.50-6.00am BBC News

1.50-3.50am BBC News

2.50 The Jeremy Kyle Show (R)  
3.45-5.30am ITV Nightscreen

1.05 Big Brother: Live 4.15 **SPORT** Beach Volleyball 5.10-5.55am Countdown (R)

1.00am SuperCasino 4.05 House Doctor (R) 4.55 Rough Guide To (R) 5.10 The New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: 7.30pm The Beechgrove Garden

BBC1 NORTHERN IRELAND: 10.45pm **SPORT** Colin and Graham's Excellent Adventures 11.15 The Bionic Vet 11.45 **FILM** Dan in Real Life: *Romantic comedy* starring Steve Carell and Juliette Binoche.

BBC1 WALES: 10.45pm Crash 11.15 The Bionic Vet

11.45 **FILM** Dan in Real Life: *Romantic comedy* starring Steve Carell and Juliette Binoche. BBC2 SCOTLAND: 11.00pm Newsnight Scotland, Weather STV: 8.00pm Cops with Cameras 9.00 **SPORT** Jack

Nicklaus' Greatest Open Course 10.35 **FILM** Along

Came Polly: *Romantic comedy*, 12.15am Roulette Nation 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift ULSTER: 10.35pm **NEW** Road Warriors 11.35 Brain Box 2.00-2.50am Numb3rs

## TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans  
9.00 Football Asia  
9.30 Netbusters  
10.00 **LIVE** Cricket: *Leather-thwacking action on day two of the first Test between Pakistan and Australia at Lord's. (HD)*  
6.30pm Boots 'n' All  
7.30 Football's Greatest: *Combos ahoy, it's Bobby Charlton!*  
8.00 Cricket: *Highlights from the second day of the first Test between Pakistan and the Aussies at Lord's. (HD)*  
10.00 Boots 'n' All  
11.00 Cricket: *Highlights from Pakistan vs Australia at Lord's. (HD)*  
1.00am Soccer AM: *The Best Bits: Some of the highlights from the past season.*  
2.00 FIFA Futbol Mundial  
2.30 Boots 'n' All  
3.30 Cricket (HD)  
5.30-6.00am FIFA Futbol Mundial

sky SPORTS 2

6.00am Aerobics  
6.30 Ocean Ride  
7.00 WWE: Vintage Collection  
8.00 Golf  
9.00 Thinking Tackle  
10.00 Golf  
12.00noon Mountain Biking  
12.30pm Netbusters  
1.00 Premiership Years  
3.00 Golf  
5.00 Premiership Years  
7.00 **LIVE** Winning Post: *Nag-based action from this evening's feature races.*  
9.00 Motor Racing: *Round four from the Norisring in Nuremberg.*  
10.00 Transworld Sport  
11.00 Golfing World  
12.00m't European Tour Weekly  
12.30am Inside the PGA Tour (HD)  
1.00 Golf  
2.00-4.00am Golf

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.20pm *Titanic: Oscar-winning blockbuster with Kate Winslet and Leonardo DiCaprio.* 11.00 *This Boy's Life: Drama* starring Leonardo DiCaprio.  
1.15-3.15am *The Silence: Drama.*

COMEDY CENTRAL (126)

7.00pm *The King of Queens 8.00 Frasier 9.00 Two and a Half Men*  
10.00 **FILM** *Austin Powers: The Spy Who Shagged Me: Spoof espionage thriller sequel* starring Mike Myers and Heather Graham. 11.50 *Sex and the City 1.00am Two and a Half Men 2.00 South Park*

ESPN 7.00pm *Baseball 8.00 Basketball: FIBA World Magazine 8.30 AFL Review Show 9.30 Russian Premier League Review 10.00 30 for 30 11.00 Major League Baseball 3.00-5.00am Bassmaster Elite Series*

3.00 *The Office: An American Workplace 3.30 The Sarah Silverman Program 4.00 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier*

BBC3 (115)

7.00pm *The World's Strictest Parents 8.00 Big Meets Bigger 9.00 **FILM** V for Vendetta: Action thriller starring Natalie Portman.* 11.00 *Family Guy: Bonnie gives birth to a girl.* 11.45 *American Dad!: Francine dreams of destroying George Clooney.* 12.30am *Mongrels: Destiny takes the credit when Marion performs* *feat of heroism.* 1.00 *Waterloo Road 2.00 Wags, Kids and World Cup Dreams 3.00 Big Meets Bigger 4.00 Mongrels 4.30-5.25am The World's Strictest Parents*

E4 (136)

7.00pm *Hollyoaks 7.30 Friends 9.00 **FILM** Hot Shots! Part Deux: *Spoof action movie sequel* starring Charlie Sheen*

and Valeria Golino. 10.45 You Have Been Watching 11.35 *Rude Tube 12.40-6.00am Big Brother: Live*

DAVE (111)

7.00pm *Seaside Rescue 8.00 James May's Big Ideas: The latest developments in humanoid robots.* 9.00 *Mock the Week 10.20 Argumental: With guests Dara O'Briain and Mark Watson.* 11.40 *Mock the Week: With David Mitchell.* 1.00am *Never Mind the Buzzcocks 2.15 Rich Hall's Fishing Show 2.45-3.00am **SPORT** Radical Highs: *Mountainboarding.**

MTV ONE (350)

7.00pm *Gossip Girl 8.00 The City 9.00 16 and Pregnant 10.00 Jessica Simpson: Price of Beauty 10.30 Cribs 11.00 Nitro Circus 12.00m't South Park: Cartman and Kyle wage war against each other.* 1.00am *Jackass: Nutty stunts.* 2.00 *Jersey Shore 3.00-6.00am MTV Playlist*



**6.00am** A Town Called Eureka (R)(HD)  
**7.00** Brainiac: Science Abuse (R)(HD)  
**8.00** Oops TV (R) **9.00** The Real A&E (R)(HD) **10.00** UK Border Force (R)(HD)  
**11.00** X-Weighted: Families (R)  
**12.00noon** Law & Order (R)(HD) **1.00pm** The Real A&E (R)(HD) **2.00** A Town Called Eureka (R)(HD) **3.00** Stargate SG-1 (R)  
**4.00** Stargate SG-1 (R) **5.00** Malcolm in the Middle (R) **5.30** Malcolm in the Middle (R) **6.00** Oops TV: Selection of home videos and out-takes. (R) **6.30** The Simpsons: Moe refurbishes the bar. (R)

**7.00 The Simpsons**

Marge and Homer rent an apartment in an affluent area. Ooh, get them! (R)(HD)

**7.30 The Simpsons**

Mayor Quimby decides to shut the Springfield borders. (R)(HD)

**8.00 My Pet Shame**

**NEW** Embarrassing pets. Fairly embarrassing idea for a TV show as well. Turn it off! (HD)

**9.00 Erin Brockovich**

**FILM** True-story drama starring Julia Roberts as a single mother who takes a job in a law firm, only to become a tree-hugging crusader. (HD)

**11.35 The Real A&E**

Like Casualty, but with real blood. (R)

**12.05am Real Filth Fighters**

Following specialist clean-up teams. (R)

**12.35 Oops TV**

More home-video chuckles. (R)

**1.35** Inside: The Prison Code (R) **2.30** Oops TV (R) **3.25** Shear Genius (R) **4.20** Guide to Style (R) **5.10-6.00am** Are You Smarter Than a 10 Year Old? (R)(HD)

**VIRGIN 1 (121)**

**7.00pm** Star Trek: Voyager **8.00** Duncan Bannatyne's Seaside Rescue **9.00** Criminal Minds: Hotch requests a transfer. **11.00** Medium **12.00m't** Challenge Jackpot **3.00am** Booze Britain: Binge Nation **4.00-5.00am** Pyramid Game with Donny Osmond

**SYFY (129)**

**7.00pm** Smallville **8.00** Impact: Disaster drama starring David James Elliott. **11.40** Painkiller Jane **2.00am** Buffy the Vampire Slayer **3.00** Medium **4.00** Angel **5.00-6.00am** Smallville

**FX (164)**

**7.00pm** NCIS **9.00** Family Guy: Peter decides to buy a pick-up truck and become a redneck. **9.30** American Dad! **10.00** Dexter: Drama. **12.00m't** Farscape **1.00am** Babylon 5 **2.00** ReGenesis **3.00-4.00am** Charlie Jade

**TODAY'S MUST-SEES**

"Peter, just take the stack heels off"

**Dragons' Den**

BBC2, 9pm

**REALITY**

The bonkers ideas series is back! So, expect Theo Paphitis to say he isn't about to blow his kids' inheritance on any hare-brained idea that's pitched to him, Duncan Bannatyne to continually fall out with Peter Jones, and for the Dragons to finally invest in an idea so obvious you'll kick yourself for not coming up with it yourself. Tonight, inventors try to obtain backing for a vineyard, road signs and frozen puddings respectively. They'll be lucky. ★★★★

**IT'S THE BUSINESS!**

"Yeah, double pepperoni and a bottle of Coke to Flat 4"



"Dad, you're too old for a baseball cap"

**Green Zone**

Sky Box Office/HD, From 6.30am

**FILM**

Matt Damon plays a US Army man sent to Iraq to find weapons of mass destruction, then gets into trouble when he doubts their existence. Another ace film from the Bourne team. ★★★★

**K-Ville**

Five, 10.55pm

**DRAMA**

The fourth episode of the solid New Orleans crime drama set in the aftermath of Hurricane Katrina sees the inquiry into a woman's murder complicated by clues hinting at the practice of voodoo magic. Ooh! ★★

**Justified**

Five USA, 10pm

**DRAMA**

More gun-toting crime cracking from the Stetson-adorning 19th century-style, modern-day police officer (er, just watch it – you'll get the idea). Givens (Timothy Olyphant) continues to try to take down the Crowders. ★★★



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BBC  
ONE

6am  
6.00am Breakfast 9.15 Heir Hunters (R)  
10.00 Homes Under the Hammer (R)  
11.00 Real Rescues 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote: A theatre producer meets a grisly fate. (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.25 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC  
TWO

6.00am CBeebies 8.00 CBBC 9.00  
LIVE Golf: The Open Championship: The opening day on the Old Course at St Andrews in Fife, Scotland. Excellent!

itv  
1

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning: With John Barrowman and Peter Mandelson. 12.30pm Loose Women: With entrepreneur Peter Jones. 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal 3.00 60 Minute Makeover (R) 4.00 Midsomer Murders (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News

4

5.55am Yo Gabba Gabba (R) 6.20 The Hoobs (R) 6.45 Big Brother's Little Brother 7.10 Big Brother (R) 8.20 Frasier (R) 8.45 Fern Britton's 5 O'Clock Show (R) 9.45 Deal or No Deal (R) 10.30 Everybody Loves Raymond (R) 11.00 Friends (R) 12.00noon Channel 4 News 12.05pm Wife Swap USA (R) 1.00 Come Dine with Me (R) 3.25 Countdown 4.10 Deal or No Deal 5.00 Fern Britton's 5 O'Clock Show 6.00 The Simpsons (R) 6.30 Hollyoaks

FIVE

6.00am Milkshake! 9.45 Michaela's Animal Road Trip (R) 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 House (R) 1.45 Neighbours 2.15 Home and Away 2.50 Don't Stop Believers 2.55 County Secrets (R) 3.10 FILM Mystery Woman: In the Shadows: Crime mystery starring Kellie Martin. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Don't Stop Believers (R) 6.30 Live from Studio Five

6am

7pm

1am

## 7.00 The One Show

### 7.30 EastEnders

Phil gives Ben one last chance to run away. Can we have one too?

### 8.00 Waterloo Road

Finn suggests to Amy they make the ultimate sacrifice.

### 9.00 The Silence

Amelia tries to bring the murderers to justice. It's squeaky bum time!

### 10.00 BBC News, Weather

### 10.35 Question Time

Topical gasbagging.

### 11.35 This Week

Gaah, more political flannel!

### 12.25am Sign Zone: Panorama

Revisiting Haiti after the earthquake. (R)

### 12.55 Cracking Antiques

Do you really care how much that old dear's vase is worth? No, thought not. (R)

## 8.00pm The Private Life of Chickens

Is it just us, or are the Beeb seriously struggling for new ideas?

### 9.00 Victorian Pharmacy

A look at 19th Century remedies. Eye of newt, toe of frog, that sort of thing.

### 10.00 Mock the Week

**MUST-SEE** Patrick Kielty, Zoe Lyons and Milton Jones are this week's guests on the ace news-bashing quiz show.

### 10.30 Newsnight

### 11.20 Dragons' Den

More crackpot inventors embarrass themselves whilst Paphitis and co stroke their cash and look cross. (R)

### 12.20am How to Beat

### Tough Times: Money Watch

How not to throw all your money away down the pub. Oops, too late. (R)

## 7.00 Emmerdale

Natasha goes to the police station to confess, but they're busy dealing with a notorious goat-rustling ring.

### 7.30 Made in Britain: Tonight

A look at the UK's manufacturing industries. Thrilling stuff.

### 8.00 Emmerdale

Oh no – there's more!

### 8.30 Coronation Street

### 9.00 Homes from Hell

Property-based nightmares.

### 10.00 ITV News

### 10.35 Cops with Cameras

Not as imposing as the cops with guns, but they take a nice picture. (R)

### 11.35 The Late Debate

Politicians rattling on about nothing.

### 12.05am Grimefighters

Police help a council worker evict squatters in Leicester. (R)

### 12.30 The Zone

Interactive games and shopping.

## 7.00 News

### 7.55 4thought.tv

### 8.00 Celebrity Come Dine with Me

Featuring Sam Fox, Calum Best and Jeff Brazier. "Celebrity"? Hmmm.

### 9.00 Undercover Boss

**NEW** A hotel-chain executive spends a few days getting his hands dirty. Then goes back to his big office again. A bit pointless? Yep.

### 10.00 Big Brother

The latest bitching and bawling.

### 11.10 Skins

JJ falls for Lara, a cashier from his workplace, but struggles to ask her out on a date. Man up JJ, man up!

### 12.15am Dirty Sexy Money

Chase threatens the Darling family, and Karen faces an armed intruder.

## 7.30 Fifth Gear

Like Top Gear, only not quite as good.

## 8.00 Heavy Haulers

**MUST-SEE** Extreme fishing? Pah. Extreme tree-cutting? Pfft. Extreme moving is where it's at now, and the Patterson family are the best in the business, carting massive structures across the States in their big truck. Nice.

## 9.00 Romeo Must Die

**FILM** Martial-arts thriller starring Jet Li and Aaliyah.

## 11.20 Police Interceptors

A man is caught with a van full of stolen clothes. Talk your way out of that one, mate! Big laundry run? (R)

## 12.20am SuperCasino

Live interactive gaming.

### REGIONAL VARIATIONS

**BBC1 WALES:** 11.35pm Dragon's Eye 12.05-12.55am This Week **BBC2 SCOTLAND:** 11.00pm Newsnight Scotland **STV:** 10.35pm **FILM** Dead or Alive: Offbeat Japanese crime thriller starring Shô Aikawa. **12.00m't Roulette Nation** 1.00am The

Jeremy Kyle Show 2.00-5.30am The Nightshift

**ULSTER:** 10.35pm Crash Scene Investigators 11.35

Brain Box 2.00-2.30 Countrywise **ITV1 WALES:**

7.30pm Wales This Week 10.35 Sharp End 11.05

Made in Britain: Tonight 11.35 Countrywise

1.05 Big Brother: Live 3.05 Dispatches: Africa's Last Taboo (R) 4.00 **FILM** The Dark Corner: Film noir thriller starring Mark Stevens. 5.35-6.20am Countdown (R)

4.05 House Doctor (R) 4.55 Rough Guide to Journeys: Italy and Thailand. (R) 5.10 The New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge (R)

## TODAY'S SPORT

**sky SPORTS 1**

6.00am Good Morning Sports Fans  
9.00 Inside the PGA Tour (HD)  
9.30 European Tour Weekly  
10.00 **LIVE** Cricket: Pakistan's battle with Australia continues on the third day of the first test at Lord's. (HD)  
6.30pm Football's Greatest: The career of former West Germany star Gerd Müller. Boo! Hiss! He was good though.  
7.00 **LIVE** Cricket: All the action from one of this evening's Twenty20 Cup round-robin matches. Slogtastic! (HD)  
10.30 Cricket: Today's highlights between Pakistan and Australia from Lord's. (HD)  
11.30 Time of Our Lives: Jack Charlton and Norman Hunter look back at Don Revie's managerial spell at Leeds.  
12.30am Cricket (HD)  
2.30 Cricket (HD)  
3.30 Premier League World  
4.00-6.00am Cricket (HD)

**sky SPORTS 2**

6.00am Aerobics  
6.30 Ocean Ride  
7.00 WWE: Experience (HD)  
8.00 Golf  
9.00 Rallyzone  
9.30 FIFA Fubol Mundial  
10.00 Modern Pentathlon  
11.00 Rallyzone  
11.30 Total Rugby  
12.00noon Boots 'n' All  
1.00pm Premiership Years  
3.00 DTM Motor Racing  
4.00 Boots 'n' All  
5.00 Premiership Years  
7.00 Premier League World  
7.30 **LIVE** Rugby League: Hull FC vs Hull KR at the KC Stadium, kick-off 8pm. (HD)  
10.00 WWE: Late Night – Raw (HD)  
12.00m't WWE: NXT (HD)  
1.00am Rugby League (HD)  
2.30-4.30am Premiership Years

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

### FILM4 (315)

6.15pm Oliver Twist: Dickens drama starring Ben Kingsley and Barney Clark.  
9.00 In Her Shoes: Bittersweet comedy drama starring Cameron Diaz. **11.30** William Shakespeare's Romeo + Juliet: Romantic drama starring Leonardo DiCaprio. 1.45-3.35am The House by the Cemetery: Horror with Catriona MacColl.

### COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Frasier: Roz auditions for a radio presenting job. 9.00 Two and a Half Men 10.00 Michael McIntyre's Comedy

### Roadshow: From the Edinburgh Playhouse

11.00 Peter Kay at the Comedy Store 11.30 Sex and the City 12.40am Two and a Half Men 1.40 South Park 2.40 The Office: An American Workplace 3.10 The Sarah Silverman Program 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

### BBC3 (115)

7.00pm Total Wipeout: Game show. 8.00 Undercover Princesses 9.00 Big Meets Bigger 10.00 EastEnders 10.30 Lee Nelson's Well Good Show: Jason Bent launches his autobiography. 11.00 Family Guy: Peter befriends OJ Simpson and Lois gets a job at Fox News. 11.45 Big Meets Bigger 12.45am Waterloo Road 1.45 Lee Nelson's Well Good Show: More stand-up and sketches. 2.15 Wags, Kids and World Cup Dreams 3.15 Undercover Princesses 4.15 The Real Hustle Undercover 4.45-5.15am Bizarre ER

### E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 **MUST-SEE** The Big Bang Theory 9.30 How I Met Your Mother 10.00 Accidentally on Purpose 10.35 Alan Carr: Chatty Man 11.25 Important Things 11.55 My Name Is Earl 12.25-6.00am Big Brother: Live

### DAVE (111)

7.00pm Seaside Rescue 8.00 Dragons' Den 9.00 Never Mind the Buzzcocks 10.20 Have I Got News for You 11.40 Never Mind the Buzzcocks 1.00am Have I Got News for You 2.15 Pulling 2.45-3.00am **SPORT** Radical Highs

### MTV ONE (350)

7.00pm Gossip Girl 8.00 16 and Pregnant 9.00 The Hills 9.30 The City 10.00 Randy Jackson's America's Best Dance Crew 11.00 Guy's Choice Awards 2010 1.00am Jackass 2.00 Jersey Shore 3.00-6.00am MTV Playlist

15 JULY

THURSDAY

FULL 7  
DAY TV  
GUIDE!

sky 1

**6.00am** A Town Called Eureka (R)(HD)  
**7.00** Brainiac: Science Abuse (R)(HD)  
**8.00** Oops TV (R) **9.00** The Real A&E (R)(HD) **10.00** UK Border Force (R)(HD)  
**11.00** X-Weighted: Families (R)  
**12.00noon** Law & Order (R)(HD) **1.00pm** The Real A&E (R)(HD) **2.00** A Town Called Eureka (R)(HD) **3.00** Stargate SG-1 (R)  
**4.00** Stargate SG-1 (R) **5.00** Malcolm in the Middle: *Francis encourages Lois to talk to him.* (R) **6.00** Oops TV (R) **6.30** The Simpsons: *Homer is hypnotised.* (R)

**7.00** The Simpsons  
 Bart trades lives with a lookalike. (R)

**7.30** The Simpsons  
 Principal Skinner rediscovers the meaning of teaching. (R)(HD)

**8.00** The Real A&E  
 The team help a woman who is impaled on a rusty garden fence. Ouch! (R)

**8.30** Real Filth Fighters  
 Following London's specialist clean-up teams. Maybe they can get the rust off that garden fence? And the blood. (R)

**9.00** Lie to Me  
 Cal is called in to help find a gunman who paralysed a policeman. (HD)

**10.00** A League of Their Own  
 Sporting chuckles with Matt Le Tissier and Stephen Mangan. (R)(HD)

**10.30** Modern Family  
 The family go to Hawaii. (R)(HD)

**11.00** NCIS: Los Angeles  
 The team try to recover a stolen Predator drone, then go after an ex-marine who killed a businessman. Busy night! (R)(HD)

**1.00** Inside: Prison Tactical **1.50** Road Wars (R) **2.40** Oops TV **3.30** Shear Genius (R) **4.20** Guide to Style (R) **5.10-6.00am** Are You Smarter Than a 10 Year Old? (R)

**VIRGIN 1 (121)**

**7.00pm** Star Trek: Voyager **8.00** Chuck: Morgan and Ellie investigate Chuck's strange behaviour. **9.00** Medium: Part one of two. **10.00** Hustle **11.05** Most Shocking **12.00m't** Challenge Jackpot **3.00am** Booze Britain: Binge Nation **4.00-5.00am** Pyramid Game

**SYFY (129)**

**7.00pm** Smallville **8.00** FILM Quantum Apocalypse **10.00** Painkiller Jane **12.00m't** FILM Transmorphers: Fall of Man: Sci-fi action thriller. **2.00am** Buffy the Vampire Slayer **3.00** Painkiller Jane **4.00** Angel **5.00-6.00am** Smallville

**FX (164)**

**7.00pm** NCIS **9.00** Family Guy: Peter befriends Bill Clinton. **10.00** American Dad! **11.00** Family Guy **12.00m't** Farscape **1.00am** Babylon 5 **2.00** ReGenesis **3.00-4.00am** Charlie Jade

## TODAY'S MUST-SEES

# LEGEND!



"I'm the chief around here"



"Nice caravan, Roman"

## Heavy Haulers

Five, 8pm

**DOCU** New series following the decidedly nutty work of the Patterson family and their attempts to shift huge structures all over the US. First up, they attempt to move a 400-tonne brick mansion five miles across town. Over ice. Heck! ★★★



Gay swinging made them happy

## Mock The Week

BBC2, 10pm

**COMEDY** More of the top show that pokes fun at the week's headlines. Guests include Patrick Kielty, host of Channel 4's Stand Up For The Week – a top show that pokes fun at the week's headlines. Does anyone else hear an echo? ★★★★

## Sex & Drugs & Rock & Roll

Sky Box Office/HD, From 6am

**FILM** Ian Dury was a one-off in popular music, a true star who also happened to be disabled. Left partially crippled by childhood polio, he and his group The Blockheads had some huge hits during the punk era. As a result of his stardom, he enjoyed all the trappings of the rock'n'roll lifestyle, especially the first two things mentioned in the title. Andy Serkis completely inhabits the role of Dury in this top biopic. Excellent! ★★★★



## The Big Bang Theory

E4, 9pm

**COMEDY** There's friction among the sartorially challenged flatmates when Sheldon invites a lady physicist to stay at the flat, only to become more than a bit put out when she takes a shine to Leonard. Cue massive geek wars! ★★★★

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- 7. Wrong Number - Is that the Massage Parlour?
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- 9. Your Car Insurance is being Revoked - from 12pm.
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Mates Mum Unleashes Her Massive Boobs! ..... 411623  
19 Yrs Students Sleepover Turns Naughty ..... 415669  
BB Sophie & Sophie Howards Horny Romp ..... 418767  
Caught Mum Seducing My Hot Girlfriend! ..... 413642  
Saucy Fat Babes Play With Their Huge Boobs ..... 416159  
Sexy Chanelle Loves To Tease On Cam! ..... 412395  
18 Yr Olds First Uncensored Home Movie ..... 412177  
My Naughty Wife Got It On With My Bro! ..... 416509  
Danielle Lloyd Strips Off Her Lacy Lingerie ..... 411238  
Frisky Bridesmaids Private Strip Tease! ..... 419867  
Mature Babe Seduced Me In Leather Catsuit ..... 414026  
Naughty Student Reveals All For Cash! ..... 415583  
Holly McGuire's Horny PVC Fetish Vid ..... 413098  
Rosie Jones & Friends Get Frisky For You ..... 419659  
Naughty Nurses Huge Jugs Get Fondled ..... 417295  
5 Mins With Silvia Saint ..... 411622  
Sophie Howard Can't Keep Her Clothes On! ..... 418724  
DD+ Babes Get Randy After Night Out! ..... 416874  
Home Alone Housewife Plays On Cam ..... 416156  
Big Boobs Babe's Shower Self Play Vid ..... 416412  
Caught My Sisters Mate Playing Outsidel ..... 416387  
Saucy Flatmates Experiment On Camera ..... 410949



## RINGTONES!

### chart

	Full MP3	Ringtone
Frisky <b>Tinie Tempah</b>	219047	219063
Gettin Over You <b>David Guetta</b>	218989	218998
Not Afraid <b>Eminem</b>	218984	218992
Ridin' Solo <b>Jason Derulo</b>	218868	218869
Nothin' On You <b>B.o.B</b>	218908	218909
Candy <b>Aggro Santos</b>	218990	218999
We Dance On N-Dubz	218985	218993
OMG <b>Usher</b>	218588	218589
Solo <b>Iyaz</b>	218991	219017
Stereo Love <b>Edward Maya</b>	218875	218876
Good Times <b>Roll Deep</b>	218777	218778
She Said <b>Plan B</b>	218586	218587
Pass Out <b>Tinie Tempah</b>	218293	218288
Neutron Star Collision <b>Muse</b>	218918	218917
Until You Were Gone <b>Chipmunk</b>	218797	218799
Riverside <b>Sidney Sampson</b>	217165	217231
Dirty Picture <b>Taio Cruz</b>	218637	218636
Opposite Of Adults <b>Chiddy Bang</b>	218340	218336
Sex On Fire <b>Kings Of Leon</b>	217576	217438
Rock That Body <b>Black Eyed Peas</b>	218481	218480
This Aint A... <b>Scouting For Girls</b>	218582	218584

### txt alerts

the inbetweeners	
Top Gear	
Father Ted	
Formula 1	
Only Fools & Horses	
The Inbetweeners	
Question Of Sport	
True Blood	
Southpark	
Big Brother	
Fawlty Towers	
Wimbledon	
Doctor Who	
Auf Wiedersehen Pet	
Family Guy - Surfin Bird	
Star Trek - Khaaaaan!	
Air Horn SFX	
Meerkat - Meerkat Simples!	
Catman South Park - Poker Face	
Fam Guy - Don't Stop Believin'	
Text On Fire - Spoof	
Fam Guy - Surfin Bird	
Star Trek - Khaaaaan!	
Air Horn SFX	
Meerkat - Meerkat Simples!	
Catman South Park - Poker Face	
Fam Guy - Don't Stop Believin'	

### theme tunes

top tv themes
Shameless ..... 217632
Family Guy ..... 212009
Top Gear ..... 213808
Father Ted ..... 218832
Formula 1 ..... 216395
Only Fools & Horses ..... 213188
The Inbetweeners ..... 216869
Question Of Sport ..... 216000
True Blood ..... 216667
Southpark ..... 212842
Big Brother ..... 215577
Fawlty Towers ..... 213951
Wimbledon ..... 216043
Doctor Who ..... 212215
Auf Wiedersehen Pet ..... 219208

### movie themes

The Great Escape	212168
Pearl & Dean	218324
Halloween	217110
The Godfather	217154
Top Gun	211943
Mission Impossible	217286
Smokey & The Bandit	216638
Back To The Future	213834
The A-Team	217152
Ghostbusters	214954

### world cup tones & pics

Shout - Shout For England	219408
Wavin Flag - K'Naan	219064
3 Lions - The Squad 2010	219280
World In Motion - New Order	219265
Three Lions 98 - Baddiel & Skinner	219630
Jerusalem	219354
Nessan Dorma - Three Tenors	219369
Waka Waka - Shakira	219718
Tubthumping - Chumbawumba	219319
Lets Hear It England! CHANT	219821
Vindaloo CHANT	219924
If I Can Dream - Terry Venables	219628
It's Coming Home CHANT	218896
Ingerland Ingerland CHANT	218895
England We Love You CHANT	218898
Vuvuzela Horn SOUND EFFECT	218901
England World Cup Flag ANIMATION	219759
England CHANT	218892
Match Of The Day THEME	216057
Soccer AM THEME	216764
Soccer AM Catwalk THEME	216271
Rooney No.10 WALLPAPER	219780
Gerrard No.4 WALLPAPER	219856
Lampard No.8 WALLPAPER	219857

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 UK Rep Lets hook up...  
 Get my hot pix...text  
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<b>Liz, 20s Hants/UK</b>  Get my hot pix AND HOT VIDEOS ...text <b>LIZ</b> to 68889	<b>Nat (19) MIDLANDS/UK</b>  Text me anytime & Get my pix...and HOT VIDEOS XXX Text <b>NAT</b> to 68889	<b>Tara, UK 47</b>  Get my pix...text <b>TARA47</b> to 68889	<b>ESSEX (34)</b>  Get my pix...text <b>DI</b> to 68889	<b>Ami, 20 GLOUCS.</b>  Get my hot pix and HOT videos ...text <b>AMI</b> to 68889
<b>Moll, Belfast NI (18)</b>  Single and fun loving. Looking to hook up soon! Get my hot pix...text <b>MELL</b> to 68889	<b>Janie, SOUTH (41)</b>  Get my hot pix...text <b>JANIE</b> to 68889	<b>Rita, Wales/UK (45)</b>  Easy going, fun loving, ask me for my really hot pics! Get my hot pix...text <b>RITA45</b> to 68889	<b>WANT FUN NOW?</b> Hook up with hot easy personas FAST! This is a discrete, easy service text - <b>NOW</b> to <b>68889</b>	<b>Lily, UK (40)</b>  Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text <b>LILY</b> to 68889
<b>Daze, anywhere UK</b>  Get my hot pix...and HOT VIDEOS text <b>DAZE</b> to 68889	<b>Beth, North East (38)</b>  Lets have some fun Get my hot pix...text <b>BETH38</b> to 68889	<b>Saucy, 34 Kent/Sussex</b>  Get my hot pix...text <b>SAUCY</b> to 68889	<b>PC followed by your postcode to 68889</b> (for example <b>PC NE344NB</b> ) Text PC followed by your postcode to 68889 and get in on the action! Hook up via your mobile <b>*Text SWAP anytime to swap to a different hot woman*</b> 51.50 per received text.	<b>Ker, Kent/London</b>  Get my hot pix...and VIDEOS text <b>KER</b> to 68889
<b>Lib NORTH WEST (21)</b>  Get my hot pix...and HOT VIDEOS too text <b>LIB</b> to 68889	<b>Nici, LANCS 38 and HOT!</b>  Get my hot pix...text <b>NICI</b> to 68889	<b>Leah, London/Uk (19)</b>  Get my hot pix...and HOT VIDEOS too text <b>LEAH</b> to 68889	<b>Tani South West/UK (43)</b>  Get my hot pix...text <b>TANI</b> to 68889	<b>Also - <a href="http://www.ukeasyaction.com">www.ukeasyaction.com</a></b> <b>HOOK UP NOW - VIA YOUR MOBILE</b>
<b>Carly, 18 UK</b>  Get my hot pix...and HOT videos text <b>CARLY</b> to 68889	<b>Kyli 20, SUSSEX</b>  Get my hot pix and VIDEOS...text <b>KYLI</b> to 68889	<b>Beverly Mids/Uk (30s)</b>  Saucy older woman wants to hear from younger guy 18+. Easy going, Fun loving kind single woman 35 - hopes age doesn't put you off! Get my hot pix...and hot videos text <b>BEVERLY</b> to 68889	<b>UK ANYWHERE</b>  Lets hook up Get my hot pix...text <b>HWILKIE</b> to 68889	<b>Naughty, South West</b>  Hot fun girl looking for flirts! Get my hot pix...and hot vids text <b>NAUGHTY</b> to 68889
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[www.skiddle.com/nuts/kendalcalling](http://www.skiddle.com/nuts/kendalcalling)

### 30th July Tiesto - Victoria Park, London

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[www.skiddle.com/nuts/tiesto](http://www.skiddle.com/nuts/tiesto)

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### 28th/29th August Creamfields - Daresbury Estate, Cheshire

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[www.skiddle.com/nuts/creamfields](http://www.skiddle.com/nuts/creamfields)

### 28th/29th August Sw4 Weekender - Clapham Common, London

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 Gay: Text 'gpea' to 88199  
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 Minimum spend £1.50

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 Gay: Text 'gwall' to 88199

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0908 145 2545



## 45P SEXY GIRLS

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0908 145 0576



## SEXY & MATURE OPEN ALL HOURS

Experienced Ladies - do you need it hard & fast? Well just call these tasty oldies - best get off in the UK!

0909 897 9111



## 40+ YEAR OLD SHARON

Ladies at home that are mature in so many special ways. Chat now to mature women xxx

0909 897 9416



## GIRLFRIENDS JUST FOR 45P YOU

Sexy babes at home desperate to be your girlfriend & to please you in everyway possible.

0908 145 0581



## MATURE WOMAN CRAVES ATTENTION

We just know how to get you off as fast as you want. Superfast, mind-blowing satisfaction from very experienced fit ladies xxx

0909 897 0888



## 45P GIRLS AT HOME

Live flirty chat Single girls who do all the work. Total pure sexy 1on1 xxx

0908 145 0580



## ON THE PULL

45P The baddest girls in town who just adore horny guys looking for a quick fix and some adult relief at any time

0908 145 0575



## GORGEOUS SINGLES

Casual singles seriously up for it with as many guys as you can believe. 30 secs to serious heaven when you just need to get off

0909 897 9412



## SUPERFAST RELIEF!

For a super fast sexy relief that is mind blowing, just give us a call. Girls giving live sexy 121!

0909 897 9442



## JUST 18+

18+ hot, alone & ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx

0909 897 2038



## 45P FAST RELIEF

Get ready to enjoy yourself. Cheap get off with lovely sexy girls desperate to relieve you and their own urges xxx

0908 145 0579



## COLLEGE GIRLS 18+

45P Looking for horny guys to fill their recreation time! Eager and willing to please, all guys needed urgently for the ultimate get off today x

0908 145 0582



## 45P I'LL BLOW YOUR MIND

Fun thrills that'll blow your mind! If you want it live call now for the ultimate relief xxx

0908 145 2543



## VERY BROAD MINDED

Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx

0909 897 9333



## 45P HAVE FUN & RELAX

Up close and personal - lovely girls at home just eager to go live with you 1 on 1! x

0908 145 2542



## BEAUTIFUL LADIES

Lovely larger ladies who just want to give pleasure. 100% private and offering a real sexy adult time

0909 897 9405



## HUNGRY HOUSEWIVES

Just hungry for a wicked time. These gorgeous ladies just looking for an erotic time. 100% totally sexy stimulation xxx

0909 897 9447



## 45P SEXY GIRLS AT HOME

Beautiful funny intelligent sexy girls with lots of energy that needs to be used now x

0908 145 2544



## 45P VERY HOT LADIES

Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x

0909 897 0612



## 45P DIVORCED & SEXY

Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx

0908 145 0577



## 45P HOT & SEXY

When you just cannot wait and need a real fast quickie session. Call now for relief

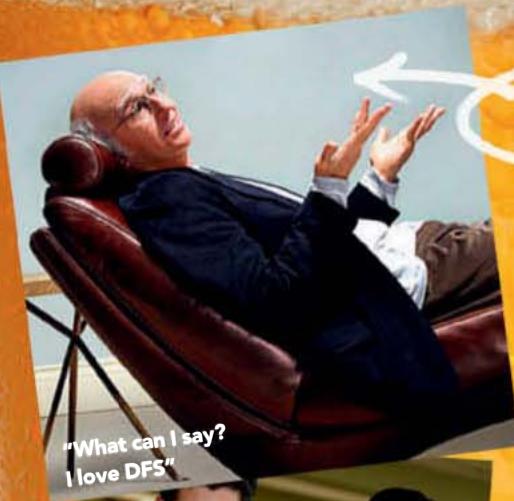
0908 145 0578

**SEXY TEXT WITH LOCAL GIRLS - JUST TEXT 'EASY' TO 69469  
FOR CASUAL SEXY DATING VISIT [www.DATES-4U.co.uk](http://www.DATES-4U.co.uk)**

Live Lines UK Limited PO6538 NH2 TYN. Help 0844 871 4497. 0909 897 Calls rec @ 60p per minute. 0908 086 Calls rec @ £1.50 per minute. 0908 145 Calls rec @ 45p per minute. Mobile users may receive free text messages. You must be 18+ to use this service and have the bill payers permission before calling our service. SMS cost £1.50 each to receive + standard network charges apply. To stop just text STOP to 69469.

# Nuts PUBAMMO

Enjoy a nice, cool pint of trivia!



"What can I say?  
I love DFS"



"I told you not to  
have the jalfrezi"



"Like my  
Ascot hat?"



For a student  
bathroom, it  
was quite nice

**Curb Your Enthusiasm** star and **Seinfeld** creator **Larry David** is worth around £230million.

Facebook users have an average of 120 friends each. Anthropologists have discovered that this figure was also the maximum number of people that would make up a primitive settlement.

**In Brazil, there's a species of cockroach that eats your eyelashes while you sleep.**

Anteaters have no stomach acid, instead relying on the acid content of their food to do the job of digestion for them.

**The Yanomami, a native tribe in South America, use farting as a greeting.**

The world's most valuable object by weight is the Swedish Treskilling Yellow stamp, valued at around £1.5m.

**A survey of more than 1,000 men in India has concluded that condoms made according to international sizes are too large for them.**

Just one per cent of China's population breathe air that's considered safe by the World Health Organisation.

**Research shows that the toilet cubicle nearest to the entrance to any toilet is often the cleanest because people avoid using it, thinking it will be the dirtiest.**

The breast-milk of the Weddell seal is 57.9 per cent fat. This is almost twice as much fat as is in whipping cream.

**During sex, the genitals of the male wasp spider snap off and lodge in the female to make sure that no other spiders can mate with her. The female then eats the male.**

## PUB AMMO ON... THE WORLD CUP FINAL



"Can I get off? I've been up here for 44 years"



"Let's ban vuvuzelas!"

- Sir Geoff Hurst is the only player to have scored a World Cup final hat-trick. The 2010 final will be played at the 94,700-capacity Soccer City Stadium. It was the site of Nelson Mandela's first speech after his

release from prison.

- Germany have been defeated four times in the World Cup final – more than any other team.
- A worldwide audience of 750m will watch the final this Sunday at 7.30pm.

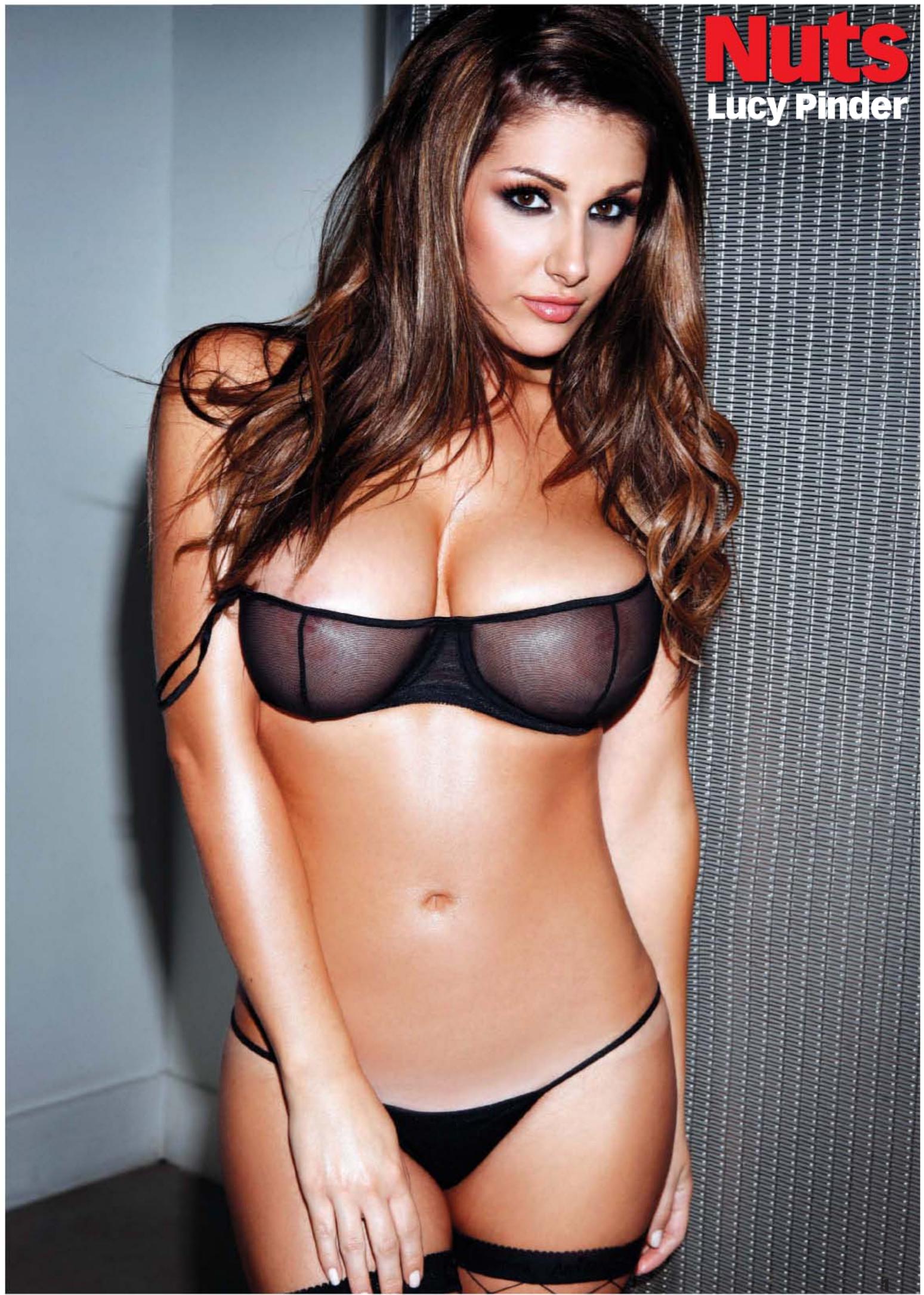


Norton made  
a great Spider-Man



# Nuts

Lucy Pinder



HELPS **TAKE CARE**  
OF DANDRUFF!\*  
**Smells Gorgeous!**



**head &  
shoulders**  
making heads happier

Smell great **and** help protect your scalp. Seven fresh fragrances, mixed with our unique anti-dandruff formula. Hey presto: happy nose, happy head!